

2017 SUMMER TIME at Spectrum Sports

587-1503

Our quality staff will motivate BOYS & GIRLS into being physically active and at the same time having fun!

5 Day - VARIETY Camp (Boys & Girls 4-12yrs) **\$120**

Gymnastics based camp filled with games that keep you moving! Jump on trampoline, climb the cargo net, swing from the rings, Trapeze time, relays and obstacles course. Fun water activities will conclude the active week!

Apparel: Shorts, sweats, tank, t-shirt or leotard

June 5 - 9 June 19 - 23 July 17 - 21 July 31 - August 4
12:30-4:00
Bring small lunch & drink

3 Day - GYMNASTIC Circuit (Girls 7yrs & up / Leotard is required) **\$70**

You now have concentrated time to increase your level of gymnastics with this camp. Work to your potential in a safe environment with small achievable progressions on Vault-Bars-Beam and Floor. We will support your advancement with strength, flexibility, agility and endurance training during your time with us.

Required... bridge, cartwheel, forward/ back roll, kisser to handstand & jump to front support straight arms

June 13 -15 August 7 - 9
12:30 -3:00 12:30 -3:00

3 Day - TUMBLE Time (8yrs & Up ...must have Good Cartwheel) **\$60**

Skill based camp to increase your current skill level of tumbling. Strength and stretch segment will prepare you for increased difficulty of skills. Our progressions will safely and confidently advance you towards continue achievement.

Wear leotard/shorts or tank/shorts

July 12 - 14 August 7 - 9
12:30 - 2:30 12:30 - 2:30

3 Day - CHEER Zone (6-12yrs) **\$60**

Jump - Chant - Dance - Tumble - Cheer! Camp will explore all avenues to be a cheerleader. Learn 8 counts for dance in a choreographed routine that will feature Jumps and Tumbling.

Wear black shorts, white tank & athletic shoe

June 26 - 28 July 12 - 14
12:30 - 2:30 2:30 - 4:30

1-2-3 Day - Girls Dream (6- 10yrs) **\$60**

You get to do it all in this move it Camp. You will Pom Hip Hop, Tumble, Cheer and get choreographed routines. Now is the time to try something new. It is fun, it moves and you get to learn.

Wear leotard & shorts or tank & shorts

July 25 - 26 - 27
12:30-2:30

Early Bird Discounts...\$5 off any activity if postmarked by May 26th

Sibling Discounts...\$5 off

Same Person Discount....\$5 of 2nd program

Min. of 5 to run any program

Cancellation Fee 15%

Spectrum Sports 138 W. Carmel Dr. Carmel IN 46032 587-1503

-----Payment Required When Registering-----

PARTICIPANTS NAME _____

CONTACT # _____

ADDRESS _____

ZIP _____

B-DAY _____

X...marks the activity you will be participating in

<u>Variety (\$120)</u>	<u>Gym Circuit (\$70)</u>	<u>Tumble Time (\$60)</u>	<u>Cheer Zone (\$60)</u>	<u>Girls Dream (\$60)</u>
<input type="checkbox"/> Jun 5 - 9	<input type="checkbox"/> Jun 13-14-15	<input type="checkbox"/> Jul 12-13-14	<input type="checkbox"/> Jun 26-27-28	<input type="checkbox"/> July 25-26-27
<input type="checkbox"/> Jun 19 - 23	<input type="checkbox"/> Aug 7-8-9	<input type="checkbox"/> Aug 7-8-9	<input type="checkbox"/> Jul 12-13-14	
<input type="checkbox"/> Jul 17 - 21				
<input type="checkbox"/> Jul 31 - Aug 4				

- I understand that participating in any movement activity involves risks. I hereby release, acquit and discharge Spectrum Sports employees and owner from any action resulting in injury due to participation in activities that I have signed my child up to participate at Spectrum Sports.

Parent Signature _____ Date _____

Any medical condition we should know of: _____