

Treating Borderline Personality Disorder**14 hours****Objectives:** This course explores the assessment, diagnostic, treatment and the particular challenges in dealing with the BPD clients.**Text:** Cognitive-Behavioral Treatment of Borderline Personality Disorder by Marsha M. Lineham, Ph.D. ISBN: 0898620341**Cognitive Approach To Addiction Treatment****12 hours****Objectives:** Explores the theoretical and treatment implications of utilizing cognitive strategies when dealing with addicted clients. Prepares the therapist to implement a cognitive approach when providing treatment to the addicted client.**Text:** Cognitive Therapy of Substance Abuse by Aaron T. Beck, Fred D. Wright & Bruce S. Liese ISBN: 1572306599**Cognitive Therapy****14 hours****Objectives:** Examines implementing the basic steps for cognitive therapy. Provides specific instructions on how to identify, evaluate, and respond to a client's automatic negative thoughts using effective strategies for modifying underlying assumptions and core beliefs.**Text:** Cognitive Therapy: Basics and Beyond by Judith S. Beck ISBN: 0898628474**Cognitive Approaches w/ Bipolar Disorders****14 hours****Objectives:** The implementation and application of cognitive strategies as they apply with bipolar clients are examined to better prepare you to assess and utilize cognitive techniques in treating them.**Text:** Cognitive-Behavioral Therapy for Bipolar Disorder by Monica Ramirez Basco & A. John Rush ISBN: 1593854846**Cognitive Approaches With Depression****12 hours****Objectives:** Explores the implementation of cognitive strategies in dealing with depressed clients. Enables the therapist to provide an assessment and utilize cognitive-behavioral techniques when counseling those with depression.**Text:** Cognitive Therapy of Depression by Aaron T. Beck, Brian F. Shaw, Gary Emery & John Rush ISBN: 0898629195**Cognitive Treatment of Trauma****12 hours****Objectives:** Explores the implementation of cognitive strategies in dealing with clients who have experienced trauma. Enables the therapist to provide an assessment and utilize cognitive-behavioral techniques when counseling those clients who have experienced trauma.**Text:** Cognitive-Behavioral Therapies for Trauma by Victoria M. Follette, Josef I. Ruzek & Francis R. Abueg ISBN: 1593855885