

# SENIOR MOMENTS

Morrow County's Monthly Newsletter

MARCH

**Seniors on Center**

**41 W. Center St.**

**Mt. Gilead, Ohio 43338**

**419-946-4191**

**Website: [www.seniorsoncenter.org](http://www.seniorsoncenter.org)**

**Center Hours**

**Monday—Friday**

**8:00AM-4:30PM**

**I don't know this St. Paddy guy**



**but I don't like him**

## INSIDE THIS ISSUE:

**ACTIVITIES TO LOOK FORWARD TO!**

**MENU**

**VOLUNTEER OF THE MONTH**

**PHOTOS**

**EVENTS AND IMPORTANT DATES**

**EVENTS AND IMPORTANT DATES**

**INFORMATION**

**SERVICES PROVIDED AND CLUBS**

**HAPPY BIRTHDAY**

**JUST FOR FUN**

**BOARD OF DIRECTORS**

**PAGE 2**

**PAGE 3**

**PAGE 4**

**PAGE 5**

**PAGE 6**

**PAGE 7**

**PAGE 8**

**PAGE 9**

**PAGE 10**

**PAGE 11**

**BACK**

**HAPPY SAINT**

**PATRICK'S**

**DAY FROM**

**ALL OF US**

**HERE AT THE**

**SENIORS ON**

**CENTER!!!**

## ACTIVITIES TO LOOK FORWARD TO!

### LUNCH AND LEARN

On February 22nd, Lunch and Learn will be with OSU Nutritional Education. Please sign up for lunch no later than February 21st by 1:00pm



### AARP TAX-AIDE

AARP Tax Aide will be held on Tuesdays at Job and Family Services, 619 W. Marion Rd., Entrance D, Mt. Gilead, OH 43338

Please call 419-946-8480 to schedule an appointment



### SCIOTO DOWNS

Back by popular demand, Scioto downs trips, will begin the second and fourth Thursday of each month. We will be leaving Kroger at 9:00am, arriving at 10:00am and leaving Scioto Downs around 3:00pm.

We will arrive home around 4:00pm \$15.00 for members, \$20.00 for non-members. We hope you will join us.

### DAYLIGHT SAVINGS

Don't forget to set your clocks ahead one hour on March 10th.



### DONATIONS FOR HEARTBEAT

For the month of March, we are looking for donations for Heartbeat. Heartbeat is in need of Diapers sizes 3 & 5, Sippy cups, Baby teethingers, Crib sheets, Boys toddler socks, Onesies sizes 6-9,12,18&24 months, and new boy winter outfits sizes 6-9,12,18 & 24 months and in 2T. These items will be donated to Heartbeat.

We appreciate everyone that donated yarn but at this time we do not need any more. Thank you.



### ST PATRICKS DAY WREATH

On March 4th, from 10:00-11:30AM, the Craft Club will be making a St. Patrick's day wreath. This project is \$10.00 per person. Please RSVP and pay by February 20th. Payment must be made at the time you RSVP. This craft is limited to 15 people! Hurry in and reserve your spot! We will also be working on the wreath on March 11th, if we are not able to finish them on the 4th.

### MEMBERSHIP

Just a reminder, memberships are due. Fee is \$18.00 per person. If you have not renewed your membership, stop by the Center to do so!

### SPRINGTIME CENTERPIECE

On March 20th, we will be making a Springtime Centerpiece with Keith's Flowers. This class will be held at 3:30pm and the cost is \$12.00 per person. Deadline to RSVP is March 18th. Payment must be made at the time you RSVP.

### EASTER WREATH

In April, the Craft Club will be making an Easter wreath. Classes will be held on April 1st and April 8th from 10:00-11:30am. The cost will be \$10.00 per person. Deadline to RSVP is March 12th. Payment must be made at the time you RSVP.

### SAINT PATRICKS DAY LUNCH PARTY

We are going to be having a St. Patrick's Day Lunch Party, Friday March 15th 11:30am-12:30pm. We will be having our regular lunch for the day and some festive Hors d'oeuvres to go along with it. We are having a costume contest, so come dressed in your best St. Patty's day costume. Please call and RSVP for lunch no later than March 14th by 1:00pm



# MENU (SUBJECT TO CHANGE)

Monday	Tuesday	Wednesday	Thursday	Friday
				<p>1</p> <p>Meatloaf Corn Mashed Potatoes Applesauce Pudding Bread Milk</p>
<p>4</p> <p>Pork Cutlet Roasted Potatoes Succotash Applesauce Dinner Roll Milk</p>	<p>5</p> <p>Chicken &amp; Noodles Asparagus Mashed Potatoes Peaches Bread Milk</p>	<p>6</p> <p>Spinach Lasagna Malibu Fruit Broccoli Orange Juice Bread Milk</p>	<p>7</p> <p>Veal Patty Tomato Soup Potato Rounds Peaches Bun Milk</p>	<p>8</p> <p>Beef Stroganoff California Blend Vegetables Cooked Spinach Diced Fruit Mix Bread Milk</p>
<p>11</p> <p>Roast Beef Mashed Potatoes Corn Applesauce Vanilla Pudding Bread Milk</p>	<p>12</p> <p>Chicken Leg Asparagus Green Beans Peaches Rice Pudding Milk</p>	<p>13</p> <p>Salisbury Steak Mashed Potatoes Corn Fruit Cocktail Roll Milk</p>	<p>14</p> <p>Pizza Patty Chicken Noodle Soup Tossed Salad Malibu Mix Fruit Bun Milk</p>	<p>15</p> <p>Egg Salad Herb Red Skin Potatoes Mixed Vegetables Applesauce Bun Milk</p>
<p>18</p> <p>Beef Stew Sliced Apples Broccoli Biscuit Milk</p>	<p>19</p> <p>Burger Steak Fry's Peaches Bread Milk</p>	<p>20</p> <p>Shredded Chicken Sliced Potatoes Grape Juice Mandarin Oranges Biscuit Milk</p>	<p>21</p> <p>Shredded Beef Chili Corn Pears Bun Milk</p>	<p>22</p> <p>Manicotti Italian Blend Vegetables Corn Mandarin Oranges Bread Milk</p>
<p>25</p> <p>Sliced Turkey Breast Steak Fry's Corn Peaches Bread Milk</p>	<p>26</p> <p>Meatloaf Broccoli Mashed Potatoes Fruit Salad Cookie Bread Milk</p>	<p>27</p> <p>Pork Cutlet Mashed Sweet Potatoes Green Beans Pineapple Roll Milk</p>	<p>28</p> <p>Sloppy Joes Potato Asparagus Soup Corn Mandarin Oranges Bun Milk</p>	<p>29</p> <p>Vegetable Lasagna Malibu Fruit Peas and Carrots Orange Juice Bread Milk</p>

LUNCH IS SERVED MON.-FRI. 11:30-12:30

MORROW COUNTY SENIOR MOMENTS 3

## VOLUNTEER OF THE MONTH



The Staff of Seniors on Center and all the people she serves would like to thank Avonell (Nell) Hayhurst for her many years of dedication to her community. For the past ten years, Nell has volunteered at the center helping with cards, kitchen, food and Senior Moments.

Nell was born on August 27, 1942 in Pike County, Kentucky. She attended school at Kentucky Elementary and graduated from Oak Hill Ohio High School in 1960. She resides in Morrow County and is a widow to her late husband Charles Hayhurst with whom she married on August 25, 1960. They have four children, nine grandchildren and 6 great-grandkids

Nell has worked as a self-employed restaurant owner for 15 years. As the owner of her own restaurant she ran every aspect of the restaurant.

Nell also volunteers at the Food Pantry and Cleaning her church.

In her spare time, she likes to read, play Wii, play cards, walk, working any kind of puzzle and she still enjoys cooking and baking.

Nancy has done a great service to Seniors on Center and we appreciate her devotion and selfless support!



## PHOTOS






Congratulations to Ruth Harshner and Clayton Brandum for being this years King and Queen Valentine couple. We would like to thank Kroger for all the wonderful balloons that they donated to help our Valentine party look so beautiful. Also, thank you to the band and everyone that came out and made the party a success.



Our Senior Ladies working hard on there Valentine wreathes that they are making to take home with them.



## EVENTS AND IMPORTANT DATES

Monday	Tuesday	Wednesday
		
<p>4</p> <p><b>8:45-10:00AM</b> SILVER SNEAKERS  <b>9:00AM</b> MARENGO/FULTON SENIORS MEETING AT FARMSTEAD  <b>10:00AM</b> CRAFT CLUB SAINT PATRICK'S DAY WREATH CLASS 1 OF 2  <b>5:00PM</b> MEAL, MUSIC BY THE COUNTRY TRAVELERS TO FOLLOW REFRESHMENTS SPONSORED BY DEWOLF PLACE</p>	<p>5</p> <p><b>1:00-3:00PM</b> BINGO WITH KINGSTON</p> <p>NATIONAL CHEESE DOODLE DAY</p>	<p>6</p> <p><b>8:45-10:00AM</b> SILVER SNEAKERS  <b>11:00PM</b> GAMES BREAK FOR LUNCH  12:00-12:30PM  <b>4:30-6:30PM</b> BINGO</p> <p>WHITE CHOCOLATE CHEESECAKE DAY</p>
<p>11</p> <p><b>8:45-10:00AM</b> SILVER SNEAKERS  <b>10:00AM</b> CRAFT CLUB VALENTINE WREATH CLASS 2 OF 2  <b>5:00PM</b> MEAL, MUSIC BY THE MONDAY NIGHT RAMBLERS TO FOLLOW,</p>	<p>12</p> <p><b>9:00AM</b> ROUND TABLE  <b>NOON</b> BIRTHDAY /ANNIVERSARY PARTY  <b>DEADLINE FOR EASTER WREATH</b>  NATIONAL BAKED SCALLOPS DAY</p>	<p>13</p> <p><b>8:45-10:00AM</b> SILVER SNEAKERS  <b>11:30</b> FINANCE MEETING  <b>12:30</b> BOARD MEETING  NATIONAL COCONUT TORTE DAY</p>
<p>18</p> <p><b>8:45-10:00AM</b> SILVER SNEAKERS  <b>10:00AM</b> CRAFT CLUB KNITTING FOR HEARTBEAT  <b>NOON</b> MARENGO/FULTON SENIORS MEETING AT AMERICAN LEGION  <b>5:00PM</b> MEAL, MUSIC BY OPEN MIC REFRESHMENTS SPONSORED BY DEWOLF PLACE  <b>DEADLINE FOR SPRINGTIME CENTERPIECES</b></p>	<p>19</p> <p><b>10:30-12:00</b> SHADOWBOX MAKEUP CLASS  <b>12:30PM</b> SPARTA GOOD TIME SENIORS MEET @ HIGHLAND PIZZA  <b>1:00-3:00PM</b> BINGO</p> <p>NATIONAL CARAMEL CHOCOLATE DAY</p>	<p>20</p> <p><b>8:45-10:00AM</b> SILVER SNEAKERS  <b>11:00AM</b> GAMES BREAK FOR LUNCH  12:00-12:30PM  <b>3:30PM</b> SPRINGTIME CENTERPIECE WITH KEITHS FLOWERS</p> <p>FIRST DAY OF SPRING</p>
<p>25</p> <p><b>8:45-10:00AM</b> SILVER SNEAKERS  <b>10:00AM</b> CRAFT CLUB  <b>NOON-4:00PM</b> COMMODITIES  <b>5:00PM</b> MEAL, MUSIC BY THE COUNTRY TRAVELERS TO FOLLOW</p>	<p>26</p> <p><b>9:00AM</b> ROUNDTABLE  <b>9:00AM-NOON</b> COMMODITIES  <b>12:30-2:00PM</b> BRAIN GAMES WITH CHRIS</p>	<p>27</p> <p><b>8:45-10:00AM</b> SILVER SNEAKERS  <b>11:00AM</b> GAMES BREAK FOR LUNCH  12:00-12:30PM  <b>1:30-3:00PM</b> WHITE ELEPHANT BINGO</p>

## EVENTS AND IMPORTANT DATES

Thursday	Friday	<h3 style="text-align: center;">Happy Anniversary</h3> <p style="text-align: center;">Joyce and John Stutler</p> <p style="text-align: center;">3/18</p> <div style="text-align: center;">  <p>© wondercliparts.com</p> </div>
	<p>1</p> <p><b>8:45-10:00AM</b> SILVER SNEAKERS  <b>12:30PM</b> BIBLE STUDY            GAMES</p> <p>OHIO'S ADMISSION DAY 1803</p>	
<p>7</p> <p><b>11:00AM</b> EUCHRE BREAK FOR LUNCH            12:00-12:30PM</p> <p>NATIONAL CEREAL DAY</p>	<p>8</p> <p><b>8:45-10:00AM</b> SILVER SNEAKERS  <b>12:30PM</b> BIBLE STUDY  <b>12:30-2:00PM</b> Wii BOWLING            GAMES</p> <p>NATIONAL PEANUT CLUSTER DAY</p>	
<p>14</p> <p><b>9:00 AM</b> SCIOTO DOWNS  <b>11:00AM</b> EUCHRE BREAK FOR LUNCH            12:00-12:30PM  <b>1:00-3:00PM</b> MARC FOLLIN</p> <p>Pi DAY 3.14</p>	<p>15</p> <p><b>8:45-10:00AM</b> SILVER SNEAKERS  <b>11:30-12:30</b> ST PATRICKS DAY LUNCH            PARTY  <b>12:30PM</b> BIBLE STUDY            GAMES</p> <p>BUZZARD DAY</p>	
<p>21</p> <p><b>11:00 AM</b> EUCHRE BREAK FOR LUNCH            12:00-12:30PM  <b>3:00-4:00PM</b> DAY TRIP TRAVEL CLUB</p> <p>CALIFORNIA STRAWBERRY DAY</p>	<p>22</p> <p><b>8:45-10:00AM</b> SILVER SNEAKERS  <b>NOON</b> CARDINGTON SENIORS MEET @            SENIORS ON CENTER  <b>NOON</b> LUNCH AND LEARN WITH OSU            NUTRITIONAL EDUCATION</p> <p>WE LOVE BROCCOLI DAY</p>	
<p>28</p> <p><b>9:00 AM</b> SCIOTO DOWNS  <b>11:00AM</b> EUCHRE BREAK FOR LUNCH            12:00-12:30PM</p> <p>EAT AN ESKIMO PIE DAY</p>	<p>29</p> <p><b>8:45-10:00AM</b> SILVER SNEAKERS  <b>12:30PM</b> BIBLE STUDY            GAMES</p> <p>MOM AND POP BUSINESS OWNERS DAY</p>	<div style="text-align: center;"> <h3>NEW MEMBER</h3> <p>Deborah Benson</p> <p>Carolyn Poorman</p> <p>Esther Yake</p> <p>Joyce Stutler</p> <p>Diane McKee</p> <p>Floyd McKee</p> <div style="text-align: center;">  </div> </div>

## INFORMATION

### EUCHRE

EVERY THURSDAY STARTING AT 11:00AM, JOIN US FOR A PROGRESSIVE GAME OF EUCHRE. BREAK FOR LUNCH FROM 12:00-12:30PM

### SILVER SNEAKERS

THIS EXERCISE CLASS IS HELD EVERY MONDAY, WEDNESDAY, AND FRIDAY FROM 8:45-10AM

### CRAFT CLUB

EVERY MONDAY YOU CAN COME IN AND DO A NEW AND FUN CRAFT AT 10AM

### BINGO

COME IN ON THE 1st, & 4th TUESDAYS FROM 1-3PM FOR A FANTASTIC GAME OF BINGO

### MUSIC AND MEAL

THE 1ST, 2ND, 3RD, & 4TH MONDAY OF EACH MONTH, WE HAVE A MEAL WITH MUSIC TO FOLLOW. THIS STARTS AT 5:00PM PLEASE CALL FRIDAY BY 1:00PM, TO RESERVE YOUR SPOT!

### BIBLE STUDY

EVERY FRIDAY YOU CAN COME IN TO LEARN MORE ABOUT THE BIBLE WITH OUR BIBLE STUDY GROUP @ 12:30

### DINNER AND BINGO

THE FIRST WEDNESDAY OF EACH MONTH, FROM 4:30-6:30PM, WE WILL BE DOING DINNER WITH A GAME OF BINGO TO FOLLOW. PLEASE CALL BY 1:00PM ON TUESDAY AND RESERVE YOUR SPOT!



## SERVICES PROVIDED AND CLUBS



### MEDICARE

Marc Follin will be in for Medicare March 14th 1-3pm. You can stop in on this day to see her here at the Seniors on Center

### LEGAL AID

Karen McVay is available by appointment only, to assist you in any legal questions you may have. Please give her a call and set up your appointment today!  
740-383-2161



### HOME DELIVERED MEALS

A hot, well-balanced lunch is available daily to shut-ins living in Morrow County. Weekend and Holiday frozen meals are also available upon request.



### LUNCH AT SENIORS ON CENTER

A hot lunch is served daily from 11:30am to 12:30pm. Reservations are required at least 24 hours in advance.



### TRANSPORTATION

Handicapped accessible transportation for doctor appointments, beauty shop, grocery shopping, social activities, therapy, etc.. is available. Transportation for medical appointments outside the county can usually be arranged with a 48 hour notice

### HOMEMAKER

Light housekeeping

### CARDINGTON SENIORS

FRIDAY, MARCH 22ND, AT 12 NOON  
NEED RESERVATION—\$3.00 SUGGESTED  
DONATION

SENIORS ON CENTER,  
41 W. CENTER ST., MT. GILEAD  
MARIE CHRISTIANO 419-751-7579

### CHESTERVILLE SENIORS

THERE WILL BE NO MEETINGS IN JANUARY,  
FEBRUARY AND MARCH 2019. MEETINGS WILL  
RESUME IN APRIL  
SUZI LYLE 419-768-3431



### SPARTA GOOD TIMES SENIORS

TUESDAY, MARCH 19TH, AT 12:30PM  
YOUR OWN COST  
HIGHLAND PIZZA  
6530 STATE ROUTE 229, SPARTA  
DICK SEARS 419-768-2050

### MARENGO/FULTON SENIORS

BREAKFAST AT FARMSTEAD  
MONDAY MARCH 4TH, AT 9AM,  
AMERICAN LEGION HALL  
1549 COUNTY RD 26, MARENGO, OH  
MONDAY MARCH 18TH, AT 12 NOON  
JOYCE TAYLOR 419-253-0727

## HAPPY BIRTHDAY

Patricia Arrington	Mary Nitzberg	James Stritmatter
Fannie Arthur	James Osborn	Virginia Thompson
Patty Bailey	Geri Park	John Veley
Carlotta Blair	Floyd Payne	Tim Walter
Mary Brandum	Anna Mae Pursley	Pauline Whittington
Sondra Carey	Shirley Robinson	Dixie Hirby
Margaret Clark	Sally Sayer	Odell Predmore
Lou Ann Fuller	Linda Shearer	Russell Baughman
Linda Hardman	Irma Shelton	Emma Scroggins
Eva Kehrer	Roger Smith	Carolyn Poorman
Ann Lombardi	Larry Spaulding	
Margaret Miller	Bill Steinhausser Sr.	

## FUN FACTS

1. The loneliest creature on Earth is a whale who has been calling out for a mate for over two decades, but whose high-pitched voice is so different to other whales that they never respond.
2. There is a single, mega colony of ants that spans three continents, coving much of Europe, the west coast of the US and the west coast of Japan.
3. If you have three quarters, four dimes, and four pennies you have \$1.19 you also have the largest possible amount of money in coins without being able to make change for a dollar.
4. Antarctica is the only continent without reptiles or snakes
5. There are over 87,000 American's on a waiting lists for organ transplants
6. Your heart beats over 100,000 times a day.
7. A sneeze travels out of your mouth at over 100 MPH
8. Every time you lick a stamp you're consuming 1/10 of a calorie.
9. Butterflies taste with their feet.

JUST FOR FUN

## St. Patrick's Day

M G R U X P O I Y K B K G N D  
K A W E H R B O C G K B H T L  
M W R L V B M O R T M H M K O  
J L O C I O R P R R O C E L G  
Q E J W H M L W W S X P P B M  
Z P K R A V W C Y D H K B P Z  
N R A H J O A I N A P Z A S L  
S E S B B P V T D Z D T T X R  
X C U N E G C F N P R I E V Q  
D H I U R S D L R I K J L Z L  
I A I E E Z U V C Y A U W O S  
R U E V M C Q K Q M M S Z W H  
B N T F K K D N A L E R I H S  
T V M Y Z L I M E R I C K U I  
I H P I Q E U G D O A W C P W

IRELAND  
LEPRECHAUN  
MARCH  
RAINBOW  
LUCKY  
GREEN  
GOLD  
CLOVER  
SAINT  
PATRICK  
HOLIDAY  
LIMERICK  
SHAMROCK  
WISH

**This Newsletter is published by:**

Morrow County Services for  
Older Citizens, Inc.  
dba Seniors on Center  
41 West Center Street  
Mt. Gilead, OH 43338

NON-PROFIT STD.  
U.S. POSTAGE PAID  
MT. GILEAD, OH  
43338  
PERMIT #14

**Board of Directors**

Mike Warwick (Pres.)	Mike Gale	Dixie Shinaberry	Janet Johnson
Suzi Lyle (V. Pres.)	Heather Kraft	Marilyn Weiler	Dan Rogers
Gill Ullom (Treas.)	Geri Park	Ray Dietz	Warren Davis
Linda Ruehrmund (Sec.)		Pat Rinehart	Marie Christiano

**MORROW COUNTY SERVICES FOR OLDER CITIZENS, INC.**

**419.946.4191 \* 419.946.1037 facsimile**

**Website:**

Sponsored by Title III Grant under the Older Americans Act administered through the Ohio Department of Aging and Ohio District 5 Area Agency on Aging, with local funding through levy dollars, United Way and private donations. The Morrow County Multi-Purpose Senior Center and its programs are open to all Morrow County residents 60+ years of age regardless of race, color, ancestry, religion, sex, national origin, or disability.