LUNCH JULY

Reduced Price .40 (child) Full Price $2.85 (Child) Adult Price $2.85

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| --- | --- | --- | --- |
| MONDAY | TUESDAY | WEDNESDAY | THURSDAY |
|  |  | NSLP REQUIRMENTS:  Fruit ½ cup daily  Veggie ¾ cup daily  Meat/Alt 1.75oz daily  Grains 1.75oz daily  Milk 1 cup daily | WEEKLY AVERAGE  Calories 600-650  Sodium <935  Sat. Fat <10  Trans Fat zero |
|  |  |  |  |
|  |  |  |  |
|  |  | 26  Chicken Nuggets, Brown Rice,  ¾ Veggie,  ½ Cup Fruit,  Milk Variety | 27  W/G Rich Cheese Pizza,  ¾ Cup Veggie,  ½ Cup Fruit,  Milk Variety |
| 31  Hot dog on a W/G Bun,  ¾ Cup Veggie,  ½ Cup Fruit,  Milk Variety |  |  | Please advise Ms. Leslie  24hrs in advance if you would like to have breakfast or lunch with your child /grandchild so we may plan accordingly. |

“This institution is an equal opportunity provider.”

Menu is subject to change without notice.

Milk Variety: Low Fat 1% White or Non Fat Chocolate

BREAKFAST JULY

Breakfast in Classroom Adult Price $2.85

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| --- | --- | --- | --- |
| MONDAY | TUESDAY | WEDNESDAY | THURSDAY |
|  |  | SBP REQUIREMENTS:  Fruit/Veggie 1 cup daily  Grain 2 oz daily  Milk 1 cup daily  Meat/Alt Optional | WEEKLY AVERAGE:  Calories 400-500  Sodium <540  Sat. Fat <10  Trans Fat 0g/serving |
|  |  |  |  |
| WELCOME | BACK….. |  |  |
|  |  | 26  W/G Cereal w/Milk,  1 Cup Fruit or Veggie  Milk Variety | 27  W/G Pancake on a Stick,  1 Cup Fruit or Veggie  Milk Variety |
| 31  Scrambled Eggs,  W/G Bread Toasted,  1 Cup Fruit or Veggie  Milk Variety |  |  | Please advise Ms. Leslie  24hrs in advance if you would like to have breakfast or lunch with your child /grandchild so we may plan accordingly |

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Milk Variety: Low Fat 1% White or Non Fat Chocolate