



Health Information Questionnaire

Name: _____ Date: ____/____/____
DOB: _____ Age: _____ ☐ New patient ☐ Established patient

What medical/health concerns bring you to our office today? _____

Medical History

Have you ever had or been diagnosed to have (check all that apply):

- | | | | |
|--|--|---|---|
| <input type="checkbox"/> Alzheimer's disease | <input type="checkbox"/> COPD / Emphysema | <input type="checkbox"/> Hemorrhoids | <input type="checkbox"/> Rheumatic fever |
| <input type="checkbox"/> Anemia | <input type="checkbox"/> Colon polyps | <input type="checkbox"/> High blood pressure | <input type="checkbox"/> Seizures/epilepsy |
| <input type="checkbox"/> Anxiety | <input type="checkbox"/> Depression | <input type="checkbox"/> High cholesterol | <input type="checkbox"/> Stroke |
| <input type="checkbox"/> Arthritis | <input type="checkbox"/> Diabetes/prediabetes <input type="checkbox"/> | <input type="checkbox"/> Irritable bowel syndrome | <input type="checkbox"/> Syphilis |
| <input type="checkbox"/> Asthma | <input type="checkbox"/> Fracture | <input type="checkbox"/> Jaundice/liver disease | <input type="checkbox"/> TB/lung disease |
| <input type="checkbox"/> Atrial fibrillation | <input type="checkbox"/> Glaucoma | <input type="checkbox"/> Kidney disease | <input type="checkbox"/> Thyroid disease |
| <input type="checkbox"/> Bleeding disorder | <input type="checkbox"/> Heart attack | <input type="checkbox"/> Migraines/headache | <input type="checkbox"/> Ulcers |
| <input type="checkbox"/> Blood transfusion | <input type="checkbox"/> Heart disease | <input type="checkbox"/> Osteopenia | <input type="checkbox"/> Urinary incontinence |
| <input type="checkbox"/> Cancer: What kind?
_____ | <input type="checkbox"/> Heart failure | <input type="checkbox"/> Osteoporosis | <input type="checkbox"/> Other: _____ |
| <input type="checkbox"/> Cataracts | <input type="checkbox"/> Heart murmur | <input type="checkbox"/> Pneumonia | |
| | <input type="checkbox"/> Heartburn | <input type="checkbox"/> Prostate problems | |

OB/GYN History (females only):

Age of menses: ____ Age of menopause: ____ Method of birth control: _____

How many pregnancies: ____ How many children: ____ Vaginal or C-section _____

Hospitalizations and Surgeries

List any hospitalizations, surgeries or procedures you have had performed.

What	Date	What	Date

Specialists

List any other doctors involved in your care.

Name	Specialty

Health Information Questionnaire

Medications

List all medications you take on regular basis (include over-the-counter, herbal or natural remedies).

Medication Name	Strength	Daily Frequency	Medication Name	Strength	Daily Frequency

Allergies

Are you allergic to any medications? ☐ Yes ☐ No

If yes, please list: _____

Health Maintenance

If you've had a test or vaccine done, list when last performed:

- | | | |
|--|--|--|
| <input type="checkbox"/> Bone density test: _____ | <input type="checkbox"/> Hep A vaccine: _____ | <input type="checkbox"/> Pap smear (females only): _____ |
| <input type="checkbox"/> Cholesterol screen: _____ | <input type="checkbox"/> Hep B vaccine: _____ | <input type="checkbox"/> Pneumonia vaccine: _____ |
| <input type="checkbox"/> Colonoscopy: _____ | <input type="checkbox"/> HIV testing: _____ | <input type="checkbox"/> Shingles vaccine: _____ |
| <input type="checkbox"/> Diabetes screen: _____ | <input type="checkbox"/> HPV vaccine: _____ | <input type="checkbox"/> Tetanus vaccine: _____ |
| <input type="checkbox"/> Eye exam: _____ | <input type="checkbox"/> Mammogram (females only): _____ | <input type="checkbox"/> Ultrasound for Aneurysm: _____ |
| <input type="checkbox"/> Flu vaccine: _____ | <input type="checkbox"/> Meningococcal vaccine: _____ | |

Family History

Please indicate if your blood relative(s) have had/currently have the following by placing an X in appropriate column:

Family Member	Alcoholism	Mental Health Issues	Heart Attack/Disease	High cholesterol	High Blood Pressure	Diabetes	Thyroid Disease	History of Bowel Problems	Asthma	Osteoporosis	Alzheimer's Disease	Seizure	Stroke	Cancer (what kind)	Other
Mother (age __)															
Father (age __)															
Brother(s) (age __)															
Sister(s) (age __)															
Grandparents															
Biological children															
Other: _____															

New Patient Health Questionnaire

Social History

Do you drink alcohol? ☐ Yes ☐ No

If you answered yes, answer these additional questions:

■ What type of alcohol? _____

■ How frequently? _____

■ How many drinks does it take to get you high? _____

■ Have people annoyed you by criticizing your drinking? ☐ Yes ☐ No

■ Have you ever felt you should cut down on your drinking? ☐ Yes ☐ No

■ Have you ever had a drink fi st thing in the morning to steady your nerves? ☐ Yes ☐ No

■ Have you ever had a substance abuse problem? ☐ Yes ☐ No

If you answered yes, answer these additional questions:

■ What type of drugs do you use? _____

■ How frequently? _____

Have you ever smoked? ☐ Yes ☐ No

If you answered yes, answer these additional questions:

■ Do you still smoke? ☐ Yes ☐ No

■ How many cigarettes/day? _____

■ How many years have you smoked? _____

■ If you recently stopped smoking, when did you quit? _____

Occupation: _____ ☐ Full-time ☐ Part-time

If retired, what was your former occupation: _____

Marital status: ☐ Single ☐ Married ☐ Divorced ☐ Widowed ☐ Other: _____

Education through grade: _____

Do you regularly exercise? ☐ Yes ☐ No

What type of exercise (e.g. biking, walking, running, swimming, etc.)? _____ How often? _____

Number of children: _____ Number of persons in household: _____

What type of living arrangement: ☐ House ☐ Apartment ☐ Condo ☐ Dorm ☐ Other: _____

Do you feel safe in your home environment? ☐ Yes ☐ No

Do you eat a healthy diet? ☐ Yes ☐ No

Are you on a special diet? ☐ Yes ☐ No

Do you use caffeine on regular basis? ☐ Yes ☐ No

Do you have any sleeping problems? ☐ Yes ☐ No

Do you have a high level of stress in your life? ☐ Yes ☐ No

Do you lack interest or pleasure in doing things you used to do? ☐ Yes ☐ No

Are you sexually active? ☐ Yes ☐ No

First active at age: _____ Current # of partners: _____ Number of life partners: _____

Self-described orientation: _____

Use of contraception: ☐ Condoms ☐ Birth control ☐ Other: _____

New Patient Health Questionnaire

General Information

Who completed this health form? _____

What is your preferred language for health care information? _____

What is the best way for the office to contact you? ☐ Phone ☐ Email ☐ Other: _____

Are you disabled? ☐ Yes ☐ No

If yes, what is the nature of your disability? _____

Do you have a living will or an advance directive? ☐ Yes ☐ No

If yes, what type? _____

If you experienced any of these issues in the last 10 days, place a check mark next to the symptom.

GENERAL

- ☐ Recent Fever
- ☐ Excessive Fatigue
- ☐ Unexplained Weight Loss/Gain

EYES

- ☐ Discharge
- ☐ Pain or Burning
- ☐ Blurred Vision
- ☐ Loss of Sight
- ☐ Itching or Watering

BREAST

- ☐ Pain
- ☐ Lumps
- ☐ Nipple Discharge

RESPIRATORY

- ☐ Cough
- ☐ Coughing up Blood
- ☐ Shortness of Breath
- ☐ Wheezing
- ☐ Snoring

REPRODUCTIVE-WOMEN

- ☐ Irregular Periods
- ☐ Spotting between periods
- ☐ Vaginal discharge/burning/itching
- ☐ Unusually painful periods
- ☐ Pain/Trouble during intercourse

REPRODUCTIVE-MEN

- ☐ Discharge from Penis
- ☐ Pain or Swelling of Testicles
- ☐ Pain/Trouble during intercourse
- ☐ Problems with Erection

MENTAL HEALTH

- ☐ Thoughts of Suicide
- ☐ Marital Problems
- ☐ Trouble Sleeping
- ☐ Panic Attacks
- ☐ Anxiety
- ☐ Thoughts of Harming Others

SKIN

- ☐ Change in Nails
- ☐ Lumps
- ☐ Recurrent Rashes
- ☐ Sores that will not heal or bleed
- ☐ Moles that are changing

EARS

- ☐ Hearing Loss
- ☐ Ringing
- ☐ Earache
- ☐ Feeling of Ear Fullness

MOUTH & THROAT

- ☐ Dry Mouth
- ☐ Soreness or Bleeding in mouth area
- ☐ Sore Throat
- ☐ Mouth Ulcers
- ☐ Hoarseness
- ☐ Dental Issues

ENDOCRINE

- ☐ Unusual intolerance of heat
- ☐ Unusual intolerance of cold
- ☐ Excessive Thirst
- ☐ Excessive Hunger

URINARY

- ☐ Pain/Burning with Urination
- ☐ Frequent Urination
- ☐ Blood in Urine
- ☐ Trouble starting to Urinate
- ☐ Waking up to Urinate
- ☐ Leakage of Urine
- ☐ Change in Stream

NERVOUS SYSTEM

- ☐ Headaches
- ☐ Seizures/Convulsions
- ☐ Fainting Spells
- ☐ Frequent Memory Loss
- ☐ Weakness
- ☐ Shakiness or Tremor
- ☐ Loss of Sensation/Numbness
- ☐ Feeling of Tingling in Limb
- ☐ Speech Difficulty

NOSE & SINUSES

- ☐ Bleeding
- ☐ Nasal Congestion
- ☐ Sneezing
- ☐ Loss of Sense of Smell

NECK

- ☐ Pain
- ☐ Lumps

CARDIOVASCULAR

- ☐ Abnormal/Irregular Heart Beat
- ☐ Chest Pain
- ☐ Awaken at night with breathing problems
- ☐ Passing Out
- ☐ Shortness of Breath
- ☐ Swelling of Ankles
- ☐ Leg Pain/Resting
- ☐ Leg Pain/Walking

GASTROINTESTINAL

- ☐ Unable to eat certain foods
- ☐ Loss of Appetite/Weight
- ☐ Food sticks in throat
- ☐ Painful Swallowing
- ☐ Heartburn
- ☐ Indigestion
- ☐ Vomiting
- ☐ Nausea
- ☐ Vomiting Blood
- ☐ Abdominal or Stomach Pain
- ☐ Diarrhea
- ☐ Constipation
- ☐ Recent Change in Bowel Habits
- ☐ Blood in Stools
- ☐ Black Stools

MUSCULOSKELETAL

- ☐ Joint Pain
- ☐ Joint Stiffness
- ☐ Muscle Soreness

BLOOD DISORDERS

- ☐ Easy Bruising
- ☐ Excessive Bleeding