2019 – Jammin' Dance & Fitness Schedule

Web: Jammindance.com ~ email: dance@jammindance.com

Time	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
8:00 AM	9:00 - 10:00	10:30-11:30	9:00 - 10:00	9:30-10:30	9:00 - 10:00	8:30 - 9:30
	Zumba at Town Hall	All Inclusive	Zumba at TownHall	All Inclusive	Zumba at TownHall	Zumba All Levels
9:00 AM	by Kay	Family Zumba &	by Kay	Family Zumba &	by Kay	by
	Classes not held at	Creative Combo Ages:	Classes not held at the studio.	Creative Combo Ages: 2 yrs - Seniors	Classes not held at the studio. Please	Neda/Katie
10:00 AM	the studio. Please	2 yrs - Seniors by Kay	Please email for	by Kay	email for more info ~	10:00 - 12:00
10:30 AM	email for more info ~	All Inclusive is a	more info ~	All Inclusive is a	10:30 - 12:00	Creative Kids
		unique class, please	NEW!!	unique class, please		by Kay Dance, Art
		see our website for more info!	10:00 - 11:00	see our website for more info!	Strictly Tap Alumni	Tumbling, & Social -
			Hip Hop Body Shop			FUN!! This class is held once
		11:45 - 12:30	By Joellene	2 classes:		a month, please contact to reserve your
3:00 PM	3:30 - 4:30	Chair Zumba All	-	5:00 - 5:30 (full) Creative Dance		spot!
3:30 PM	Beg. Lyrical Ages: 8 - up By	Ages/Levels	NEW!!	Youth - Ages 3- 5		
3:30 PW	Joellene	SENIORS WELCOME	11:30 – 12:00 Baby/Toddler	by Kay		New Freedom
4:00 PM		by Kay	Ballet		3:30 - 4:30	Choir Message for more
4:30 PM	4:30 - 5:30 Intermediate Lyrical	2:15 - 4:30 Scottish Country	2 – 4 year olds by Joellene	NEW!!	Beginning Hip Hop	info
5:00 PM	for Teens, 13-up by	Dance		5:30 - 6:00 Creative Dance	Youth-Ages 6-10 by Joellene	
	Joellene	for Children	NEW!!	Youth - Ages 3- 5		In
5:30 PM		by Patsy Corrigan	12:00 – 12:30	by Kay		Jammin' Dance also
			Pre-Ballet 4 – 6 year olds			hosts:
6:00 PM	5:30 - 6:15		by Joellene		4:30 - 5:30	Tea PartiesBirthday Parties
	Chair Zumba All	5:00 - 5:30	NEW!!		Int/Adv	 Private Parties
	Ages/Levels!	Beg/Int Tap II			HipHop	Studio is available for
	by Kay	Youth - Ages 6-10 by Kay	2:30 – 3:30 Ballet I		All ages	additional use, please contact for more info.
			6 – 9 year olds by Joellene		By Joellene	contact for more into.
			by Joellerie –			
			NEW!!			
			3:30 – 4:30			to an at at Decreation
		5:30 - 6:00	Ballet I / II 8 + year olds			Jammin' Danceis a certified member of
		Family ZUMBA Kids & Parents!	by Joellene		NEW!!	Dance Masters
		6-up ~	NEW!!		5:30 - 6:30 Pumps	of America
		by Kay	4:30 – 5:30	6:00 - 7:00	for Adults	~
			Ballet & Point	"Jewelettes"	by,Joellene	
			Teen/Adult	Belly Dance Youth Ages 7-15		Jammin' Danceis
			by Joellene	by Vahana		registered with ASCAP
			5:30 - 6:30			SESCAP BMI
			Zumba			Copyright Compliance
			Includes Toning			
		0.00 0.00	by Kay			
6:30 PM		6:00 - 6:30 BEG TAPI	6:30 - 7:30 Inter. Tap		7:00 - 9:00	
7:00 PM	6:30 - 7:30	YOUTH - 6-10	Teen/Adults	700 - 8:00	SWING DANCE Teen/Adults	
	Beg Tap Teen/Adults	by Kay	by Kay	Belly Dance		
7:30 PM	by Kay			Teen / Adults by Vahana	by The Trainors	
8:00 PM					please email before first	
				Jewels of the North	class	
				Belly Dance	placerville.swing	
				Troupe by Vahana	@comcast.net	

DANCE & ZUMBA INSTRUCTORS

Dance, Creative Kids & Zumba classes:

Kay Lenhart • dance@jammindance.com

Swing Dance classes:

Dan and Sheryl Trainor • placerville.swing@comcast.net

Belly Dance:

Valerie Baker aka, Vahana • dancingesquire@yahoo.com

Ballet, Point, Lyrical & Hip Hop classes:

Joellene Vakulich. • vjoellene@yahoo.com
Scottish Country classes:

Jeffery and Patsy Corrigan• dance@jammindance.com

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Our All Inclusive classes accommodate wheelchairs and more!

Please see our website for more info on our All Inclusive classes.

Dance class Prices:

1 hr - \$47 per month 45 min - \$42 per month 30 min - \$37 per month Drop In: \$15per class

Zumba & Fitness Prices:

\$30 per mo (1 class per wk) \$45 per mo (2 classes per wk)

Zumba Kids:

\$25 per month (with Parent \$10)

Creative Kids:

\$60 per month

Swing Classes:

\$10 per couple Drop-In