

South Shore Peer Recovery organizes people in recovery from all addictions, their family members, friends and allies, to put a positive face on recovery. SSPR provides peer support, education, and advocacy opportunities; working to remove barriers to recovery; treating all with dignity and respect regardless of the pathway to recovery.

South Shore Peer Recovery envisions a world where the joy, hope, and healing of recovery, body, mind and spirit, is nurtured with understanding, support, and common purpose.

CALL FOR FOCUS GROUP PARTICIPANTS

South Shore Peer Recovery (SSPR), located in Scituate, Massachusetts, in collaboration with Sober Mommies, is looking for women to participate in a confidential focus group on recovery programs and activities that would be helpful to mothers contemplating or in recovery from substance use and misuse. Please note: This is not a support group, nor will participants be asked to share their recovery journey.

Participants will receive a \$25 Target gift certificate and free guest pass to the South Shore YMCA (Emilson/Hanover). Free childcare and refreshments will be provided during the session.

For this focus group, we are specifically seeking mothers who are themselves contemplating or in recovery from substance use or misuse. Participants must be at least 18 years old, can be at any stage in their recovery, and can have children of any age. Participants should reside in the towns of Cohasset, Duxbury, Hanover, Hingham, Hull, Marshfield, Norwell, Pembroke, Rockland, Scituate, and Weymouth.

Participants will be asked to discuss, with the guidance of a focus group facilitator, what offerings would be most useful to <u>you</u>. Suggestions might include ideas for social events, recreational opportunities, holistic therapies, educational events, trainings and more.

The focus group will take place on February 22, from 4:30 – 6:30 pm, at the South Shore / Emilson YMCA, located at 75 Mill Street in Hanover, MA. The focus group will be $1 \frac{1}{2} - 2$ hours long.

Please email <u>ikelly@southshorepeerrecovery.com</u> or call 781-378-0453 with a description of yourself, including your town of residence, and why you are interested in participating in the focus group.

The deadline for sign ups is January 31, 2018.

Thank you for your time!