








2018

Marjean T. Myatt Head Start

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p><u>Thematic Units</u> Things That Move</p> <p>Things That Take Us Places</p>		<p>Please continue to work with your child during break.</p>	<p>Take 10 minutes a day and review letters, shapes and numbers with your child.</p>			<p>1 Fatherhood Breakfast 9:00 am At Center</p>
2	3	<p>4 Create a meal with your child</p> 	5	<p>6 Ask your child about their day</p> 	7	8
9	<p>10 Engage in a conversation with your child</p> 	11	12	<p>13 Parent Meeting 5:30 p.m.</p>	<p>14 Winter Wonderland 10:00 am</p> 	15
16	<p>17 Last Day of School</p>	<p>18 School Closed</p>	<p>19 School Closed</p>	<p>20 School Closed</p>	<p>21 School Closed</p>	22
23	<p>24 School Closed</p>	<p>25 Holiday</p> 	<p>26 School Closed</p>	<p>27 School Closed</p>	<p>28 School Closed</p>	29
30	31					

Marjean Myatt Head Start Center

DECEMBER 2018 Newsletter



Center Director

The center's last day will be December 17th, 2018 for the holiday break. We will return to school on January 2nd, 2019. I want to thank **everyone who helped** us during the fundraisers. We have had great support from our families.

I want to wish everyone a safe Holiday Break and a Happy New Year.

Education Staff

Please continue to work with your child at home during the holiday break. Keeping their minds on their studies during the break will help them to pick up where we left off when they return to school. **If you have not sent a change of clothes for the winter months, please do so immediately.**

Family Services

The 90 day deadline for physical and dental exams have passed. Thank you for getting them completed and in our office in a timely manner. Some children required follow up visits. If your child does require a follow up, please call and make an appointment now. Also, if your child's physical or dental exams are set to expire in December, please make an appointment and call us with the appointment date.

Nutrition

During the holidays eating healthy is a struggle. Here are a few tips for healthy snacks for your children during the break:

1) Give them dried fruit and nuts. 2) Raw vegetables. These can be kept in the fridge, right within reach of little hands. 3) Citrus. A great source of Vitamin C 4) Dinner. Make an effort to have dinner at the table every night. This will help to avoid last minute trips for fast food and eating late at night.

Transportation

Please update your child's pick-up list. If you would like an individual to pick up your child from school, they must be on the pick-up list. We are getting a lot of phone calls asking us to allow a person not on the list to pick up a child. This is not allowed and was discussed during REGISTRATION. PLEASE PUT IT IN WRITING. WE do this for your child's safety. We appreciate your cooperation in this matter.



****Please sign up for our TEXT Message Alert System!! Simply text @marje to 81010.**



- *December 1st-Fatherhood Breakfast
- *December 13th-Parent Meeting
- *December 14th- Winter Wonderland
- *December 17th-Last Day of School for Holiday Break (School will resume on January 2nd, 2019)

Thematic Units

Things That Move

Things that Take Us Places



