



May 23, 2018

3:00 – 4:30 p.m.

Santa Ynez Valley Marriott • 555 McMurray Rd. • Buellton, CA 93427

MINUTES

Attendance: Aisa Coronel, Ashley Costa, Christine Cruse, Jennifer Griffin, Alma Hernandez, Cheri Jasinski, Ashley Kruzel, joyce ellen lippman, Patricia Low, Tamra Reza, DeAnn Rosenberry, Margaret Weiss, Jeanne West, Megan Young

Special Guests: Benjamin Lambson, Santa Barbara County Public Health Department; Meredith Nasholds, Santa Barbara County Public Health Department

Staff: Barbara Finch and Gloria Munoz

1. **Welcome & Introductions**

Barbara Finch opened the meeting and introductions were made.

2. **Approve Minutes, March 28, 2018**

joyce ellen lippman motioned to approve the minutes from March 28, 2018; Jeanne West seconded the motion and the minutes were approved unanimously.

3. **Public Comment**

There was no public comment.

4. **California Community of Constituents: AAN Regional Coalition**

- **Advocacy Day 2018**
- **SB 1026 – AAN support for Senator Jackson’s fall prevention bill**

Cheri Jasinski and Jennifer Griffin attended Advocacy Day on April 23rd in Sacramento. The goal of Advocacy Day was to ask our local representatives to support budget proposals related to Long-Term Services and Supports. They met with Senator Hannah-Beth Jackson and Assemblymember Monique Limón. Jennifer mentioned that Assemblymember Monique Limón put forward the Alzheimer’s Public Awareness Campaign Budget Proposal, and she feels like Assembly Member Limón could be a champion for other issues related to older adults and people with disabilities. They were also fortunate to meet with Senator Hannah-Beth Jackson and she was very receptive to what they had to say, although she felt that they should understand that there are a lot of things that need funding.

Cheri mentioned that Senator Jackson’s bill, SB 1026, is now being called the Dignity at Home and Fall Prevention Act (see attached). She mentioned that joyce ellen is also in the working group that came up with the central concept. Folks can track the bill at: <https://legiscan.com/CA/text/SB1026/2017> Cheri asked the Network if they would be willing to support this and then send the word to Senator Jackson so that she can show others that they have this support. The Program will provide funding for education, in-home inspections, and equipment to prevent injury for people who choose to age in place at home. It would go through the Department of Aging to the Area Agencies on Aging (AAA). The SB 1026

Endorsements to Date include, CA Area Agencies on Aging (Co-Sponsoring), AARP, CA Senior Legislature, MC Society, and others.

The Adult & Aging Network members voted to make the recommendation that the Board of Supervisors put this bill in their Legislative Platform. Cheri Jasisnki motioned to write a letter of support on behalf of the Adult & Aging Network; Patricia Low seconded the motion and the motion was approved unanimously. Cheri will email Senator Jackson and let her know that this vote was taken at the Adult & Aging Network meeting. Barbara thanked Cheri and Jennifer for their work they are they doing for AAN's behalf in Sacramento.

5. What is Ageism?

Ashton Applewhite recently gave an ARTS & Lectures presentation about ageism. Barbara played Ashton's "Let's end ageism" TED talk

https://www.youtube.com/watch?v=WfjzkO6_DEI

Barbara asked the group a few questions that had come up in Ashton's UCSB Lecture and the small group Thematic Learning Initiative:

- Where do you notice ageism?
 - peers
 - family
 - beauty products
 - advertisements
 - work
 - fitness industry
- If we had an age-inclusive culture, what would be different?
 - less limitation
 - people would work longer
 - more resources
 - mixed communities and intergenerational activities
 - create more respect towards youth and elders
 - positive impact on kids
- What could affect attitudes to shift either your organization or our community as a whole?
 - look at multi-level approach
 - let go of expectations
 - fear (ex: looking too old)
 - familiarity

The group then read suggestions from Ashton's book, "This Chair Rocks: A Manifesto Against Ageism."

6. Oral Health for Older Adults

Meredith Nasholds, Oral Health Program Coordinator at the Santa Barbara Public Health Department, gave an overview of the Santa Barbara County Oral Health Program (see attached). Meredith shared that Health Linkages, a program at the Santa Barbara County Office of Education, has been running the Children's Oral Health Collaborative for many years but there is limited input on the adult and aging population.

The newly created Oral Health Coalition met on April 18th. Meredith passed out the Santa Barbara County Local Oral Health Plan (see attached). The California Oral Health Plan is from 2018-2022 and they identified the five major oral health issues:

- Insufficient infrastructure to promote culturally sensitive community-based oral health programs.
- Insufficient data to inform interventions.
- A range of barriers preventing access to care.
- A lack of implementation of evidence-based and demonstrable models of oral disease prevention and dental treatment.
- Lack of consistent and effective messaging to encourage improvements in oral health.

The California Department of Public Health, Oral Health Program, granted funds from Proposition 56 to educate the community about oral health, dental disease prevention, and linkages to treatment for dental disease, including dental disease caused by the use of cigarettes and other tobacco products. Santa Barbara County has a 5-year plan and the goal is to successfully improve the oral health of children and adults in the jurisdiction by expanding capacity at the local level to educate, prevent dental disease, and provide linkages to treatment programs. Meredith shared the following statistics:

- 1 in 4 adults said they avoid smiling because of the state of their mouth
- In the USA, 10,000 Baby Boomers turn 65 every day
 - many lose dental insurance when they retire
 - 1/5 of people over 75 haven't seen a dentist
- 1 in 4 adults said they avoid smiling because of the state of their mouth
- Blacks, non-Hispanics, and Mexican Americans aged 35–44 years experience *untreated tooth decay* nearly twice as much as white, non-Hispanics
- In adults aged 65 and older, 70.1% have periodontal disease.

In Santa Barbara County, oral health problems include having a lack of providers, lack of providers who accept Denti-Cal, lack of oral health awareness in the community, and a lack of sufficient data. There are about 342 dentists in Santa Barbara County with a population of about 450,000. According to Cottage Health data, 40% of adults have not seen a dentist because they did not have a personal care provider. The Community Needs Assessment for 2016 for Cottage Health and Dignity Health had similar needs. These needs were access to care, housing insecurity, education, and homelessness.

The Vision for Santa Barbara County is to implement strategies and establish programs related to oral health to include education, dental disease prevention, linkage to treatment, surveillance and case management, to ultimately improve the oral health of its residents. They currently have Dental Access Resource Teams (DART) in each county where folks get together to talk about dental issues in their area. These meetings are held monthly. The Oral Health Advisory Committee meets once or twice a year to bring everybody together. She encouraged folks to attend to advocate for the adults.

Joyce suggested considering the value of fluoridation and advocating for it. Currently, the only city that has advocated and passed water fluoridation is Santa Maria.

7. Member Updates and Announcements

- **Jeanne West** had the following announcements:
 - Hospice of Santa Barbara will be offering five two-hour workshops, each focused on a specific "Invitation" from Frank Ostaseski's book, "The Five Invitations: Discovering What Death Can Teach Us About Living Fully." They will be held at the Old Mission in Santa Barbara. They will be on 5/19, 6/2, 6/16, 6/30, and 7/14 from 10-12pm.

- World Elder Abuse Awareness Day is Friday, June 15th. There will be a presentation, "Romance Scams and the Growing Epidemic of Elder Abuse" at The Samarkand at 10:30am. There will be valet parking.
- Following the presentation, Hospice of Santa Barbara will host a Learn @ Lunch from 12-1pm at the Hospice of Santa Barbara Leigh Block Room. The presentation will be given by Vicki Johnson.
- **Jennifer Griffin** had the following announcements:
 - Kathleen Riel is retiring from the Independent Living Center, Inc. and they will be having a retirement party tomorrow May 24th at the ILRC from 4-6pm.
 - The new Program Manager will begin on June 18th and his name is Brian.

8. Adjourn - Next meeting July 25, 2018

The meeting adjourned at 4:32 p.m.

Respectfully submitted by Gloria Munoz