

# JANUARY 2022

## Preston Hollow UMC Child Development Center

Monday

Tuesday

Wednesday

Thursday

Friday

3

**School Closed**

4

Breakfast Snack: Cheerio's cereal  
Lunch: Turkey & cheese sandwiches, veggie chips, applesauce  
Afternoon Snack: Enjoy Life Cookies

5

Breakfast Snack: BelVita bars  
Lunch: Spaghetti sauce w/elbow pasta, green beans, peaches  
Afternoon Snack: Graham crackers

6

Breakfast Snack: Yoplait yogurt  
Lunch: Chicken vegetable noodle soup w/crackers, pears  
Afternoon Snack: Fig Newton bars

7

Breakfast Snack: Nutri Grain bar  
Lunch: Fish tacos w/corn tortillas, coleslaw, fruit cocktail  
Afternoon Snack: Animal crackers

10

Breakfast Snack: Raisin bread  
Lunch: Cheese & black bean burritos, baked tortillas w/mild salsa, pineapple  
Afternoon Snack: Nilla wafers

11

Breakfast Snack: Cheerio's cereal  
Lunch: Chicken & cheese pita pocket, mixed salad, applesauce  
Afternoon Snack: Welch's Fruit chews

12

Breakfast Snack: BelVita bars  
Lunch: Turkey burgers on whole wheat bun, veggie chips, peaches  
Afternoon Snack: Cheez It's

13

Breakfast Snack: Yoplait yogurt  
Lunch: No nut butter jelly roll ups, veggie chips, pears  
Afternoon Snack: String cheese w/raisins

14

Breakfast Snack: Nutri Grain bar  
Lunch: Tuna noodle casserole, mixed veggies, fruit cocktail  
Afternoon Snack: Goldfish crackers

17

**School Closed**

18

Breakfast Snack: Cheerio's cereal  
Lunch: Veggie quiche w/wheat roll, applesauce  
Afternoon Snack: Enjoy Life Cookies

19

Breakfast Snack: BelVita bars  
Lunch: Tomato soup w/cheese sandwich, peaches  
Afternoon Snack: Graham crackers

20

Breakfast Snack: Yoplait yogurt  
Lunch: Baked barbeque chicken nuggets w/ garden salad, pears  
Afternoon Snack: Fig Newton bars

21

Breakfast Snack: Nutri Grain bar  
Lunch: Fish sticks, tater tots, fruit cocktail  
Afternoon Snack: Animal crackers

24

Breakfast Snack: Raisin bread  
Lunch: Macaroni & cheese, spinach, pineapple  
Afternoon Snack: Nilla wafers

25

Breakfast Snack: Cheerio's cereal  
Lunch: Chicken noodle soup, carrot sticks w/ranch, applesauce  
Afternoon Snack: Welch's Fruit chews

26

Breakfast Snack: BelVita bars  
Lunch: Turkey bacon lettuce & tomato sandwich, veggie chips, peaches  
Afternoon Snack: Cheez It's

27

Breakfast Snack: Yoplait yogurt  
Lunch: Cheese pizza, coleslaw, pears  
Afternoon Snack: String cheese w/raisins

28

Breakfast Snack: Nutri Grain bar  
Lunch: Fish w/ketchup, veggie sticks fruit cocktail  
Afternoon Snack: Goldfish crackers

31

Breakfast Snack: Raisin bread  
Lunch: No nut butter w/jelly on wheat sandwich, veggie chips, pineapple  
Afternoon Snack: Nilla wafers

