

Belt Color	Kyu	Tips	Time in Karate (Months)	Questions	Push Ups	Basics	Terminology	Makiwara	Fukyugata Ichi	Fukyugata Ni	Pinan Shodan	Pinan Nidan	Pinan Sandan	Pinan Yondan	Pinan Godan	Naihanchi Shodan	Naihanchi Nidan	Naihanchi Sandan	Anaku	Wankan	Rohai	Written Examination	Kobujitsu	Kumite	Atemi Waza	Uke Waza	Yakusoku Kumite
White	9th Kyu	N/A	0																								
Yellow	8th Kyu	N/A	3	X	X	X	X	X	X																		
Orange	7th Kyu	N/A	6	X	X	X	X	X	X	X		X														1-2	
Green	6th Kyu	3 Tips	9	X	X	X	X	X	X	X	X	X														1-2	
Green	5th Kyu	2 Tips	12	X	X	X	X	X	X	X	X	X	X													1-4	1-2
Green	4th Kyu	1 Tip	15	X	X	X	X	X	X	X	X	X	X	X	X											1-4	1-2
Brown	3rd Kyu	3 Tips	21	X	X	X	X	X	X	X	X	X	X	X	X	X									X	All	1-4
Brown	2nd Kyu	2 Tips	27	X	X	X	X	X	X	X	X	X	X	X	X	X	X								X	All	All
Brown	1st Kyu	1 Tip	36	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X				X	X	X	All	All
Black	Shodan	N/A	45	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	All	All

Adult Rank Testing Criteria

Times and requirements above are MINIMUM standards!