Good morning everyone, hope all is well.....ready for a game tonight and a day or two off.

Today's clip has many questions in it.....let's just look at it here....answer the questions as posed!

Certainly plenty of action in 19 seconds of game film right? MANY of our 19-second clips from OUR OWN games have just as much action. Take a look at a film of your game and really break it down....be critical, be constructive. Sit down with the crew on the game if that is possible. LOTS can be learned from doing this.

So, this particular clip.....good rotation by lead? YEA! The play came down C's side and there easily could have been a closely guarded count started by C. The L recognized this or a possible drive by the ball handler and rotated to help C out with the matchup and other congestion on that side. The L could have moved with a little more urgency by jogging across the lane. Notice that he does stay focused on the paint while he moves across the baseline until he is nearly across when he takes a look at what is happening with the ball handler. Good rotation here and good observation by the L. As L rotates, the trail sees/feels the rotation by L and moves down to the C position correctly. At this point, we have 2 C's for a short time. This may be the best part of the entire clip.....the C does not bail out of C to get to new T just because the rotation happened. The old C stayed with the play and was looking right at the 'push off' by the ball handler as he went to the paint. GREAT job by the C here not bailing out on the matchup. To answer the question about whether there should have been a foul by the dribbler? Hm....old C had a great look at it and it WAS his matchup until it ceased. My thoughts are that since he went through the paint and passed the ball, play on. IF the dribbler had pushed off as he did here then SHOT the ball, I probably have a foul since he definitely created an advantage for himself by clearing space. The new C certainly may not have seen the push off, but old C did.....great court coverage here. As the ball goes the other way in transition, new L is going right where he should and is out in front of the play well. What he does do is follows the ball on the pass and most likely did not see the pass and crash. This is a really tough predicament for L since he has many players in the transition play and many crews talk in pregame about letting L have that play to the hoop on a transition play. This may be one of those cases we need to add to our pregame discussion....if we have more than just a one-on-one matchup, L does not have the play to the hoop, we need to officiate our primaries. JUST A THOUGH there.....it appears that a pass and crash/train wreck happened and we need a call.

So, if you haven't seen film of yourself, make it a point to get a film before the season ends....varsity games are easiest....MANY schools use HUDL and usually all it takes is asking the coach before the game if you can get a link to the film the next day and ask if you may email him/her for it. There are other chapter members who might have an open time slots to film you with an Ipad or even an iphone. These can easily be loaded onto google drive to see them on a full screen instead of a phone screen. If no chapter members are available, how about your better half? Take him/her to dinner after the game then! Seeing yourself on film AND being honest with yourself does wonders....try it.

Hope you have a great game tonight, safe travels and a great weekend! Make sure to stretch and drink water......2 weeks before bonus basketball!

Tim