



CHAPTER 1917 *

Ocean City, Maryland – <u>WWW.AARP1917.ORG</u> *JANUARY 2017*

Officers

President

Bob McCluskey 410-250-3497 Vice President John Bloecher 410-213-1608

Recording Secretary

Debi McCluskey 410 250-0980

Treasurer

Santa Kvech 443-664-2003

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John Lucas
Jeff McArthur
Sue Harting
Norma Bull
Emeritus
Ray Jackson
Frank Hoover

Committee Chairs Membership

Andrea Albrecht 410 250-4533

Travel

Alcea Sprung 410 352-5748 Santa Kvech

Scholarship Mary Jo Breslin

Sunshine Lady Deb McCluskey

Communications Michelle Donovan

Web Masters John Bloecher Travel Web Master Alcea Sprung

Health FairDr. Melvin Friedman **Historian**

Mary Ann Lemay **Photos**Bob Chapman

The President's Corner....

Happy New Year everyone. We certainly finished 2016 on a positive note with an excellent Christmas party at the Dunes Manor. I would especially like to thank Sandy Kvech, Alcea Sprung, Sue Harting, Bonnie Mitrecic, and the late Abbey Nichols for spearheading the holiday event. These five ladies did a wonderful job!

The coming of the new year brings renewed hope but also a new round of dues collection. Our dues for 2017 will remain a modest \$7 per person. We would love to see our membership renewals come as close to 100% as possible, so please pony up your \$7 and continue your membership for another year. Furthermore, don't forget to tell your friends and neighbors about our chapter. Be a goodwill ambassador and help spread the word about AARP.

Remember, it is also important for all AARP members to join the Senior Center as well. We need to ensure that our attendance at AARP meetings is recorded by the Worcester County Commission on Aging which we can only do by swiping in at each meeting. Let's show Worcester County that the Ocean City Senior Center is being well utilized and is worthy of being maintained. Best of all, it costs nothing to join the Senior Center. If you haven't already done so, please see Ann Toney to register with the Senior Center.

Hopefully, there will be many reasons why you will want to continue your association with our AARP chapter. We have a newly elected Board of Directors who are ready to serve your needs, we will continue to provide guest speakers and refreshments at our monthly meetings, several luncheons for the upcoming months have already been planned, our Travel Committee has a variety of trips planned for the year ahead, and there is always the next Christmas party out on the horizon. Plus, we all get to enjoy the camaraderie of seeing old friends at our meetings. Not bad for \$7 a year, is it?

So that the Board my represent this chapter as effectively as possible, don't hesitate to voice your ideas or concerns to any Board member at any time. We need your input! Let us know how we can serve you better. By working together we can all have a very successful 2017.

Best Regards.

Bob McCluskey

Our Meetings



Our membership meetings are held at the Worcester County Senior Center located at 41st street, Bayside, Ocean City, second Thursday of the month. When looking at the Convention Center from Ocean Highway, the Senior Center is located to the right, almost under the water tower. There is free parking next to both the Senior Center and in the Convention Center parking lot.

You do not have to be a resident of Ocean City to join our chapter, and you can already belong to another chapter; that's fine with us.

BE a SNACK VOLUNTEER for our monthly meeting!

2nd THURSDAY every month

Bring Meeting Munchies







Special thanks to Donna Reid for volunteering to be our Snack Master and organize our monthly snack donations. Please consider bring a snack to be enjoyed by our members. It is always immensely appreciated. If you prefer to contact Donna regarding needs, her phone is 301 518-4187

• <u>ELECTIONS AND INSTALLATIONS OF OUR OFFICERS AND BOARD</u> - <u>were held in</u> November and December. Meet your 2017 officers and board members!



Back row: Bob McCluskey, President, John Bloecher, Vice-President, John Lucas, Board Member, Jeff McArthur, Board. Front Row: Debi McCluskey, Secretary, Santa Kvech, Treasurer, Sue Harting, Norma Bull, Board. An illustrious group that does us proud. We thank our outgoing officers, John Bloecher, Sue Harting and Bill Shoop for their years of service.

- OUR SCHOLARSHIP Committee has a new chairwoman. Mary Jo Breslin has agreed to assist with our Scholarship Committee, which presents \$1000.00 scholarship to a deserving Stephen Decatur High School student. Norma Bull will remain on this committee to assist with this valuable effort. We look forward to having you join us on February 25th. 2017 for our fund raising 3 course Italian luncheon at Carrabba's here in W. Ocean City. Please consider the value deal for only \$15.00 gratuities included. A better deal you will find nowhere. Join us from 12 noon til 2:30 and bring friends to share a great time. John Lucas will be selling tickets at the meeting. His phone if you need to call is 302 988-1489.
- <u>TAX PREPARATION</u> begins soon. John Bloecher and Bill Shoop will be participating as volunteers for free AARP and local senior's tax returns. They are seeking additional volunteers to assist with this important service. You do not need to be a CPA or tax expert to participate. Training is available for learning to complete the tax forms. If interested, please call John Bloecher at 410 213-1608 and leave message.
- <u>DUES, DUES, \$7.00, \$7.00, \$7.00</u> checks are accepted. Please bring yours ASAP, so you don't miss out on AARP Chapter 1917 news and activities. If you haven't paid, you are overdue. Please visit our membership table at meeting.

Save these Dates!

OUR COMMUNITY HEALTH FAIR IS UNDERWAY — and there is never enough advertising for this phenomenal event presented for our local and expanded community.

<u>HEALTH FAIR DATE MAY 9, 2017</u>. Look for further information from Dr. Fried and Helen Morris who will be seeking volunteers from our organization to assist with this awesome community event.

Bob's Lunch Bunch on January 12th, following our AARP meeting will go to the <u>new Crabcake Factory</u>, located at 120th St and Coastal highway in the Food Lion shopping center.

Consider January 25, 2017, to participate with United Seniors of Maryland who will attend a Legislative Forum in Annapolis, Maryland in the Miller Senate Office Building from 8 am until 1:30 pm. A bus will be provided leaving Ocean Pines at 5:30 am that morning. Register at: https://aarp.event.com/MDJan17

Bob's Lunch Bunch on February 9th, following our meeting will meet at <u>BJ's on the Water</u> at 75th St Ocean side.

<u>Carrabba's Italian Restaurant AARP fundraising luncheon will be held on February 25th,</u> 2017 for the benefit of our scholarship fund. Please join us for this wonderful 3 course Italian meal. Ticket cost will be \$15.00 and includes gratuities. Tickets will be on sale at the meeting or with John Lucas at 302 988-1489.

NEW SENIOR CENTER ACTIVITIES; CHECK US OUT !!!!!

(on pages 7, 8, 9)



TRAVEL UPDATES FOR JANUARY 2017

February 8, 2017: "Joey & Gina's Italian Wedding" Comedy Show at the Dunes Manor. \$59/person. Includes buffet dinner and show. Deadline extended - seats still available - payment due by January 12th.

NEW! March 22, 2017: Breakfast at Ocean Downs. \$7/person. Join us for breakfast and a little gambling fun. Includes breakfast sandwich, has browns, beverage, plus \$10 play money!

April 26, 2017: Hillwood Mansion & Gardens, \$85/person. Trip includes two guided tours of Hillwood Mansion and Gardens and a three course lunch at the Hillwood Café.

Experience the captivating life of Marjorie Merriweather Post with a visit to the Hillwood Estate & Gardens in Washington, DC. See the most comprehensive collection of Russian Imperial Art outside of Russia, a distinguished 18th-century French decorative art collection, and twenty-five acres of serene landscaped gardens and natural woodlands for all to enjoy.

June 3-10, 2017: Alaska Cruise - Inside Passage with Glacier Bay. Final payment due by February 9th - cash, check or charge.

October 1-5, 2017: Rail & Sail New England, \$675/person (dbl occupancy). Trip includes Boston City Tour, Boston Harbor Cruise, Lighthouse Lover's Cruise, Ride aboard the Winnipesaukee Railroad, Main Lobster Bake, Entertainment and more! *Sorry, trip full - accepting wait list only.*

Check our website Travel page for more information www.aarp1917.org and click on Travel.





In October 2016, Jennifer Light from Atlantic General Hospital's Patient Centered Medical Home provided great information about technological advances in home care and youngsters education via the reality of telemedicine. While enabling access to care in the home for the adult generation, it is also used in schools for education regarding food and nutrition, as a prevention strategy for obesity, diabetes, congestive heart failure and high blood pressure.



FALL AND TRAINS IN WEST VIRGINIA

TRAVEL FUN



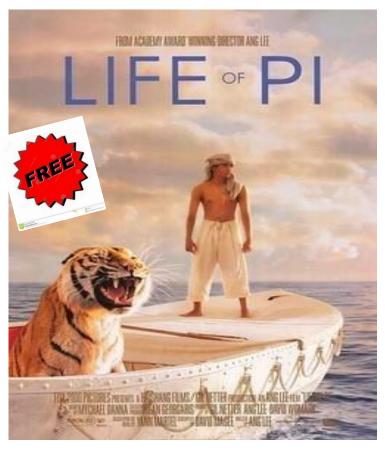






Ocean City Senior Center 41st St. – Bayside

MiD-WEEK matinee
On the big screen tv
Wednesday, February 1, 2017 12 noon
(seating limited to 35)





Life of Pi is a 2012 American survival drama film based on Yann Martel's 2001 novel of the same name. The storyline revolves around an Indian man named "Pi" Patel, telling a novelist about his life story, and how at 16 he survives a shipwreck in which his family dies, and is stranded in the Pacific Ocean on a lifeboat with a Bengal tiger. At the 85th Academy Awards it had eleven nominations, including Best Picture and Best Adapted Screenplay, and won four (the most for the event) including Best Director for Ang Lee. **For more info call: 410-289-0824**

Ocean City Senior Center 41st St. – Bayside

MID-WEEK MANIA



January 25, 2017

12 pm – 3 pm





Advance Tickets**...4 cards \$10

** available until January 19**

At the Door...3cards \$10



Snacks & Sips available



Ocean City Senior Center Presents

Tai Chi

Moving for better balance



This Tai Chi program represents the results from years of scientific research and community evaluations. Its focus is on preventing falls through regular practice. Tai Chi, when practiced regularly, will improve one's balance and reduce the likelihood of falling.

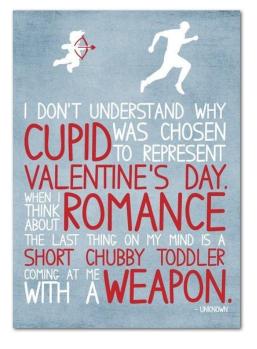
When: Twelve week session every Thursday at 1:30 pm, beginning January 19th, 2017

Where: Ocean City Senior Center – 41st St. Bayside

Cost \$3/per class or \$25 for a 10 class punch card

Make your reservations with Ann at 410-289-0824









"NOBODY GROWS OLD BY MERELY LIVING A NUMBER OF YEARS. PEOPLE GROW OLD ONLY BY DESERTING THEIR IDEALS. YEARS MAY WRINKLE THE SKIN, BUT TO GIVE UP INTEREST WRINKLES THE SOUL." -- DOUGLAS MACARTHUR

HAPPY NEW YEAR !!!