

Director: Frances Harrelson

APLC DAY SCHOOL NEWS

February 2024



Food Bank Visit



Our next in-house field trip is on Thursday, February 8th with the Food Bank.

I have asked them to talk about good nutrition and how they help people in our community that are not as fortunate as we are. They will begin with a food demonstration and talk about food boxes they distribute and the importance of helping in the community. To extend this concept, we will show the children the food pantry and Food Bank barrel that the church has available to help people that come by in need of food. We will brainstorm how we might help to fill up the pantry and barrel. It is our goal to help children develop compassion and an understanding of people in our community. For the PreK-3 class, they will revisit community helpers to reinforce how we are ALL helping each other.

How can you reinforce the concept of helping others?

You, as parents, can help by taking your child to the food bank, donate to a food pantry, visiting and donating to the Christian Assistance Ministry (CAM) and cultivating gratitude as a family.

Appreciating the abundance we've been given can help us and our children gain a perspective that empowers us to live generously.



cam
christian
assistance
ministry

Calendar Dates:

- Feb. 8—Food Bank visit
- Feb. 15—Parent Coffee Gathering
- Feb. 20 & 21 Puppet Show
- March 7—APLC Board Mtg.
- Mar. 12-15- Spring Break
- March 29—Good Friday—school closed

2024-2025

School Registration

Registration forms have been processed for the 2023-2024 school year. You will receive notification of the class your child is enrolled for the next school year. We still have openings for the next school year—so spread the word to all your friends, neighbors and relatives! Consider signing up for the summer camp!

Community Events, Parenting Tips and Resources

Empathy: The Hardest Part—a love and logic tip from Dr. Charles Fay

Those who understand Love and Logic know that sincere empathy is the cornerstone upon which the entire house is built. It's the gift that allows our children to learn wisdom from life's trials and tribulations, rather than developing discouragement and resentment.

However, many parents who call us find empathy very challenging. Some are exasperated and tell us, "Empathy is the hardest part! Too often my own frustration and anger get in the way."

Why is empathy so important? Empathy demonstrates love and love provides hope.

Hope provides the motivation our kids need to choose what's healthy rather than destructive.

For over forty-five years, the Love and Logic message has remained the same:

Hope and pray that your kids make plenty of affordable mistakes when they are young.

Hold them accountable for these mistakes with sincere empathy.

Do this so they can learn when the "price tags" are still small.

Providing empathy requires that we tolerate messiness rather than trying to create a sanitary life for our kids. Empathy is messy but it is necessary for developing the attitudes and skills required for adult success.

Deep in our parental hearts is the wishful dream that our children will enjoy a fairytale life. A life where all issues are resolved cleanly, and they live happily ever after. Ironically, this well-intentioned urge often makes it more challenging for us to provide empathy when our kids need it the most.

Lectures, threats, frustration, and anger provide an illusion of control, a fleeting sense that we're getting something done.

Empathy requires a strong conviction that we cannot fix others, but that life's challenges are gifts that build maturity. It is only through empathetic responses can we reach our kids and help them to learn how to handle life's challenges. In my audio, [The Gift of Limits](#), empathy is described as one of the foundational guidelines for setting limits and raising happy and secure kids.

Garden Ridge Market Days - Valentine's Market

- **When:** Saturday, February 10, 2024, 9:30 am - 2:30 pm
- **Location:** Northeast Bible Church: 19185 FM 2252, Garden Ridge, TX 78266
- **Cost:** Free to attend, free parking

Join us for our Valentine's Day market! Enjoy 150+ local craft, food, farm & business vendors Saturday, February 10th from 9:30am - 2:30pm at Garden Ridge Market Days, located at Northeast Bible Church (19185 FM 2252, Garden Ridge, TX 78266).

FREE admission, parking & activities for kids! Garden Ridge Market Days is open every 2nd Saturday, monthly. ONE-STOP SHOPPING: Find unique gifts for Valentine's and the ones you love, food trucks/vendors, baked goods, handmade products, nuts, farm-fresh eggs, grass-fed beef, fresh produce, local honey, oils, jams, plants/succulents, breads, boutique clothing, fresh & wood-crafted flowers, candles, handmade jewelry, canned goods, home decor, stuffs & kid's items, BBQ sauce, salsa, pet products, books by local authors, paintings & artwork, chili, custom tumblers, laser engraved items, granola, accessories, local services, bath & beauty products, woodwork, decorations, crafts and SO MUCH MORE!

COME HUNGRY:

50+ yummy food trucks, food vendors & sweet treat vendors including Filipino food, meat on a stick, BBQ plates & sandwiches, tacos, Cajun food, funnel cake, brisket nachos, gluten-free choices, stuffed baked potatoes, ice cream, gourmet hot dogs, coffee, tea, specialty drinks, kettle corn, lemonade, grilled cheese, chicken strips, cotton candy, shaved ice & manganadas, tons of baked sweets, pastries & more. Farm-fresh foods available to take home such as eggs, meat, veggies, canned goods, etc.

Saturday, February 10, 2024
9:30 am - 2:30 pm
Northeast Bible Church
19185 FM 2252, Garden Ridge TX

FREE to Attend
150+ Local Craft & Farm Vendors
Kid's Activities, Live Music

FREE KIDS' ACTIVITIES:
- PAW PATROL CHARACTER PHOTO OPP - Presented by Hill Country Comicon
- FACE PAINTING (by Angie's Face Painting)
- BALLOON ART (by Tim Twist/KT Rentals)
- VALENTINE'S CRAFTS
- SCAVENGER HUNT - Visit any station for playing card, prizes for participants!
- OUTDOOR GAMES
- SAND PLAY
- CHALK ART
- BUBBLES

Locals Day at the Briscoe Western Art Museum

- **When:** Sunday, February 4, 2024, 10:00 am - 5:00 pm
- **Location:** 210 W. Market Street, San Antonio, TX 78205
- **Cost:** Free with Registration

The Briscoe Western Art Museum is happy to welcome all residents of San Antonio and Bexar County to come and experience the culture and art of the West for FREE! Our neighbors can enjoy a FREE day of art and culture on the first Sunday of each month.

"Full STEAM Ahead" programming is now a part of Locals Day! Families and visitors are invited to learn about the American West in the Briscoe's monthly education series with hands-on activities and workshops all ages will enjoy.

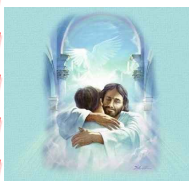


The San Antonio Stock Show & Rodeo will be held from February 8-25, 2024, at the Frost Bank Center/Freeman Coliseum fairgrounds. Tickets are on sale at sarodeo.com or at ticketmaster.com.

Chapel Notes

Trail Rider's Breakfast

WHAT A GREAT TRAIL RIDER'S BREAKFAST WE HAD THIS YEAR! EVAN THOUGH THE WEATHER DID NOT COOPERATE—WE MADE IT WORK IN THE GYM AND THE CHILDREN HAD SO MUCH FUN. MANY THANKS TO ALL THE PARENT VOLUNTEERS THAT HELPED TO MAKE THIS EVENT SO SUCCESSFUL! WE COULDN'T HAVE DONE IT WITHOUT YOU!



One of our stories this month is Joshua and the Big Wall. The children will hear how Joshua encouraged people, to understand that God's way is always the best way. Our puppet shows are on February 20 & 21st. "Julie" and "Sandy" will share with us how we too can be ENCOURAGERS. This is always a fun one, "Sandy" does a little singing for us!

We will once again have our "Noisy Offering" Please start saving your coins! It will begin February 14 and go through Lent. The proceeds will benefit Lutheran World Relief.

Mrs. Kleinert

APLC Alumni

I had the opportunity to attend the musical play "Joseph and the Amazing Technicolor Dreamcoat" at Churchill High School last week. There were three APLC Day School alumni in the play—Campbell Mace-Meador, Gavin Jernigan-Pruitt and Samantha Hadler—actors in the play. I am amazed by the talent of all the young people in the play but especially the alumni of the Day School! It is bittersweet for me since they are all seniors and this was my last chance to see them. I highly encourage you to check out the performances of the local high schools—it will be the highlight of your year!



Parent Coffee Gathering

We will have our next Parent Coffee Gathering on Thursday, February 15 right after drop-off in the gym. We will have a light breakfast including fruit, juice and coffee. Come and meet a new friend or get reacquainted with old friends! I will have a short discussion and video on— "The benefits of NAEYC Accreditation".

APLC Church Activities



BLOOD DRIVE AT APLC

Sunday, Feb 11 | 8:30 am - 12:30 pm | Gym

Abiding Presence hosts a blood drive every quarter, and the next blood drive is Sunday, Feb. 11, from 8:30 am to 12:30 pm in the Gym. Join us in this noble cause and help us make a positive impact today!



Wednesdays in Lent Soup & Sandwich Supper

Wednesdays February 21 - March 20

5:30 - 6:45 pm

Come and share conversation and fellowship around the tables each Wednesday before worship. It's a potluck of soup and sandwiches—let us know what you plan to bring. Look



Midweek Lenten Worship

Wednesdays, Feb 21 - March 20 7:00-7:30 pm — Sanctuary

"Speaking of Baptism..." This midweek worship experience will reflect the baptismal promises we hear in liturgy, individual stories of baptism, and prepare us for Easter. All are welcome!

Abiding Presence Lutheran Day School
14700 San Pedro
San Antonio, Texas 78232
(210) 491-9565 FAX (210) 490-7587
Website: [Aplcdayschool.org](http://aplcdayschool.org) Email: dayschool@apl.org