

Health Guidelines – PLEASE READ

In consultation with the Health Department, the following guidelines for wellness have been developed.

Children in the infant/toddler age group are just developing their immune systems and are vulnerable to the spread of illness especially as it is their nature to put toys in their mouths and spread illness through their play. Out of concern for all children in our care and given the unique situation presented by group care, we adhere to these guidelines to ensure the environment is healthy for all children.

Although we acknowledge these guidelines may seem difficult for some families, we feel that only with consistent application to all can we provide the safest and best possible health care to your child.

Fever (100°f or higher) – child needs to be fever free for 24 hours without the aid of medication.

Diarrhea – child needs to be symptom free for 24 hours without the aid of medication.

Vomiting – If a child vomits a large amount at the center, parents will be contacted immediately to remove the child from child care. If your child has vomited, please keep your child home until she/he is able to keep solids and liquids down for 24 hours. Child needs to be symptom free for 24 hours without the aid of medication.

Runny Nose with colored discharge – With severe colds, a child may become cranky, sleepy or listless, have an undiagnosed cough that won't go away, and/or green or yellow nasal discharge. If your child shows these symptoms, keep your child at home to permit a speedy recovery.

Rash – Any unidentified rashes should be diagnosed by the child's family doctor before the child comes to child care. The child may return with a note from the doctor identifying the rash with assurance it is not contagious.

Discharge from eyes or ears.

Pinkeye/Conjunctivitis – A child's symptoms of pinkeye/conjunctivitis are: the whites of the eyes turn pink or red; eyes hurt or feel scratchy, and eyes may have a yellow discharge. Pinkeye/conjunctivitis is extremely contagious and the child must be on optic antibiotics a full 24 hours before returning to the center.

Lice – Child needs to be treated and nits removed before return.

I have read and will follow the Health Guidelines set forth above.

Signature

Date