

*Picture of the Week: December 8, 2014 – The Sails Within*

I thought this week I'd make the picture short and sweet. If you're going through a hardship or just need a reminder...

By the way, in case you haven't seen it, I published an article for Curvy Girl Health. <http://curvygirlhealth.com/career-change-ahead-harness-the-power-of-relationships/>

I hope to continue to write for them and other publications. Please share the piece if you wish, and I hope there will be more to share in the near future! Have a lovely week.

