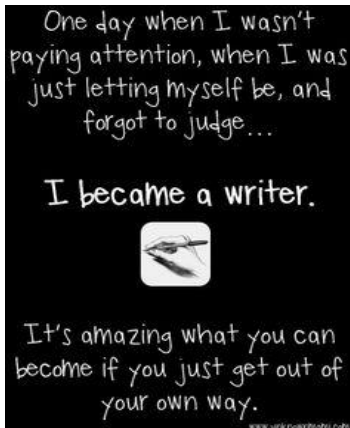


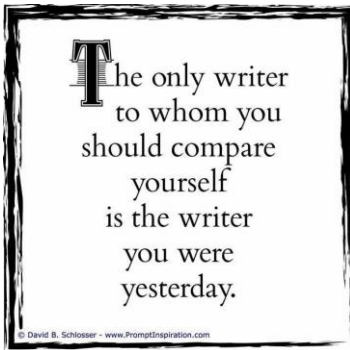
# How to Stop Wishing and Start Writing Worksheet

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What's my why? And what will success be for me?

Top barriers and how difficult to bust?



My barrier busting ideas?

What I'm going to do next?

# How to Stop Wishing and Start Writing Worksheet

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## Barrier Busting Questions

### Time

- What can I eliminate or streamline?
- When am I at my best? Can I write at least a few minutes then?
- Do I need to be pleasantly assertive about asking my family or friends for support?
- Do I know and combat my distractions?
- How can I create deadlines?

### Confidence

- Do I need to start small to gain experience?
- Do I need to show my work to others who will be *constructively* supportive?
- Do I need to develop courage, thick skin or perspective?
- Do I need to reframe feedback as a gift?

### Skill-Building

- What coursework, seminars, books or magazines would help me focus on my craft?
- Am I writing regularly?
- Should I find a compatible critique group and/or reader sites, whether online or in-person?
- How can I break it down into specific goals so I am not trying to work on everything at once?

### Legitimacy

- Do I need to expand my definition of success?
- Should I research a broader range of options?
- Do I tend to compare myself to other writers?
- Should I remind myself regularly that that most writers have moments of insecurity?

### Information Overwhelm

- Am I seeking out too much information at once and getting overwhelmed?
- What are the handful of resources on publishing and my genre that I should consult regularly?
- If I'm part of a critique group, can we leverage each other to divide and conquer keeping up to date?

## Find Out What Library Resources You Can Tap

- Research databases
- 24x7 librarian chat
- Purchase requests and interlibrary loans
- Reciprocal cards with other library systems
- Books on writing (publisher guides, craft techniques, etc.)
- Writing magazines
- Writing programs
- Book or author clubs