

## Session 2

1:15 PM to 2:30 PM

Saturday March, 3 2018



The NECPA Commission, Inc. has approved this educational program as meeting the criteria for continuing education for the National Administrator Credential." All classes are NAC approved.

### **201: PART A "Keeping Schools Safe with Conscious Discipline: A Brain-Based Approach to Challenging B**

This is a part one of a two-part session. Please also select session 301. This fast-paced workshop will empower teachers and caregivers to effectively handle behavior issues and conflicts, will be presented with the learning brain in mind and will include music, movement, and interaction. Participants will gain insight into the brain states indicated by difficult behaviors and brain-compatible guidelines for intervention. Through playful skill practice, conferees will internalize a fresh approach to everyday issues in the classroom and foster healthy, direct and respectful communication among children and adults in moments of upset.

### **202: PBS Kids and The City Library: Learning about Emotions with Daniel Tiger**

KUED Kids and The City Library explore the social emotional aspect of child development through the PBS Kids research based program "Daniel Tiger's Neighborhood" and The City Library's story time techniques.

### **203: Transitioning to Better Transitions**

Struggling with children during transitions? Come and learn some tips and tricks of the trade in a fun and engaging manner.

### **204: Empowered! Creating a Classroom Culture of Student Success (Must also Select Session 303)**

THIS IS A TWO PART SESSION MUST ALSO SELECT SESSION 303: Student success is predicated upon their power of choice. We cannot force it with bribes, pleading or coercion; students must choose the path of success for themselves. So, what's a teacher to do?

### **205: Mindset in the Classroom and Beyond**

Based largely on the work of Carol Dweck, this session will focus on the effect mindset has on the lives of children and their educators.

### **206: Integration of Cognitive, Physical, and Social Development**

Come join in the fun of connecting the dots between health, physical, cognitive, social development!

### **207: Cowboy Ted's Get Outside - Get Active - Get Healthy Program**

Cowboy Ted Hallisey uses his Cowboy persona and radio host and teaching experience to engage students to Get Outside - Get Active Get Healthy.

### **208: Working with bilingual students and creating a language and socially rich classroom environment**

Working with children whose native language is not English can be challenging for the classroom teacher. This presentation will teach a variety of techniques, strategies and games that can be implemented within the classroom environment.

### **209: Growing and Learning in a Positive Social Emotional Environment**

Creating positive learning environments for young children.

### **210: When I Play I Learn: Teaching Music with the Brain in Mind**

This session will explore interactive mats and toys that encourage children's music play. Materials are designed for in-class teaching, for center music play, and for take-home to help parents and the children make music together.

### **211: 15 Minute Circle Times**

15 Minute Circle Times are the key to successful and meaningful large group experiences. We will show you how to effectively plan curriculum that will spark children's interests and expand their learning all while being together in a large group.

### **212: I Started a Forest Preschool**

Nature provides the curriculum for young children and helps them develop in each domain. This presentation focuses on how to run a forest preschool and use emergent curriculum to maximize children's learning and minimize behavior problems.

### **213: Harnessing Toddlers Power For Good Not Evil!**

Come transform into your favorite super hero and learn how to diffuse a bomb (aka POWER STRUGGLES)! Super Heroes will learn how to deal with power struggles, implement new strategies into your environment, and make the children feel like superheroes too.

### **214: What's Up with ECERS-3?**

Want to improve the learning environment in your classroom? Learn how a monitoring tool can assist. This presentation will give you a heads up about the upcoming monitoring tool that will be used throughout Utah to assist early childhood programs reach quality.

### **215: The Project Approach with Two's**

The Project Approach with Two's: sensory, hands-on, fun! Our presentation will explain how to conduct a developmentally appropriate project with two-year olds, emphasizing each of the developmental domains.

### **216: Beat With Your Feet**

Come participate in "Beat With Your Feet" and learn how to take this program to your school. This is an energetic activity used for resiliency building and friendship connection within the school setting.

### **217: Supporting Infant Mental Health: Working as a Team**

Infant mental health is a staple for a child's success and the effects can span a lifetime. We know it matters. But what can we do? This class has information and strategies on how to work with parents and other caregivers to help support infant mental health.

### **219: How to use puppets to teach and entertain**

Use puppets with your children to enhance your lessons. Lots of ideas and demonstrations. A make-and-take class.

### **220: What is Utah's Child Care Quality System?**

Come and learn about the Department of Workforce Services, Office of Child Care new Child Care Quality System. This is your opportunity to learn about how Utah will be implementing the new requirements of the Child Care and Development Fund (CCDF).

### **221: Making music come alive in a classroom**

Why is music important? What can you do to bring music into your classroom? Let's create some musical experiences to take back to your classroom! Make and take music

### **222: Dealing With Difficult Parents - Conflict and Negotiation Management**

Early education teaching staff are generally nurturing caregivers who do not like conflict. Often when challenges arise with clients and parents, they find it difficult to navigate the challenges. This session will address the basic and overwhelming challenges that teachers face.

### **223: Dealing with Stress and Anxiety: A guide to sensory awareness and self-soothe skills**

Learn Sensory Soothing techniques to manage stress and anxiety.

### **224: Playing with Technology: Cultivating Emergent Digital Literacies**

Would you like hands-on experience with the latest technologies available for young children to use in early childhood classrooms? Are you interested in learning how to use technology in developmentally appropriate ways? Do you want to know where to go to find funding for technology? This class provides you with all these opportunities.

### **225: TALK, SING, READ, WRITE, PLAY: Early Learning at the County Library**

We will go over the 5 ECRR practices, the research behind each one and specific techniques to use for each practice.

### **226: Bus tour of Family Child Care homes (must also select session 321)**

THIS IS A TWO-PART SESSION MUST ALSO SELECT IN SESSION 2! Join other Family Childcare Providers for a bus tour a provider homes and a facilitated discussion.

### **227: Encouraging Self-Regulation through Connecting Principles (This class is repeated in session 3)**

Connecting Principles provide the foundation for healthy attachment and self-regulation. Learn engagement strategies that will strengthen and deepen your relationship with the children you care for and help them to gain self-regulation.

### **228: Moving and Grooving with Infants and Toddlers: Expanding Music Experiences to Enhance Brain Development**

If you are looking for ways to incorporate more music activities with your infants and toddlers, this workshop is for you. We will explore fingerplays, dances, musical games, active listening, instrument exploration, and more. Go home with ideas you can start using immediately, and resources to continue expanding the music experiences in your classroom.

### **229: Creating an Integrated Social/Emotional Learning Environment for Infants and Toddlers**

Children from birth to age three experience rapid brain growth and are 'learning to learn'. The right environment -both human and physical- sets the stage. This workshop will examine ways to integrate learning activities with the environment to support the social and emotional growth of infants and toddlers along with physical and cognitive development.

### **230: Using Conscious Discipline with Families**

Children from birth to age three experience rapid brain growth and are 'learning to learn'. The right environment -both human and physical- sets the stage. This workshop will examine ways to integrate learning activities with the environment to support the social and emotional growth of infants and toddlers along with physical and cognitive development.

### **231: Auditory Processing, Behavior and Maturity**

Learn the power of auditory processing and simple strategies to improve it, and how it impacts global maturity and behavior.

### **232: Shared Services 101**

This workshop introduces the concept of Shared Services in Early Care and Education. Geared primarily to directors and owners, the session will provide a deeper understanding of the Shared Services Theory of Change and general principles, and will profile a range of current Alliances and approaches, and lessons learned (It is also recommended to attend Session 122).

### **233: Continuous Program Quality Improvement Through Class Portfolio Creation**

This Session provides strategies on how to streamline your classroom portfolios to be able to focus on what matters most. This training is recommended for programs that already understand the accreditation process but are looking for guidance on the portfolio assembly process.