



FEBRUARY 2018 NEWSLETTER



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New This Month

Extended Hours of Operation

We are now open Monday through Friday 10AM-3PM for non-members with an extra Members Only hour from 3PM-4PM. Come by and see what we do with our time together.



Cocaine Anonymous meets weekly at ACHR. Join the new **Tuesday** lunch group from 12:00-1:00 and help us build a great new home group.

Upcoming Events

JTR Scholarship for Careers in Behavioral Health

The National Latino Behavioral Health Association (NLBHA) is providing scholarships for Latino students pursuing careers in behavioral health. Scholarships are awarded on a competitive basis and was designed to commemorate Josie Torralba Romero and her commitment to behavioral health. The JTR scholarship is offered to all levels of students pursuing an education in behavioral health. The application is available [here](#). Deadline to apply is May 1st, 2018.

New Client Orientation

The 1st and 3rd Wednesday of each month at 10:00AM. All new clients are required to attend orientation within one month of starting services with ACHR. You will learn about services available, membership perks and upcoming events at the center. Bring your insurance card and ID, if available.

Available Groups:

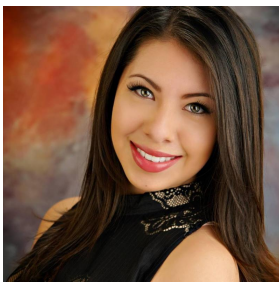
- Employment Empowerment Job Club
- SMART Recovery
- 4 Agreements
- Healthy Relationships
- Addict2Athlete
- Yoga
- Choice in Recovery



ACHR Membership

What can you get for **\$20** a year? How about a community of support?! For \$20 a year ACHR members: receive individual recognition, are invited to provide input for future programming, extended drop-in center hours, computer use and much more. Complete an application for membership today.

Meet Our Board



Catherine Trujillo- ACHR Board President

Catherine Trujillo is a native of Albuquerque, New Mexico who earned her BA in Psychology from UNM. Trujillo is a Business Consultant with SER Jobs for Progress, Inc. who specializes in workforce development as a liaison between employers, employees, and job seekers to help lower Albuquerque's unemployment rate, increase job retention and promote economic development. In addition to serving on the Albuquerque Center for Hope and Recovery Board, she also serves as the Vice President of the Taylor Ranch Neighborhood Association and also serves as a Board Member for the Domestic Violence Relief Fund.

Ms. Trujillo brings great insight to the ACHR Board of Directors and is an up and coming community leader. We are blessed to have our guiding our

Service Spotlight



Sani Yoga Studio
Albuquerque, NM

Free yoga is available in conjunction with Sani Yoga. Bring in your insurance card to receive up to three free classes per week. Group participation is available daily from 12:00-1:00PM.



ACHR is offering National Employment Network services to SSDI and SSI beneficiaries. Interested in going back to work, but still need to keep your Social Security benefits? We can help you manage both.



ACHR Program Calendar

New things are happening at ACHR like Healthy Relationships, Employment Empowerment, Stress Management and much more. [Updated calendar.](#)

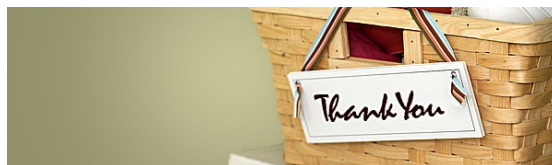


Addict2Athlete is a boot camp style workout group that incorporates exercise and an addiction recovery group. A2A is open to anyone facing addiction. Get a program application [here](#) or call for more information. Classes are M/W or T/Th at 7:00PM. We are always on the lookout for partners in the community to offer varying class times and locations. For more information call the Center or visit our facebook page [@a2anm](#).



CABQ Monthly Bus Passes

Available during regular hours of operation for \$10 Cash Only. Bus passes are valid for 30 days from first use.



ACHR Wish List

- ground coffee
- craft supplies
- musical instruments
- copy paper

- non-perishable food items
- bottled water
- satellite office to enhance services

Albuquerque Center for Hope & Recovery | 505-246-ACHR (2247) | www.ACHRNM.org

STAY CONNECTED

