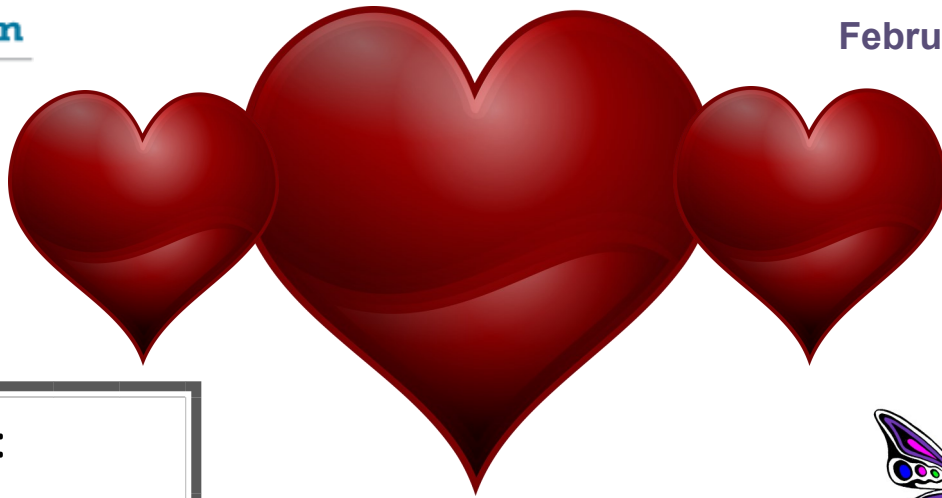


Director: Frances Harrelson



APLC DAY SCHOOL NEWS

February 2023



Calendar Dates:

Feb. 9—Board Meeting

Feb. 16—Parent Coffee Gathering

Feb. 22—Willie's Fundraiser

Feb. 21 & 22 Puppet Show

March 2—APLC Board Mtg.

Mar. 14-17- Spring Break

March 28-31- Online Silent Auction

Online Silent Auction

The online silent auction is fast approaching! Bidding will begin March 28th and end March 31st at 8:00 pm. As in the past, we are creating class books for each class and will have them on display as soon as they are completed for families to order. For those of you new to the program, the class books include pictures of the children showing all the learning opportunities and fun they have had this year. I promise—you will want one!

All proceeds will go to a new water feature as well as replenishing the rubber mulch on both playgrounds.

We need auction items of any kind—restaurants, gift cards, hair salons, photographers—ANYTHING would be greatly appreciated!

Class basket donation ideas have been sent out to you by sign-up genius. We will create class baskets from your donations to be auctioned off online for the Silent Auction. We will also have class planters decorated by each class that is always a huge hit! We will display items as they are completed. Thanks for any help you can give us.

2023-2024

Registration forms have been processed for the 2023-2024 school year. You have received notification of the class your child is enrolled for the next school year. We still have openings for the next school year—so spread the word to all your friends, neighbors and relatives!

Community Events, Parenting Tips and Resources

Looking Calm When We Are Not! -a love and logic tip from Dr. Charles Fay

The holidays are over, and a new year is ahead of us. If you think back over the past few weeks of the holiday season, do you remember times when you were not calm? Perhaps you even lost your temper with your kids? This is very common during the holiday season, but it can happen at any time. I know—it has happened to me!

What's the biggest parenting challenge for you? If you're like many parents, your biggest challenge is keeping cool when your kids are getting on your nerves! Why is it so important to at least look calm and collected as we provide consequences for our children's misbehavior? Because, as Love and Logic teaches, empathetic responses are always more effective than angry responses.

Here are some examples of the differences between angry responses and empathetic responses.

Anger creates resentment and rebellion.

Empathy ups the odds of genuine remorse and responsibility.

Anger says, "I can barely handle you!"

Empathy communicates, "I'm a competent parent and can handle you without breaking a sweat!"

Anger creates kids who become sneaky and do irresponsible things behind our backs.

Empathy creates kids who are more likely to behave, even when we aren't watching them.

When parents get into the unhealthy habit of nagging and repeating themselves, anger builds inside. By the time they finally follow through, they're too angry to think straight! Wiser parents set limits and follow through quickly, without using too many words. Because problems are dealt with in their early stages, the parent remains calmer, and their kids learn that it's not okay to perform "water torture" by constantly repeating the same frustrating behaviors.

Over the last 45 years, Love and Logic has developed simple techniques that can help parents keep calm and avoid angry responses toward their kids whenever stressful situations arise. One involves giving yourself permission to discipline your children without using reminders or repeated warnings. Another delays the consequences until parents are calmer and can respond rationally to their children's behavior.



- Sunday, February 12-26 2023 - All Day Event
- **Location:** 1 AT&T Center Parkway, San Antonio, TX 78219
- **Cost:** See site for details

The San Antonio Stock Show & Rodeo is one of the largest, most prestigious single events in the city of San Antonio and features a horse show, livestock show, and rodeo as well as activities, attractions, food, beverages, special events, shopping, live music, and more. NOW is the perfect time to purchase multi-rodeo ticket packages to get the best seats available for rodeo & concert performances. Ticket Packages are great to share with your family, friends, co-workers or use as employee and client incentives. The San Antonio Stock Show & Rodeo celebrates its 74th year with over a decade of the award as the Professional Rodeo Cowboys Associations Large Indoor Rodeo of the Year. With six PRCA events, and two WPRA event, rodeo fans are sure to see the best-of-the-best in the industry. Intertwined in the competition are our classic Grand Entry, Mutton Bustin and Calf Scramble.

Website: www.sarodeo.com



Estab. 1964

Texas Transportation Museum - Train Rides

- **When:** Sunday, February 12, 2023, 10:30 am - 3:30 pm
- **Location:** 11731 Wetmore Road, San Antonio, TX 78247
- **Cost:** \$6 and up

Join us for a train ride! Included with admission, unlimited rides and open to all!

Rides are 10-15 minutes and enjoyed on our flat car, or caboose. Diesel engines are rotated regularly. Flat car is ADA accessible, Caboose is not due to historical nature.

Website: txtransportationmuseum.org

Chapel Notes

Trail Rider's Breakfast



WHAT A GREAT TRAIL RIDER'S BREAKFAST WE HAD THIS YEAR! THE WEATHER WAS PERFECT AND THE CHILDREN HAD SO MUCH FUN. MANY THANKS TO ALL THE PARENT VOLUNTEERS THAT HELPED TO MAKE THIS EVENT SO SUCCESSFUL! WE COULDN'T HAVE DONE IT WITHOUT YOU! THE CHILDREN ARE STILL BRINGING ME "GOLD" THEY HAVE FOUND IN THE SANDBOX.



One of our stories this month is Joshua and the Big Wall. The children will hear how Joshua encouraged people, to understand that God's way is always the best way. Our puppet shows are on February 21 & 22nd. "Julie" and "Sandy" will share with us how we too can be ENCOURAGERS. This is always a fun one, "Sandy" does a little singing for us!

We will once again have our "Noisy Offering" Please start saving your coins! It will begin February 22 and go through Lent. The proceeds will benefit Lutheran World Relief.

Mrs. Kleinert

APLC Alumni

I had the opportunity to attend the musical play "My Fair Lady" at Churchill High School this week. There were three APLC Day School alumni in the play—Campbell Mace-Meador, Gavin Jernigan-Pruitt (actors in the play) and Katie Castleberry playing the violin in the orchestra. I am amazed by the talent of all the young people in the play but especially the alumni of the Day School! I highly encourage you to check out the performances of the local high schools—it will be the highlight of your year!

Parent Coffee Gathering

We will have our next Parent Coffee Gathering on Wednesday, February 16 right after drop-off in the gym. We will have a light breakfast including fruit, juice and coffee. Come and meet a new friend or get reacquainted with old friends!



APLC Church Activities



Stephen Ministry is grounded in Jesus' command to love one another. Through one-to-one caring relationships, those who are hurting receive the love and care they need to support them. Everyone goes through difficult times especially, with this pandemic. Having someone to care, to listen, to share God's love with you can help you through the confusion, stress, or loneliness you may be experiencing.

If you would like to talk about Stephen Ministry or would like a Stephen Minister please contact **Pastor Heather Hansen** for more information.

Worship Schedule

IN-PERSON WORSHIP

Sunday 8:30 & 11:00 am Saturday 5:30 pm

Nursery is available for children age 4 and younger.

ONLINE WORSHIP

Sunday 11:00 am / on demand

Online worship starts at 11:00 am Sunday morning. Tune in to our YouTube channel for a live-stream of

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Website: Aplcdayschool.org Email: dayschool@apl.org

Wednesdays in Lent Soup & Sandwich Supper

Wednesdays February 29 - March 29

5:30 - 6:45 pm

Come and share conversation and fellowship around the tables each Wednesday before worship. It's a potluck of soup and sandwiches—let us know what you plan to bring. Look for opportunities to sign up online and in person next week!

