

The Wheel®



This simple but effective illustration has been used by Navigators for more than fifty years. It helps Christians understand what they are called to do as disciples of Christ. Each part of this illustration represents a crucially important component of a vital Christian life.

Use this illustration to gain understanding about important spiritual disciplines in your own life. What areas encourage you? What areas challenge you?

Why not sketch out The Wheel illustration on a napkin or scrap of paper with someone you are discipling? Help challenge them to think clearly about how to be an obedient follower of Christ.

The Volitional Dimension: How You Relate to Yourself



The Hub: Christ the Center

See: 2 Corinthians 5:17; Galatians 2:20

Making Christ central in your life is an act of your will. Surrendering totally to Christ's authority and lordship may be at conversion or after some months or even years. God creates within you the desire to do what He wants you to do in order to express His lordship in your life.

The Rim: Obedience to Christ

See: Romans 12:1; John 14:21

Some acts of obedience to God are internal. But even these internal acts of obedience, such as attitudes, habits, motives, sense of values, and day-to-day thoughts, eventually surface in relationships with other people. The proof of your love for God is your demonstrated obedience to Him.

The Vertical Dimension:

How You Relate to God



The Word Spoke

See: 2 Timothy 3:16; Joshua 1:8

As God speaks to you through the Scriptures, you can see His principles for life and ministry, learn how to obey, and become acquainted with the Christ who is worthy of your unqualified allegiance. A vital personal intake of God's Word is essential for health and growth.



The Prayer Spoke

See: John 15:7; Philippians 4:6-7

Prayer is a natural response to God as you hear Him speak to you through His Word. It is sharing your heart with the One who longs for your companionship and who cares about your concerns. Prayer unleashes the power of God in your personal battles and in the lives of those for whom you pray.

The Horizontal Dimension:

How You Relate to Others



The Fellowship Spoke

See: Matthew 18:20; Hebrews 10:24-25

Learning from and encouraging others creates a chemistry pleasing to God. God has directed Christians to build each other up through inter-dependence and loving relationships with each other.

The Witnessing Spoke

See: Matthew 4:19; Romans 1:16

The natural overflow of a rich vibrant life in Christ should be sharing with others how they too can have this life. God has given believers the privilege and responsibility of reaching the world with the Good News about Christ.