

RUN the WHISKEYTOWN RELAYS A 4x4 Challenge

Virtual Runner!!!

4 Men	4 Women	Specialty (4 person)	
<input type="checkbox"/> 79 & under	<input type="checkbox"/> 79 & under	<input type="checkbox"/> 3 Gals and 1 Guy	<input type="checkbox"/> Running Club
<input type="checkbox"/> 80-99	<input type="checkbox"/> 80-99	<input type="checkbox"/> 2 Gals and 2 Guys	
<input type="checkbox"/> 100-119	<input type="checkbox"/> 100-119	<input type="checkbox"/> 1 Gal and 3 Guys	<u>2 Person team categories</u>
<input type="checkbox"/> 120-159	<input type="checkbox"/> 120-159	<input type="checkbox"/> Costume	<input type="checkbox"/> All Male <input type="checkbox"/> Coed
<input type="checkbox"/> 160-199	<input type="checkbox"/> 160-199	<input type="checkbox"/> Police/Fire	
<input type="checkbox"/> 200-239	<input type="checkbox"/> 200-239	<input type="checkbox"/> Married Couples	<input type="checkbox"/> All Female
<input type="checkbox"/> 240-279	<input type="checkbox"/> 240-279	<input type="checkbox"/> Family	
<input type="checkbox"/> 280 & over	<input type="checkbox"/> 280 & over	<input type="checkbox"/> Business (same employer)	

4 person Men's and Women's category add the ages of all four relay members.

WAIVER: In consideration of your acceptance of our entry, we intend to be legally bound, do hereby for ourselves, our heirs, executors and administrators, Waive and release forever, any and all rights and claims or damages we may accrue against the SWEAT Running Club, USA Track and Field, National Park Service, volunteers and any sponsors of other races, their successors, and representatives for any and all injuries suffered by our members while traveling to and from and participating in The Whiskeytown Relays. We attest and verify that we have full knowledge of the risks involved in this event, including, but not limited to those caused by terrain, weather, condition of the athlete, vehicles, other participants, and lack of hydration, that we all assume those risks, that we all assume and pay our own medical emergency expenses in the event of an accident, illness or other incapacity, regardless of whether we have authorized such expenses, and that we are physically fit to participate in this event. We grant permission to use our likeness taken in connection with this event without compensation. We have read the entry information provided for the event and certify our compliance by our signatures. We certify that all information on this form is true and complete.

All participants must sign below. The order does not matter. Email address is mandatory!

1 _____ 2 _____
3 _____ 4 _____

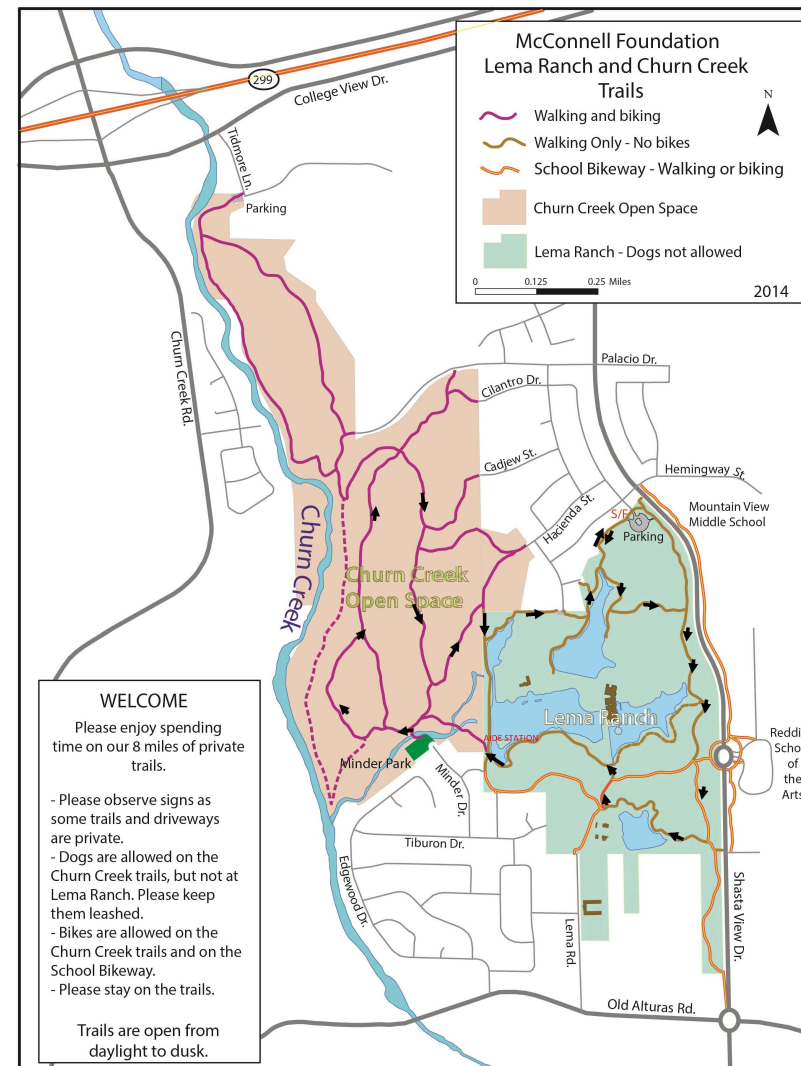
EMAIL (mandatory) _____ **Phone #** _____ **Team Name** _____

Name and Address (please print)	sex	gender specific	AGE
	M/F	S M L XL XXL	
	M/F	S M L XL XXL	
	M/F	S M L XL XXL	
	M/F	S M L XL XXL	

TOTAL AMOUNT ENCLOSED \$ _____
Make checks payable to SWEAT and mail to P.O. Box 990188 Redding, CA 96099

You may also drop your entry off at Fleet Feet Sports in Redding.
INFORMATION: Phone Tori Parks (race director) @ 530-515-6157

SWEAT RUNNING CLUB IS A 501C-3 TAX ID 94-3178856



Your Choice of a four mile run.

No Late Fees!

4 person teams \$120.00 2 person teams \$80.00
 Mail entry to PO Box 990188, Redding, CA 96099
 or drop it off at Fleet Feet Sports 1376 Hilltop Drive Redding
 Packet pick up and reg available Saturday September 22nd
Fleet Feet Sports Redding 11am-5pm

SWEAT Running Club "Running strong for our Community"

