






PARK'S MARTIAL ARTS www.parkstaekwondo.com

CLASS SCHEDULE

217 E. Park Ave. Long Beach, TEL: (516) 432 - 6006

EFFECTIVE
July 4, ~
September 3, 2022

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
SUMMER CAMP 9AM ~ 3PM (Monday ~ Friday)					
5:00 – 5:30 ALL BELT ONLINE CLASS	5:00 – 5:30 LITTLE TIGER 5 ~ 6 Years Old	5:00 – 5:30 PRIVATE CLASS! 	5:00 – 5:30 LITTLE TIGER 5 ~ 6 Years Old	5:00 – 5:30 PRIVATE CLASS! 	10:00am ~ 11:00am LEADERSHIP INSTRUCTORS & X - TEAM TRAINING
5:30 – 6:10 CHILD White to Yellow Belt	5:30 – 6:10 CHILD Orange to Green Belt	5:30 – 6:10 CHILD White to Yellow Belt	5:30 – 6:10 CHILD Orange to Green Belt	5:30 – 6:10 PRIVATE CLASS! 	
6:10 – 6:50 CHILD Orange to Green Belt	6:10 – 6:50 CHILD White to Yellow Belt	6:10 – 6:50 CHILD Blue Belt & Up	6:10 – 6:50 CHILD White to Yellow Belt	6:10 – 6:50 CHILD Yellow Belt Only	11:15 ~ 11:55 CHILD All Belt
6:50 – 7:30 CHILD BLACK BELT	6:50 – 7:30 CHILD Blue Belt & Up	6:50 – 7:30 CHILD Orange to Green Belt	6:50 – 7:30 CHILD Blue Belt & Up	6:50 – 7:30 CHILD – Orange up SPARRING	12:00 ~ 12:45 TEEN / ADULT All Belt
7:30 – 8:15 TEEN / ADULT ALL BELT	7:30 – 8:15 CHILD BLACK BELT	7:30 – 8:15 TEEN / ADULT ALL BELT	7:30 – 8:15 CHILD BLACK BELT	7:30 – 8:15 TEEN / ADULT SPARRING	AVAILABLE NOW! BIRTHDAY PARTY An Hour and a Half

This schedule was prepared with your best interest in mind.

1. Students will attend class with Mask, Socks and Belt.
2. Students must be here at least 10 minutes before class.
3. Students must take out their attendance cards before entering class.
4. Students must ask permission to enter class if they are late.



Sparring - Orange Belt & Up.
Little Tiger - 4 - 6 Years Old.
Children - 7 - 12 Years Old.
Teen - 13 - 17 Years Old.
Adult - 18 Years Old and Up.