



## Let Your Adventure Begin!

With Social Square Dancing (SSD), you'll be having fun and dancing the very first time you try it! Building on that, our 15-week session will get you ready to enjoy dancing with Arlington Squares and other area clubs.



## **Try Square Dancing!**

- **Exercise Your Brain**
- **✓** Fun for all Ages
- "Feel-Good" Activity

- **Crush Your Step Goal**
- - Make New Friends You'll be Smiling

## Try it for Free at one of our 4 Upcoming Beginner Dances:

Tuesday 9/3 or 9/10 7:00 - 9:00 pm @ Christian Church of Arlington Heights: 333 W. Thomas St., Arlington Heights

Saturday 9/7 or 9/14 10:00 am - 12:00 pm @ Gary Morava Center 110 W. Camp McDonald Rd., Prospect Heights

Wear casual clothes!



No partner needed!

Scan to request updates about future events & lessons.

