





Area 30 (www.msafg.org)

Fall 2019

Spring 2019 Assembly Minutes Draft Summary

- Assembly opened by Area Chairperson Cindy H. on March 16, 2019
- 21 attendees. District 2 hosted the Assembly
- Butch M. gave the Treasurer's Report. He requested future funds to be sent to the treasurer at: 1158 Ferncrest Dr. Jackson, MS 39211 with checks being made out to MSAFG with group number on the check.
- Minutes from the fall assembly were read. Two corrections were made. A motion was made and seconded that the minutes as corrected and as read be approved. Motion was passed unanimously.
- Old Business included Delegate's Report from Kathy E. for Jennifer M. who was at SERDGT about love gifts; Convention Update for the June 2019 convention in Cleveland; and Projected Schedule for future assemblies and conventions which the GRs present voted unanimously to accept the schedule and place it in the green motions book.
- District Reports were received from 1,2,3,4,6. Districts 5 &7 had no report.
- A workshop on service was presented by Kathy E.
- A motion was made, seconded and passed that the \$100 donation that mistakenly went to the general budget be sent to the delegate to cover additional expenses for the South East Regional Delegates Get Together (SERDGT). This was the intended purpose of the donation. The

Upcoming Events

2019 Area 30 Al-Anon Fall Assembly September 14 Hattiesburg, MS See flyer for details p. 10

C.O.L.A. 2019

Conference of Loving Alateens September 27-29 Percy Quin State Park See flyer for details p.11

Anniversary Dinner of Al-Anon on the Coast November 23 Gulfport, MS See flyer for details p.12

Southeast Regional Delegate Get Together SERDGT 2020 March 20-22 Puerto Rico See flyer for details p.13 treasurer agreed to write a check to the delegate for the \$100 and document it in the budget as an error.

- No new business was presented from the floor.
- Name tags and surplus writing tablets were turned over to District 6 for use at the fall assembly.
- District 6 will host the Fall Assembly
- Fall Assembly location was decided. It will be at the Open Door Community Church in Hattiesburg, MS on September 14, 2019.
- Meeting adjourned at 2:00 and closed with the Lord's Prayer and Alanon declaration.



DISTRICT REPORTS

District 1: Report by Shane H. Every position in the district is filled and most have alternates. Principles Above Personalities seems to help with service. Alateen meeting is going on in the district. Also, the Gulf Coast LDC will soon be located in the district.

District 2: Report by Mary E. This district sponsored the assembly this time, and meets about every three months. They recently asked WSO for help with participation and found their advice was beneficial. Participation is the key to harmony, and it works if you work it.

District 3: Report by Betty O. Susan is the DR and is active. There are five groups in the district which are active. Two groups are very large. Tradition One helps keep unity in the district. Biggest problem is that no one wants to do service past the group level, although all groups have been generous enough to pay for DR to go to the assembly.

NEW LITERATURE

JUST FOR TONIGHT

Just for tonight, I will be grateful. I will give thanks for the past day—its failures as well as its successes, its sadness as well as its joy and its pain as well as its pleasure. I will take comfort in knowing that every event and circumstance that occurred today can be used for my good and the good of others.

Just for tonight, I will accept that I have done the best I could, remembering that my goal is spiritual progress and not perfection. I will let go of any expectation I had for this day, as well as any disappointment, shame or guilt I felt for not being perfect today.

Just for tonight, I will be humble. I will give my shortcomings to a Power greater than myself, trusting that doing so can bring about changes in me that I could not bring about by myself.

JUST FOR TONIGHT Bookmarks Available for purchase. 20 for \$1.00

Contact Charlotte <u>Cwood311@comcast.net</u> Literature & Forum Coordinator

Welcome to our newest group Today's Hope Broadmoor Baptist Church Madison, MS

Tuesdays at 6:30 pm

DISTRICT REPORTS continued

District 4: Report by Leigh R. Jennifer M. is the DR. The district is starting a new group in Madison with Alateen also as a possibility. They have new officers in the district and support the WSO. They have suggested a speaker panel on service in Alanon.

District 5: No report

District 6: Report by DR. Three meetings have been held since the fall assembly. Outreach is the focus at this time and "Alanon Faces Alcoholism" pamphlets have been given out to each of the seven groups in the district. 180 letters were mailed so far to attorneys, barber shops, beauty salons, bail bondsmen, and churches with only 18 having been returned as undeliverable. Groups in the district have paid for the stamps and the envelopes to do this outreach. Each letter was accompanied by some literature and all literature is stamped with the local Alanon phone number and the Mississippi AFG website. We hope to increase participation with this outreach. Also, a new group was started since November so we say we have seven groups that meet eight days a week! Since the gulf coast LDC coordinator has resigned the LDC is closed until April. The new coordinator is Selinda G. and the LDC will be operating out of the Ocean Way clubhouse in Long Beach. This is in District One. District Six is responsible for the next Assembly which is September 14 at this same facility Start time will be determined by the AWSC.

District 7: No known report, no DR



COORDINATORS REPORTS

Betty O. agreed to be the forum and literature coordinator.

Beth S. agreed to be Public Outreach.

District Seven has no DR or GRs. Patty B. (Secretary) will work with the Group Records coordinator to analyze the situation.



Area Contributions To:

MSAFG 1158 Ferncrest Drive Jackson, MS 39211

Make checks payable to: MSAFG

Include your Group Name and Group # on the Check



Group Record Change Form To:

AFG 146 Pittman Road Ocean Springs, MS 39564

AFG Headquarters 1600 Corporate Landing Pkwy Virginia Beach, VA 23454

Form on page 14

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ALA-TALK News

2019 MSAFG Spring Convention was a huge success!

This year's convention was held in Cleveland the weekend of June 7-9. Many came to participate in sharing experience, strength and hope. We had a record-breaking year for participation in the Silent Auction and are so thankful for the generosity of all who contributed prizes for the Raffle and items for the Silent Auction.

D-SAC – Deep South Alateen Conference

The 2019 D-SAC conference was held May 3-5 in Loranger, LA at Camp Living Waters. This year's attendance was very low and we ask that you please consider attending next spring's conference. All members of Alateen, Al-Anon and AA are welcome!

FALL ASSEMBLY COMING UP SOON!

Here's the Agenda for the Upcoming Fall Assembly. Please make plans to attend!

Fall 2019 MSAFG Al-Anon Assembly			
AGENDA			
Location: HATTIESBURG, MS.			
Date: 09/14/19			
10:00 Call to order give out evaluations	Leigh		
10:15 Roll CallRecognize first time assembly attendees, introduce AWSC members present, count up Leigh			
10:30 Assembly minutes & ask it basket	Secretary		
10:45 Treasurers Report	Treasurer		
11:00-3:30 OLD BUSINESS			
3:40-5:00 NEW BUSINESS			
Adjournment			



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June 7-9, 2019 Rebos, 400 N. Sharpe Ave., Cleveland, MS

AGENDA

Raffle drawings will be throughout the day and the Silent Auction will close Sat., 7:30pm <u>Friday, June 7</u>

5:00 pm Registration and Silent Auction Opens 5:30 pm Fellowship and Dinner 7:30 pm Welcome and Raffie 8:00 pm Speaker – Al-Anon, Linda H., Lake Village, AR

Saturday, June 8

7:30 am Fellowship and Breakfast 8:00 am Registration 9:30 am Opening comments and Raffle 10:00 am Speaker – Al-Anon, Julie F., Long Beach, MS 11:00 am Break and Raffle 11:30 am Fellowship and Lunch 1:00 pm Speaker – AA/Al-Anon, Stephanie T., Gulf Shores, AL 2:30 pm Workshop – "Working the Steps in 15 minutes", Jennifer M. and Mollie R. 3:30 pm Break and Raffle 5:30 pm Hula Hoop Contest 6:30 pm Fellowship and Dinner 7:30 pm Silent Auction Closes, Raffle and Introductions 8:00 pm Speaker – Al-Anon, Beverly B., Lewisville, TX

Sunday, June 9

9:00 am Fellowship and Breakfast 10:00 am Speaker Gail W., Olive Branch, MS 11:00 am Convention Closing

AREA WORLD SERVICE COMMITTEE (AWSC)

The primary function of the AWSC is to plan for the general improvement of both the Assembly & the groups. Voting members of this committee are usually the officers of the Assembly, the DRs, Coordinators of services (such as Alateen, Archives, Public Outreach (Public Information, Cooperating with the Professional Community, & Institutions), Literature, Group Records, Forum or Newsletter), & liaison members from any Information Services (Intergroups). The Chairman of Al-Anon/Alateen activities at an A.A. area convention or Chairman of Area Al-Anon & Alateen Conventions should also participate in AWSC meetings.

These meetings, called & chaired by the Area Chairman, may be held at stated intervals to hear and discuss the Delegate's report, to consider Area matters, to suggest items of interest for the Area newsletter, all with the purpose of informing and unifying the groups in the Area. To equalize travel expenses, successive meetings may be held in various localities within the Area.

Throughout the year, the AWSC is responsible for submitting questions that cannot be resolved at the district or Assembly level to the WSO. It also plans the Assembly agenda, prepares the Area budget, and studies the need for alternatives to these "World Service Handbook" suggestions and presents its finding to the Area Assembly.

When advisable, the AWSC suggests revisions of boundaries of existing districts to be approved at the Area Assembly.

When Al-Anon & Alateen groups are to participate in an A,A. or Al-Anon convention, a separate convention planning committee may be formed, using the talents of the membership as a whole. To assure liaison with the convention planning committee, a convention Chairman may be appointed or elected by the AWSC, He is responsible to the Area and submits reports to the Area Chairman.

All Al-Anon/Alateen members, except those who are also members of A.A, are eligible to serve as an Area Coordinator. Guidelines for Area Coordinators are available from the WSO or on the WSO Member's website. (2014-2017 Al-Anon/Alateen Service Manual, pp 162-63)

DONATE

Consider what you have been given...

And give back!

Make a donation on your Al-Anon Birthday!



Make checks payable to "MSAFG" Mail to: MSAFG 1158 Ferncrest Drive Jackson, MS 39211

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FROM THE DELEGATE'S DESK

My first World Service Conference

I remember the moment at World Service Conference I heard Terry T., a fellow delegate from Alaska say, "being a delegate was like pouring Miracle Gro on my program." That perfectly describes my experience since agreeing to stand for delegate last fall. In my 5-1/2 years in Al-Anon I have always said yes to service, starting as Treasurer of my home group, then Group Rep, then District Rep. In considering whether I would stand for delegate or any other service position, I'm grateful my Higher Power always urges me on even though I don't have a clue what I'm doing at the time!

As delegate I'm still learning and expect that will be the case during the next 2-1/2 years of my term. It is exactly what I need for my program and for my life. At one time I owned a company and had a lot of "executive" skills but by the time I came into recovery I had lost the company and all my skills. Each step of the way in service I have regained skills and most importantly, my self-esteem, my self-confidence, and my "voice". After living with the disease for 33 years I could hardly put a sentence together and felt I would shortly be in a mental hospital when I walked into my first meeting. The first day of Conference my mentor encouraged me to get up to the microphone and state my opinion when the moderator asked for comments. I could never have imagined 5-1/2 years ago that I would be the first delegate walking up to the "mike", confident and eager to share.

Most of the stories I had heard about being delegate were about how much work it requires. As I prepared to go to World Service Conference, I worried about whether I could handle it. I also obsessed about what to wear and how I was going to be able to keep up with the other delegates, many who had been in the program and done service much longer than I had or had the luxury of preparing for several years while serving as alternate delegate.

Finally, the night before leaving I was able to truly "Let Go and Let God". I told my Higher Power that if He had put me in this position then He must be capable of providing whatever I would need along the way. The next day He showed up and took care of the smallest of details, encouraging me that He would be there for the big ones to come. Here are just two examples:

By the time I got to the Memphis airport, my flight had been delayed which turned into the first blessing. One thing I hadn't had time to do before leaving was polish my shoes. Most likely, no one else would notice but my dad always told me, "if you wear clean shoes it shows you care". Approaching my gate, I noticed a shoeshine stand right next door. I asked the gentleman how long it took to get a shoeshine and he replied, "7 minutes". I had 9 minutes

AL-ANON DINNER

Wednesday, September 18, 2019 6pm-8pm

Gulf Coast Men's Al-Anon Dinner and Speaker Meeting. Bring a dish to share at 6pm followed by speaker Kay M. at 7pm. 50/50 drawing

> DE L'EPEE DEAF CENTER 1490 NORTH ST., GULFPORT, MS



before boarding so was able to start my trip polished and ready to tackle the day!

My second flight was also late, and we sat on the tarmac so long I didn't have time to stop to eat as I ran toward my gate. I have learned to use HALT and could feel the hunger coming on but with no option to take care of myself---or so I thought. Just as I made it to the gate an announcement was made that anyone in line could have a free sandwich and chips from the cart they had just wheeled into the boarding area! Those two small instances assured me I was not alone on this journey.

During the Welcome to Conference it was stated that one of the Board's goals was that the Conference would have a spiritual tone. I felt it from the first meeting of the first day where we had three countries represented around our one table and although I can't speak French or Spanish, our connection to each other was immediate. Just meeting more than 100 joyful "sisters" and "brothers" in the program who encouraged me every step of the way every day was transformative and hearing the stories of each outgoing delegate strengthened our common bonds. Laughter infusing every business discussion and presentation, no matter how serious, and crying as I opened love notes and love gifts from other delegate a truly life-changing experience and it's why I wish every member could experience the gift of serving as delegate. It will probably be time for me to step down about the time I'm getting the hang of this position, but I am so grateful for the awesome privilege to represent you and all the other members in Mississippi.

In loving service,

Jennifer M. Panel 59 Delegate Mississippi

ARCHIVE YOUR ACTIVITIES!

Anniversary Dinners, Speakers, Workshops or Activities

Please submit a copy of your flyers to the Area Archives for presertion of our Group or District activities.

(Be sure to include Month, Day & Year on flyers)



Be a Contributor!

The ALA-TALK would like to include your stories or quotes. Please submit a story of up to 150-200 words or a favorite quote. Email submissions to: bettysmithson6@gmail.com

World Service Office (WSO)

Find out what's happening in the newsletter *In The Loop* www.Al-anon.org

MSAFG

Check out all our Mississippi Al-Anon webpage for information about our program in the state. <u>www.msafg.org</u>

FALL AWSC MEETING RECAP

- Meeting was held at Open Door Community Church on August 17, 2019. The meeting opened with Serenity Prayer and 12 concepts of service and general warranties were read.
- Attendees: Jennifer M., Delegate; Cindy H., Area Chair; Patty B., Secretary; Butch M., Treasurer; Leigh R., Alternate Chair; Daphne F.; Beth S., Public Outreach Coordinator; Heidi Z., District 1 Representative; Larissa A., District 2 Representative; Sharon H., District 5 Representative,; Kathy E., past delegate
- Patty B., Area Secretary, read the minutes from the last AWSC meeting in February. Minutes were approved unanimously

- Agreed to move the meeting between Brandon and Hattiesburg
- District 1 will host the spring assembly
- Butch presented the treasurer's report. SERDGT will have to be increased for Puerto Rico. Only one time increase. Add \$200 for Delegate for next year
- Public Outreach asked for \$200
 budget
- Workshop on 12 steps
- Officer's reports & Coordinator's Reports
- Skit
- New Business
- Surveys
- Adjourn

To receive ALA-TALK for FREE, email <u>AlaTalkMS@gmail.com</u>

Printed copies are available. Cost of printed ALA-TALK is \$5.00 (2 issues) per year. Complete this form and make checks payable to MSAFG. Mail form and check to ALA-TALK, 155 Castle Circle, Madison, MS 39110

ALA-TALK SUBSCRIPTION	Date
Name of Subscriber/Group	
District #	
С/О	
Address	
City	State Zip Code
Enclosed: Cash \$ Check	#
New Renewal	Address Change

AI-ANON FALL ASSEMBLY "Loving interchange of help among members"

Sept. 14, 2019

10:00am

Open Door community church 2180 Oak Grove Rd., Hattiesburg, MS

Business meeting, Workshop, Raffle and FUN!!!

You'll need the service manual, an open mind and a heart for participating

Bring your Experience, Strength and Hope, your Al-Anon friends and your sponsor for a day of business, raffles and fun!!

C.O.L.A. 2019

Conference of Loving Alateens

Alateen, Al-Anon & AA's welcome!

September 27th, 28th, 4 29th, 2019 CHECK-IN WILL BEGIN AT 4:00 P.M. @ PERCY QUIN STATE PARK 4085 MISSISSIPPI 48 EAST McComb, MS 39648

ALL PERSONS ATTENDING MUST PRE-REGISTER BY FRIDAY, SEPTEMBER 13, 2019

REGISTRATION FEES - for members of ALATEEN, AL-ANON, ↓ AA Early Registration - \$65.00 by Friday, September 6, 2019 Late Registration - \$70.00 by Friday, September 13, 2019

MALE ALATEEN DORM & FEMALE ALATEEN DORM, MALE ADULT DORM & FEMALE ADULT DORM

FEE INCLUDES:

2 NIGHTS LODGING, 5 MEALS AND ALL CONFERENCE ACTIVITIES Friday night dinner @ 5:00 PM – Conference ending Sunday @ 12:00 PM

CASHIER CHECK OR MONEY ORDERS ONLY – NO CASH OR PERSONAL CHECKS Make payable to: COLA

> FOR A REGISTRATION FORM CONTACT Nani W. 228-234-4443 btrmaliawilliams@gmail.com (REFERENCE COLA in subject line)

> > or

Mallory A. 985-277-7964 <u>malloryaa@yahoo.com</u> (REFERENCE COLA in subject line)



Join Us in Celebrating The 71st Anniversary Dinner of Al-Anon on the Coast

(Sponsored by District 1 Mississippi Al-Anon Family Group)

Saturday, November 23, 2019

12:30 pm - 4:30 pm

24th Avenue Fellowship Club

2518 24th Avenue, Gulfport, MS

SPEAKERS:

Al-Anon: Julie F, Pass Christian AFG

AA: Hank R, Gulf Coast AA

Each District 1 group provides either a pre-sliced turkey or ham and dressing, while individuals bring sides, salads or desserts in disposable containers with disposable serving utensils.

Food!!! Raffles!!!

\$Fifty/Fifty\$ Fun!!!



SAVE THE DATE! PUERTO RICO IS WAITING FOR YOU!

SOUTHEASTERN REGIONAL DELEGATES GET-TOGETHER (SERDGT) 2020

MARCH 20-22

PUERTO RICO AREA – 62

FIRST NAME AND LAST NAME: (PLEASE PRINT)

PANEL # _____ STATE

CURRENT MAILING AREA:

E-MAIL ADDRESS:

AREA NAME:

TELEPHONE NUMBER:

ESTIMATED ARRIVAL:

DATE AND TIME:

FLIGHT:_____

AIRLINE:_____

ALTERNATE DELEGATES ARE INVITED TO PARTICIPATE, THIS IS A GREAT LEARNING EXPERIENCE FOR THEM.

GROUND TRANSPORTATION MAY BE AVAILABLE, PLEASE LET THE HOST KNOW.

PLEASE REGISTER BY FEBRUARY 25, 2020, WE DO HAVE A ROOM BLOCK AT THE HOTEL.

ONE BLOCK FROM THE HOTEL IS THE BEACH. THE AREA IS CONVENIENT FOR SHOPPING AND GREAT RESTAURANTS. IN FROM OF THE HOTEL IS A CASINO.

IN OTHER WORDS, WE HAVE WHAT YOU WANT. IT'S TIME TO BE IN VACATION TOO.

THE SUN, THE BEACH, INTERNATIONAL RESTAURANTS, PUERTORICAN FOOD AND THE BEST OF ALL; YOU CAN KNOW PART OF OUR CULTURE.

HOST CONTACT PERSON: MABEL MEDINA, DELEGATE AREA 62, PUERTO RICO

787-688-8455 medina_mabel@hotmail.com

Al-Anon Group Records Change Form

Please submit this form through your Area Group Records Process or the WSO

1. Group Record	2. Status	3. Changes		
WSO I.D. Number	Change	Group Name	GR GR	Meeting Place
District Number	🖵 Inactive	Current Mailing Addre	ss (CMA)	Meeting Time
Area Name (Abbreviation)		Phone Contact for the	Public	Meeting Day
4. Group Registration Overview				
Group Name*			ance with the A	Al-Anon policy will delay process-
Mailing Language				
Location Meeting Place				
Meeting Address				
CityState/Province			Country	
Group email				
Phone Contact for the Public				
First Name		Phone Number		
First Name				
5. Meeting Details		Additional Meeting		
Day Time	🗆 ам 🖵 рм	Day	Time	am apm
Meeting Attendees:		Meeting Attendees:		
General Families and Friends onl		5	lies and Frie	
Spoken Language Member Count		Spoken Language Member Count		
 Beginners* Introductory** Limited Access*** Handicap Access Child Care Fragrance Free Smoking Permitted Sign Language 		□ Beginners* □ Intro □ Handicap Access □ C □ Smoking Permitted □ S	hild Care	Fragrance Free
ocation Instructions		Location Instructions		-
*held in conjunction with a regular Al-Anon group meeting, not ** Attendance changes frequently; not considered an Al-Anon g *** Meeting access is limited due to the facility's entry restriction	roup. Attendees are invit	ed to go to regular Al-Anon meetings.		
6. Current Mailing Address (WSO mail for the	group is sent to the	e postal and email addresses)		
First Name		_ Last Name		
Street/PO Box				
State/Province				
Phone Number				
7. For Area Use Group Rep Other _		Last Name		
Street/PO Box				
State/Province				
Phone Number		Email		
The WSO will register any group designating itself as an Al-A to any Al-Anon members. <i>Al-Anon/Alateen Service Manual</i> (P2)		• ,	the Traditions	and that meetings will be open
Submitted by: Date:	Phor	ре: Еп	nail:	