

ABLE House Guidelines

ALCOHOL & DRUGS

- Sobriety
 - Sobriety is the primary purpose of the Able House
 - There will be no compromise
 - Methadone will not be allowed.
 - Frequent attendance at AA/NA meetings is encouraged
 - Hosting of AA/NA meetings at the Able House is subject to a vote of the members
- Alcohol or drug use
 - As soon as use is suspected, the House Manager calls a Special Meeting
 - A vote requires half the membership present and 75% majority to dismiss.
 - If a member is drunk or high, he will be dismissed immediately
 - If the use is passive, the member will leave the next morning following the vote
 - There will be no exceptions
 - A readmission guideline of 30 days of sobriety
 - Accept the fact that “tough love” stops relapses

MONEY

- Set a weekly or monthly rental amount for each member
 - Weekly rent for a double is \$125, due by Sunday each week for one week in advance
 - Monthly rent for a double is \$500, due by the 4th of each month for the current month
 - Weekly rent for a single is \$150, due by Sunday each week for one week in advance
 - Monthly rent for a single is \$600, due by the 4th of each month for the current month
 - Sobriety Deposit of 2-weeks rent, or \$250 for a double and \$300 for a single
 - Sobriety Deposit is non-refundable
 - Sobriety Deposit will be used for last 2-weeks rent after notice is given to vacate the member's room
 - Sobriety Deposit will be forfeited should a member be dismissed
 - Key Deposit of \$50, refunded once the room key is returned
 - Total funds collected for new membership is \$425 for a double and \$500 for a single
 - Members will be confronted at the Weekly Meeting if they fall behind, and a plan will be established to correct the situation

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HOUSEHOLD TASKS

- Establish a list of tasks that need to be performed, for example (other tasks can be added):
 - Cleaning the bathrooms
 - Cleaning the floors
 - Mowing the lawn
 - Shoveling the walk and driveway
 - How to deal with the groceries purchases by each member
 - How to deal with meals and their preparation
 - How to deal with clean-up after meals
 - How to deal with shopping for meals
 - Spring and Fall House Cleaning
- Determine the frequency of the tasks
- Determine how the task will be performed
 - If one member will perform the task or
 - If a rotating schedule is preferred based on a vote at a Weekly Meeting
 - Determine the length of the rotating schedule if chosen
- Assign the responsibility of each task to a member accordingly

OFFICERS

- House Manager
 - Must be a resident of the Able House
 - Calls and leads Weekly Meetings and Special Meetings
 - Keeps pending applications for new members
 - Assigns and reviews Able House chores
 - Collects weekly rent in money order form.
 - All rooms may be inspected weekly by Manager.
 - Inform House Manager if you are to be away overnight.
 - House Manager has the right to enter Residents' rooms without prior notice.
 - House Manager has the right to do random drug and alcohol testing at any time on any Resident.

COMMUNITY RELATIONS

- Alcoholics Anonymous/Narcotics Anonymous
 - Members should attend AA/NA meetings as needed
 - Let AA/NA members know about the Able House and its mission
 - Hosting of AA/NA meetings at the Able House is subject to a vote of the members
- Neighbors
 - Members will be good neighbors
 - Keep the outside of the Able House looking good
 - Be considerate of neighbors:
 - Keep the noise levels low
 - Not congregate and smoke in the front of the ABLE House
 - Where cars are parked