

May/June 2019
At a glance
Full descriptions of activities in bulletin.



ANNOUNCEMENTS

May 19, 2019

306-761-0556 eastsideunited@sasktel.net
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 Follow us on Twitter @Eastside_united
 www.eastsideunited.ca



Welcome to Eastside United. May our opportunities of ministry offer you rest, challenge and peace on your Christian journey.

Ministers:

Minister: Russell Mitchell-Walker
 Greeting: Dianna Ingham and Bonny Manz
 Congregational Care Greeter: Sheri Nupdal
 Prayers: Linda Fowler
 PowerPoint: Stephannie Banks
 Music ministry: Michelle Dickie
 Last week's attendance: 72
 Last week's offering: \$2078

Congregational Meeting
Sunday, June 9
Program reports are due May 21.
Thank you!

Russell's e-mail address: russell.eastside@sasktel.net

Office Hours:

Tuesday, Wednesday and Thursday from 8:30 am to 3:30 pm

Russell's Office Hours:

Tuesday through Thursday, working from home Friday.
 Wednesday afternoons from 2 to 4:30 pm: Coffee Shop Office Hours
 Russell will be at the Quance Street Second Cup for the month of May.

PRAYER SERVICES: Russell is inviting anyone who wishes to join him for a short service of prayer. Tuesday, at 12 noon, Wednesday at 8:15 am, and Thursday at 4 pm. NO PRAYER SERVICES NEXT WEEK.

Scripture Readings: Romans 1: 1-17

Songs:

This is the Day That God Has made MV #122
 The Spring Has Come VU #187
 Hey Now, Singing Hallelujah
 Hallelujah, Hallelujah, Give Thanks VU #179
 It's a Song of Praise to the Maker MV #30 vs 3
 Love Divine VU #333
 Halle, Halle, Halle VU #958

| Sun | Mon | Tues | Wed | Thurs | Fri | Sat |
|--|----------------------|--|--|---|--|---|
| 19 Worship 11:15 Prayer Candles | 20 AA 8 pm | 21 Cards 9:30 Prayer 12 pm TOPS 6:30 Grat. Team 7 pm | 22 Prayer 8:15 am Leadership Team, 7 pm Music and You 7 pm | 23 Craft/Study 1:30 Prayer 4 pm Community Dinner Faith Form. 7 pm | 24 St. Philip Lobster Supper 6 pm INI Café 6 pm | 25 ICF Breakfast 9 am |
| 26 Worship 11:15 Potluck | 27 AA 8 pm | 28 Cards 9:30 Prayer 12 pm TOPS 6:30 Film&Faith Holy Yoga fundraiser 7 pm | 29 Prayer 8:15 am | 30 Craft/Study 1:30 | 31 | 1 Messy Church 4 pm |
| Living Skies Annual Meeting | | | | | | |
| 2 Worship 11:15 Communion | 3 AA 8 pm | 4 Cards 9:30 Prayer 12 pm TOPS 6:30 | 5 Prayer 8:15 am | 6 Cong Care 10 am Craft/Study 1:30 Prayer 4 pm | 7 | 8 Women's Breakfast 8 am LBC Big Shred |
| 9 Worship 11:15 Open Hearts Congr Mtg | 10 AA 8 pm | 11 Cards 9:30 Prayer 12 pm TOPS 6:30 | 12 Prayer 8:15 am | 13 Cong Care 10 am Craft/Study 1:30 Prayer 4 pm | 14 | 15 |
| 16 Worship 11:15 | 17 AA 8 pm | 18 Cards 9:30 Prayer 12 pm TOPS 6:30 | 19 Prayer 8:15 am | 20 Prayer 4 pm | 21 | 22 ICF Breakfast 9 am |

St. Philip Senior Ministry Outreach card playing program, Tuesday mornings at 9:30 am in the East Sanctuary at the Living Spirit Centre. Whist and lessons to those that would like to learn. Come out and enjoy fellowship, coffee and card playing. For more information, call Rod 306-535-2877. There is a short morning prayer service from 9 am for those interested. Everyone is welcome.

LSC Meditation Group: We will gather one last time the afternoon of Sunday June 23 for a trip to Moose Jaw to walk the Labyrinth of Peace. We will meet at 1:30 pm in the LSC parking lot and carpool to Moose Jaw. Feel free to bring friends. This is a guided walk done with smartphones so a few of us with good roaming packages will have to bring our phones to hear the guides and will take us the entire afternoon. Interested in a visit to the Moose Jaw spa when we're done? If so, bring a bathing suit and we'll plan the car pools accordingly.

Eastside's Craft/Study Group Thursdays at 1:30 pm in the East Sanctuary! Join us as we share in discussion, handiwork and coffee time following. We are reading *The Inconvenient Indian: A Curious Account of Native People in North America* by Thomas King.

BAPTISM SERVICE COMING UP ON SUNDAY, JUNE 23: Do you or someone you know have a family that would appreciate knowing about this service? Please talk to Russell.

Lobster Supper: St. Philip's annual Lobster Supper will be held on Friday, May 24. Doors open at 6 and lobsters will be served after 6:30. Tickets are \$35 per person (or chicken for \$20). Dinner includes salads, baked potato, buns, dessert and hot butter. Wine and beer will be available to purchase. For tickets or more information, contact Don Metz at 306-789-5241 or dmetz@accesscomm.ca.

Eastside Community Dinner, Thursday, May 23 5:45 pm. We begin with a short service – prayer, candle-lighting, singing – followed by a meal. Please RSVP by May 21 if you can join us. Suggested cost \$7/person; \$20/family. Pay in advance at the office or purchase a ticket at www.Bit.ly/Dinnertickets (NO fees!). We'll need helpers for set up and clean up – come have fun with us! Talk to Russell if interested.

Next ICF Breakfast, Saturday, May 25 from 9 am to 12 noon. The fourth Saturday of each month, Eastside volunteers set up, serve and clean up following breakfast for residents of north-central Regina. Would you like to participate in this family-friendly outreach ministry? Please reach out to Peter Braun at peterbraun@myaccess.ca.

LSC Forever... in Motion program is taking a break until September! *Forever... in Motion* is a physical activity program for adults 50 and over. Benefits include stronger muscles and bones, better overall health, weight control, improved posture and balance, reduced risk of injury, relaxation and reduced stress, improved quality of life, and improved cognitive ability. And it's FREE! More info will be available toward end of summer. **Start date Thursday, September 5 at 10 am.**

LUMSDEN BEACH CAMP NEWS

Registration is Open! Lumsden Beach Camp has programs for children from ages 5-18, plus a super fun Family Camp. Join us for a summer you won't forget. www.lumsdenbeachcamp.com

The Big Shred

Saturday, June 8 – Living Spirit Centre parking lot (3018 Doan Drive)

In partnership with Crown Shred Recycling Management, Lumsden Beach Camp is inviting you to bring your paper recycling to us on June 8th. The experienced professionals of Crown Shred will be on-hand and donating their services to take and confidentially shred whatever you bring. A single bag or a van load, we will deal with it for a donation (recommended \$5/bag or \$10/ box). Plus, you will be supporting Lumsden Beach Camp!

Next INI Café Friday, May 24, doors open at 6 pm, performances at 7 pm. Volunteers needed!



Film & Faith, Tuesday, May 28. Movie possibilities are: The Grizzlies, Tolkien, or The Public. Please RSVP to Russell or on Facebook and follow our Facebook event page.

Prep for Pride, potluck and poster-making party. Friday, June 14 from 6 to 8 pm at Wesley United Church. Join us for a rainbow-themed potluck meal as we make posters for the Pride Parade. We have craft supplies for posters, but feel free to bring your own too. Bring a dish to share, and please bring your own plate and cutlery if possible. This is a fun, family-friendly event and all are welcome!



Broadway United Church - **Ukrainian Supper** Wednesday, May 22, 2019
Supper 6 pm Entertainment 7 pm Featuring: Tavria Ukrainian Folk dancers
Tickets: adult \$25 children under 10 - \$10; contact Lorna 306-757 – 1149.

Broadway United Church – **Strawberry Sale** – Saturday, June 1, 2019 pick-up from 8:30 am to 1 pm for presale tickets call 306-352-1526 or 306-757-1149 \$25.00 full flat or \$14.00 ½ flat

Sunset Rummage Sale: Come find some new-to-you treasures at the Sunset Rummage Sale! Friday, May 24 from 5 pm to 8 pm and Saturday, May 25 from 8 am to 1:30 pm. For more information find our event on the Sunset United Church Facebook page or on the Sunset website at sunsetunited.ca