



Marietta Martial Arts at East Lake

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
L' Dragons (4-7) White - Black 45-min	4:45 or 5:30	4:45 or 5:30 or 6:15	4:45 or 5:30	4:45 or 5:30 or 6:15	Special Events	-- 9:45 am
Beginner TKD White - Green 45-min	4:45 or 5:30 or 6:15	4:45 or 5:30 or 6:15	4:45 or 5:30 or 6:15	4:45 or 5:30 or 6:15	Special Events	-- 9:45am or 10:30am
Inter / Adv TKD Purple – Black 45-min	5:30 or 6:15	5:30 or 6:15	5:30 or 6:15	5:30 or 6:15	Special Events	-- 9:45 or 10:30am
Sparring	--	--	--	--	--	--
Adult Self-Defense 45-min	7:00 EL & TR	--	7:00 EL & TR	--	--	--
Gracie Ju Jitsu 45-min	6:15 WL Only	--	6:15 WL Only	--	--	10:30am WL Only

Marietta Martial Arts @ East Lake 2145 Roswell Rd, Ste 200 770-321-1371	Marietta Martial Arts @ Trickum 2323 Shallowford Rd, Ste 104 404-369-9712	Marietta Martial Arts @ Woodlawn 1205 Johnson Ferry Rd, Ste 104 770-977-9400
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