



**HOSTED BY:** Hotshots 27 Adams Court, Plainview NY 11803  
**Phone:** 516 576-0001 **Fax:** 516 576-0006  
**MEET DIRECTOR:** Cristian Leric email: [hotshotsgym@gmail.com](mailto:hotshotsgym@gmail.com)  
**COMPETITION:** Men's USAG Level 4-10  
**MEET FORMAT:** Modified Capital Cup: Warm up, Compete  
**COACHES HOSPITALITY:** Open throughout competition  
**ENTRY FEE:** Men's Level 4-10 \$105.00 Team Fee \$55.00 (3+ members)  
**EQUIPMENT:** All new AAI Elite Equipment  
**ADMISSION FEE:** \$15 per adult \$10.00 children 5 & under free  
**HOST HOTELS:** Holiday Inn 215 Sunnyside Blvd, Plainview NY  
Call: 516 349-7400 (2 blocks from gym)  
Four Point Sheraton 333 South Service Road, Plainview NY  
Call: 516 694-8500 (5 minutes from gym)  
**Awards:** Participation & All Around Award  
**Deposit:** \$100 deposit per level needed to hold spot

February 4-6 2022 - deadline December 1st 2021 - scratch December 29 2021

