

Chantarelle News

Sonoma, California

Chantarelle Homeowners' Association

March 2017

MARCH

March used to be the first month of the year in Roman times. This made sense, as March includes the first day of Spring and that is associated with rebirth and new beginings. Notable days this month include: Ash Wednesday on March 1; Daylight savings begins on Sunday, March 12: St Patrick's Day on Friday, March 17; First Day of Spring on Monday, March 20. Happy month everyone!

FROM GLORIA ROMANI

To Our Neighbors and friends in Chantarelle:

Thank you for all the caring and concern you showed my family during my husband's illness. Words cannot express how deeply this touched us during this difficult time. I feel very fortunate to live in such a loving and connected community. Love, Gloria and family

HOA MEETING

The next HOA Meeting will be the Annual Homeowners Meeting, held in the clubhouse on Tuesday, March 21st, commencing at 3pm. All homeowners are encouraged to attend this important meeting.

DIRECTORY UPDATES

Our 2017 Directory will be printed in March. If you are a new owner or resident, or if your details have changed, please advise John Dodgshon at 933-8395 or email john_dodgshon@hotmail.com. The required details for the directory are: Name(s), address, phone number(s) and, if possible, email address(es).

SAD NEWS

My friend and fellow homeowner Bob Tacherra recently passed away. Bob was also a past HOA Board member. We will miss his jokes, smile and inquisitive nature. Our sympathies are with Jeannine and all of Bob's family. ~ Dave Owens

TGIF PARTY

The next TGIF is at the clubhouse on Friday, March 3rd, starting at 5:45pm. All residents are invited and we look forward to seeing you there. Newcomers to our community are especially encouraged to come along, meet their neighbors, and make new friends. There is no admission charge, just bring a beverage of your choice and a small item of food to share.

SAVE THE DATES March 17th. 5:45

Please join in a mid-month TGIF to celebrate St. Patrick's Day.
Bring an appetizer to share and wear your green. Beer and desserts will be provided, but bring your own wine"

April 23rd, 3:00-6:00

John Dodgshon will again bring his Marin Jazz Group to the clubhouse for an afternoon of Jazz. Flyers will be distributed in early April for reservations."

PRESIDENT'S REMARKS

March is the month that we spring ahead in terms of time and season. The flowers, plants and trees are welcoming their blooming season especially with all of the rain that we have had. We celebrate TGIF on March 3rd

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and another special TGIF on St. Patrick's Day, March 17th. Don't forget the Consolidated Special Election on March 7th and the Annual Meeting on March 21st. (The current plan is to distribute the 2017 Directory at the Annual meeting.) We will review all that has happened during the past year-- how time does fly! We are looking ahead to our upcoming pool season, and we still need additional volunteers for the Pool Committee. The pool will open on April 15th. The HOA board is working on plans to improve safety around the pool area, possibly adding a ramp and railings.

We are still collecting quotes for signage at both entrances to our community. We hope to get underway with replacing the current signs soon. Some electrical fixes in and around the clubhouse are also planned for repair as of this writing. I want to congratulate Pat Chace and Roger Young on their anticipated continuation as HOA Board members. We also thank John Dodgshon for his continued efforts for all of us with the Newsletter and Directory, as well as the chantaralle.org website (maintained by Mary Howland). These publications give us all a better opportunity to become informed about Chantarelle. The Backflow issue seems to be on hold for now, as we await clarification from the state's Water Board. We will continue to update you as we receive more information. Remember to vote, walk, exercise, enjoy and appreciate life and continue to help your neighbors and friends in good times and in bad. That way we stay strong as a community. Enjoy Chantarelle and all that it has to offer you. ~ Dave Owens

LANDSCAPING NOTES

Hi there, friends and neighbors of Chantarelle. Spring is coming closer and closer, and we are all beginning to see the brand new buds forming on trees and even a bit of new foliage popping out on some of our trees. With all the rains we've had, it is likely that we are about to experience a most incredible spring season in our neighborhood landscape. Here are just a few notes for you from Debbie and me ... Second Winter Tree Pruning Postponed to Summer: You may realize that the magnitude of intense winter of rains and storms here in our Sonoma Vallev has caused a great deal of damage to trees — not in our community, but in many places throughout the valley. Because of this, our tree pruning service, Ryan Garrison's "Art and Science Tree Service" has been so busy attending to emergency tree situations that we have not been able to get on Ryan's calendar for the second round of winter tree pruning here in Chantarelle that we've been planning on since last December. Ryan's advice to us is to postpone this round of pruning to summer because pruning trees in the spring can cause damage to the new growth that is coming forth with the spring growing season. We do know that several of you have made requests for tree pruning projects, and so we want you to know we haven't forgotten! We just need to work with the "hand" that nature and the elements have been dealing us. You can anticipate an update with

specific dates for this pruning project in our May newsletter. Coming Soon: Plant List Tailored to our Chanterelle

Community: Debbie and I are in the midst of putting together a detailed plant list that will soon be available to all residents. In this list, we are featuring plants that we feel are best suited for our landscape in terms of lowering water needs, providing habitat for birds, butterflies, and bees, and offering flowers and foliage that are varied and appealing. particularly for the fronts of our homes and in our common areas. By no means will you be limited to selecting from this list when choosing desired plants to enhance the front of your home. However, for those of you who are looking for recommendations from us as to what would work ideally for your particular location and would bring you pleasure to see on a daily basis as you come and go from your home, this list should provide you with a helpful range of choices. We'll keep you posted as to when this will be available. We will place copies in the clubhouse so you can easily access the list. We can also email you an electronic version upon request.

That's it for this month! We hope you will enjoy a gorgeous March as we transition from winter to spring, and we look forward to seeing you around the neighborhood. ~ Debbie & Susan

SAFETY & WELFARE NOTES

Sunday, March 12th at 2 a.m., Daylight Saving Time begins. Before retiring on Saturday night (3/11), set all clocks one hour ahead.

This is also a good time to check batteries in smoke alarms, CO2 detectors and any other essential battery-operated devices in your home. If you have had sleep issues related to the time change, here are some tips to keep the grogginess to a minimum and ease your body into the new "time zone," according to the University of Michigan Sleep Disorders Center.

- * A few days before Daylight Saving kicks in, hit the sack a little earlier each night. Even 15 minutes earlier for three days can make a difference.
- * Also, set your alarm clock for 15 minutes earlier successively for each of the three days before Daylight Saving starts.

 Make sure to set your clock one hour forward before going to bed on March 11, not the next day. Sleeping in on Sunday will only cause problems down the line. Experts say to wake up at your normal time. ~ Peggy Owens 343-7087 powens2@juno.com

ELIMINATING RODENTS

From Paul Strong: Trapping rodents is an effective method of control. Trapping is especially desirable when poisons cannot be used: near food, small children, pets, or livestock. Rodent "snap traps" are inexpensive. There are two sizes: the smaller trap is designed for mice and the larger for rats. It is important to choose the proper size trap. Several rat traps should be set to maximize trapping effectiveness.

Placement of traps is crucial to their effectiveness. Place traps in areas frequented by rats. Rats establish runways along fence tops and next to walls. Look for the presence of rat droppings when placing traps. Place the narrow end of the trap (which contains the trigger) against a wall or known runway. Snap traps can also be attached to pipes or studs with wire, nails or screws. Better results are usually obtained if two traps are set side by side. It is also a

good idea to pre-bait: that is, use a Healthcare in the 7 Flags baited but unset trap so that the rodent can become familiar with the trap. This requires only two or three days, after which the traps can be baited and set.

From Roger Jack Young: Here is a possible rat problem

solution...

Mix 1 part Plaster of Paris with 3 parts Old Fashioned Quaker Oats. Mix well and put into a container and place where you find their poop. Maybe behind the refrigerator or the stove if they are in your house. Keep it away from any animal that you do not want to kill and out of the weather, i.e. rain! The rats and mice eat this and it clogs up their digestive

HEALTH & WELLNESS

system and they die.

Thursday, March 9 from 2:00 to 3:00 at the 7 Flags Clubhouse, you are invited to hear Sonoma Valley Hospital's Chief Medical Officer, Robbie Cohen MD and Sonoma Cardiologist, James Price MD, who will speak on how to have a healthy heart and what to do in event of a cardiac emergency. Dr. Cohen will discuss emergency care and explain what happens in the event of a cardiac emergency. He will also discuss different symptoms that men and women may experience. Dr. Price will talk about heart health, lifestyle, and advances in cardiac care including new technologies and medications. They will cover emergency care and new technologies, to explain what the symptoms are for a cardiac event and what one can expect when they call 911 for care in Sonoma Valley and, finally, the steps you can take to reduce your risk, according to Dr. Cohen. Thursday, March 16, from 2:00 to 2:30 you can stop by for a free blood pressure check from Healing at Home - Skilled Home

Clubhouse Library. No need to sign up, just stop by. Contact: Maggie Bedord 939-0379 or 7flagssocial@gmail.com

SUNSHINE COMMITTEE

If you know of anyone at Chantarelle who is sick or if you have a new neighbor, please let Willy Hoekstra know, so that she can contact them. Willy's phone number is 996-0661.

CLUBHOUSE RESERVATIONS

To reserve the clubhouse for an event, please call Linda Jackson at 415-987-0021.

NEWSLETTER

Please submit items for the newsletter to John Dodgshon, 933-8395, or email him at: John Dodgshon@hotmail.com. Our thanks to Cecilia Angel for her continued dedication to delivering the newsletter.

CHANTARELLE WEBSITE

Please submit items for the Chantarelle Website to Mary Howland, 650-468-1119 or email her at: char797@aol.com.

MANAGEMENT COMPANY

Strong Property Management PO Box 1368, Sonoma, 95476 Paul Strong 933-9151 Email: paul@strongmgt.com 24 hour Emergency Number: 1-800-359-2362.

BOARD OF DIRECTORS

Dave Owens, President 343-7087 Michael Hashii, V-President 996-4817 Ron Yamato, Treasurer 415-305-1400 Pat Chace, Director 935-7301 Roger Young, Director 938-2582

CHANTARELLE WEEKLY CALENDAR								
Monday	Tuesday	Wednesday	Thursday	Friday				
Yoga 10am		Bridge 12:30pm	Mah Jongg 10am	-				
Art Club 1pm	Flex Exercise 4:30-5:30		Flex Exercise 4:30-5:30					

MARCH 2017

Sun	Mon	Tue	Wed	Thu	Fri	Sat
			1	2	3	4
			Ash Wednesday		TGIF 5:45pm	
5	6	7 Clubhouse Reserved for Special Election	8	9	10	11
12 Daylight Saving Begins	13	14 Bunco 1-4pm	15	16	Special St Patrick's Day TGIF 5:45pm	18
19 Clubhouse Reserved	20 Spring Begins	21 Annual Homeowners Meeting 3pm	22	23	24	25
26	27	28 MexicanTrain Dominoes 12:30-4pm	29	30	31	

Waldron Landscaping is now here on Monday & Tuesday 1-4pm and Thursday & Friday 8am until 1pm. Garbage, recycling and garden trash pickup is every Monday.