



**CHOCOLATE AND WHITE MILK SERVED DAILY. CHOICE OF SALAD BAR IS AVAILABLE TO GRADES 3-12. MENUS ARE SUBJECT TO CHANGE**



**Nutrition Tip:** Make half your plate veggies and fruits. Vegetables and fruits are full of nutrients that support good health. Choose fruits and red, orange, and dark-green vegetables such as tomatoes, sweet potatoes, and broccoli.



Reference: USDA MyPlate

### Monday

### Tuesday

### Wednesday

### Thursday

### Friday



PULLED PORK NACHOS **1**  
CORN  
PEACHES  
FRUIT JUICE

CORN DOGS **2**  
BAKED BEANS  
FRESH FRUIT  
GRAHAM CRACKERS

CHICKEN ALFREDO **5**  
GREEN BEANS  
PEARS  
BREAD

CHICKEN PATTY **6**  
MASHED POTATOES  
BROCCOLI  
FRUIT SALAD  
BREAD

BBQ RIB **7**  
TATOR TOTS  
PEACHES  
OATMEAL COOKIE

PIZZA **8**  
SALAD  
APPLESAUCE  
PUDDING

CHICKEN FAJITAS **9**  
MEXICAN RICE  
FRESH FRUIT  
REFRIED BEANS  
CORN

NO SCHOOL TODAY **12**

COUNTRY FRIED STEAK **13**  
MASHED POTATOES  
SALAD  
PINEAPPLE  
BREAD

TACOS **14**  
CORN  
APPLESAUCE  
CARROT STICKS

CHEESEBURGER ON BUN **15**  
BAKED BEANS  
PEARS  
YOGURT

SAUSAGE PATTY **16**  
HASHBROWN  
PANCAKES  
ORANGE JUICE

CHICKEN PATTY **19**  
GREEN BEANS  
PINEAPPLE  
BREAD  
YOGURT

LASAGNA **20**  
ROLLS  
SALAD  
PEACHES

CHICKEN STIR FRY **21**  
RICE  
CORN  
PUDDING  
FRUIT JUICE

PIZZA **22**  
SALAD  
FRUIT SALAD  
FRUIT COBBLER

HAM SANDWICH **23**  
TATOR TOTS  
APPLESAUCE  
CARROT STICKS

SAUSAGE GRAVY AND **26**  
BISCUITS  
HASHBROWNS  
ORANGES  
CARROT STICKS

HOT HAM AND CHEESE **27**  
SANDWHCH  
SPAGHETTI AND SAUCE  
GREEN BEANS  
PINEAPPLE  
BREAD

CHILI **28**  
CINNAMON ROLLS  
BROCCOLI  
PEACHES

HOT DOG ON BUN **29**  
MACARONI AND CHEESE  
SALAD  
PUDDING DESSERT  
APPLESAUCE

NO SCHOOL TODAY **30**