



Tiffin University

Indoor Track Meets- *Heminger Center*

350 Miami Street Tiffin, Ohio 44883

Track: 200m Mondo Super- X 13.5mm Surface
6 Lanes on the Oval
8 Lanes on the Sprint straight

Running: 60m Dash and 60m Hurdles will have prelims and finals
One Heat Final of 8 runners All other events are timed finals

Jumping: Mondo rubber surface- Two Pits (Northwest & Southwest)
LJ: Wood board at 7' from pit
TJ: Wood boards at 30'/36'6" and 43'/49'6 from pit.
PV: Runway is located in the center of the track.
HJ: One pit with multipurpose Mondo approach, take off surface Mondo Super X.
Starting Heights
Men's HJ - 1.74m/5'8.5" (5cm increments) Women's HJ - 1.43m/4'8.25" (5cm increments)
Men's PV - 3.85m/12'7.5" (15cm increments) Women's PV - 2.65m/8'8.25" (15cm increments)
***Meet management may adjust starting heights & increment progressions due to field sizes or for National Qualifying marks.

Throws: Wooden circle with cage for the weight throw. Wood circle for shot put
Three throws with the top 9 throwers to finals
Weigh-in will be in the Turf Room (warm-up area) in the Southeast corner one hour prior to the event.

Timing: Finish Lynx
New results scoreboard.

Locker Rooms: Lockers and showers available, bring your own towels and locks. Tiffin University is not responsible for any lost/stolen items.

Food Services: Team food will be stored in the East classroom upstairs marked “Team Food”

NO FOOD WILL BE ALLOWED ON THE TURF, MONDO OR TEAM CAMP AREA.

Concession stand is located near the entrance of the facility.

Parking: Buses can drop off in front of the Heminger Center and will park behind the Heminger marked Team Parking.

Spikes: 1/4 Spikes are the longest allowed. No CHRISTMAS TREE or NEEDLE/PIN Spikes. No Spikes allowed upstairs, in the training room, locker rooms, classrooms, or hallways.

Results: Will be posted on second floor hallway. Official results will be posted by noon the following day.

Admission: \$5 for all spectators. NO SPECTATORS INSIDE THE CENTER TRACK AREA! Standing room is available around the track or upstairs in the main bleachers only. NO ATHLETES IN THE BLEACHERS.

Entry Procedure:

Teams and individuals wanting to enter must register online through www.directathletics.com

No entries via fax, e-mail, Hy-Tek File, or phone will be accepted. If you are entering yourself into the meet as an unattached individual athlete, you must create an INDIVIDUAL or “RED SHIRT” athletes must register on their own via www.directathletics.com. Emailed entries are \$20 per athlete.

Final Entries are due via DA the Wednesday prior to meet at midnight. Scratches ONLY will be taken the day of at the SCRATCH TABLE.

Entry Fee: *All Meets \$275 per team, Men and Women combined is \$550*

A Team is any school with 12 or more athletes.

(All Meets)

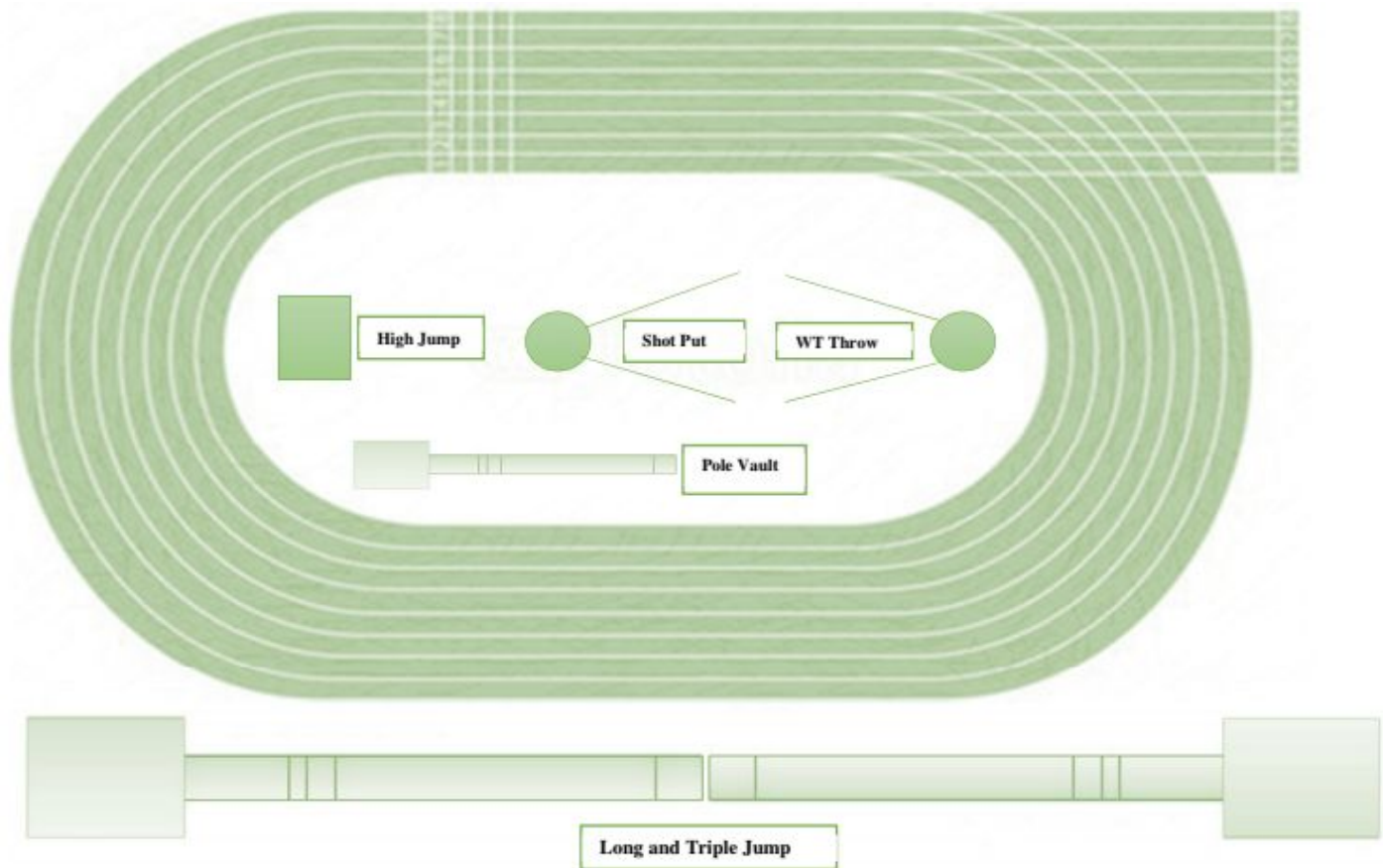
\$20 late fee/day of fee will be charged for athletes trying to enter late.

Packets/Heat Sheets/Results:

Packets can be picked up in the Turf room on the main level. Scratches will be taken at the Turf Room desk located in the South corner up to 30 minutes prior to the beginning of running events. Heats will be seeded right after scratches are made and posted 30 minutes before running event begins. Results will be posted both on the wall on the second floor of the track.

Warm-up/Team Camps:

Set up all team camps in the Turf room on the outer edges. Keep a jogging oval around the team camps open for warm-ups and cool-down. No food on the turf! Access to the track and center area will be restricted to coaches, athletes, trainers, managers, and officials.



Meet Manager: Raymond Robinson
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