



4C Family Center of Washington County Newsletter

2376 W Washington St, West Bend, WI 53095
Office: 262-338-9461
www.wcfamilycenter.org



Strengthening families by providing parent education & family activities.

4C-FOR CHILDREN, INC.

For May through August 2022



4C-for Children serves Kenosha, Milwaukee, Ozaukee, Racine, Washington & Waukesha Counties
Main Office: 1736 N 2nd Street, Milwaukee, WI 53212 • Office: 414-562-2650
www.4c-forchildren.org

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Office Closed:

Mon, May 30 Memorial Day

Mon, July 4 Independence Day

TUESDAYS

Family Play & Learn

Playgroup
(formerly Drop-In)

LOCATION: 4C FAMILY CENTER

TIME: 9:30 – 11:00AM

**NO SIGN-UP NEEDED FOR THIS ONE –
COME WHEN YOU CAN & LEAVE
WHEN YOU MUST!**

A great morning out for the kids – and YOU! Join the fun with open play time, then put the toys away and it's on to a special craft, snack and circle-singing time, too! Playgroup is for you and your 0-5 year old to come and enjoy whenever you can!

Please Note:
**NO Play & Learn on
June 14 or July 12**



THURSDAYS

Meet us at the Park

SEE PAGE 4

**Please Note: NO Thursday at
the Park on July 14**

Greetings,

Things have started to roll along here at the Family Center. We are doing all in person programming which is exciting! Make sure you check out all of our great offerings.

Our mask mandate has finally been lifted and our hope is to never have to bring it back!

Something new for this summer as you will see is the Bookworm Buddies Book Club which is being offered to our older kids. And also in place of the summer field trips, Sarah will travel to our local parks to have fun! A snack and project will be offered. Please join Sarah for those!

Have a Great Summer Everyone!

Thanks for your continued support!

Kathy

PROGRAMS

Programs are held at the 4C Family Center, 2376 W Washington St, West Bend.

REGISTRATION REQUIRED & SPACE IS LIMITED SO REGISTER EARLY

– PLEASE CALL: 262-338-9461 –

BOOKWORM BUDDIES BOOK CLUB

WEDNESDAYS:

JUNE 8, JULY 27, AUGUST 17

6:30 - 7:30PM

For kids 2nd-4th grade/7-10 years old --
Or similar reading level.

Join us for the first Family Center book club that is designed for the older Family Center kids in the family. We will meet once a month to discuss a book, have a snack and spend time with our Family Center Friends. This summer we'll read *The Phantom Tollbooth* by Norton Juster. This quirky fantasy story reveals how a restless and precocious ten-year-old boy learns to appreciate the ordinary things in life after he embarks on a wondrous journey.



PHONE
REGISTRATION
BEGINS

MONDAY, MAY 2nd
@ 8:30AM

REGISTER @ 8:30AM BY PHONE: 262-338-9461
FOR MAY, JUNE, JULY AND AUGUST PROGRAMS

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LET'S START WITH A

BOOK

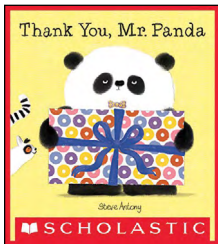
Pajamas
STRONGLY
Encouraged!

LOCATION: 4C FAMILY CENTER

TIME: 6:00 – 7:30PM

AGES: INFANT – 6 YEARS

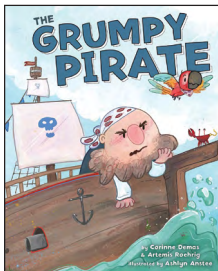
Space
is
Limited



THANK YOU MR. PANDA:

Generous Mr. Panda is giving away presents to all his animal friends, including a mouse, an octopus, an elephant, and a lemur, but they aren't being very grateful about the gifts they receive. It may be because the presents aren't quite right...

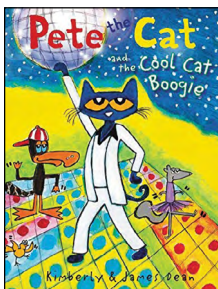
TUESDAY, MAY 24



THE GRUMPY PIRATE:

Can Grumpy Gus turn his frown upside down before the other pirates make him walk the plank?

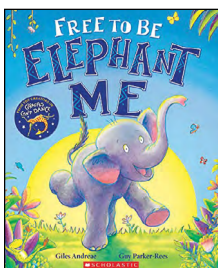
TUESDAY, JUNE 7



PETE THE CAT AND THE COOL CAT BOOGIE:

Put on your dancing shoes—Pete is ready to boogie! Pete is learning a new dance—the Cool Cat Boogie! When he hears a groovy beat, he's full of happy in his feet. But when Grumpy Toad tells him, "Pete, you dance all wrong!" Pete is determined to become a better dancer.

TUESDAY, JULY 19



FREE TO BE ELEPHANT ME:

It's time for the Elephant Games! Every young elephant parades their talent in front of the king to earn their special elephant name. But Num-Num doesn't have a special skill to display. With a little help from some familiar friends, will this little elephant learn that being yourself is the most important talent of them all?

TUESDAY, AUGUST 23

A NIGHT OUT WITH

DAD

(OR GRANDPA, UNCLE, OR OTHER
SIGNIFICANT MALE IN YOUR CHILD'S LIFE)

LOCATION: 4C FAMILY CENTER (unless otherwise noted*)

TIME: 6:00 – 7:30PM

AGES: MOST APPROPRIATE
FOR 2 – 6 YEAR OLDS

Mother's Day Make it-Take it

Daddies, be a big hit at your house by bringing your little ones to make a special gift for Mom. Nothing says love like a handmade gift from the kids.

THURSDAY, MAY 5



Sounds in the Night at Lac Lawrann:

Tonight we'll get out in the great outdoors and take a nature hike to see if we can hear and maybe find some owls, bats and frogs. After we have done that we will get to enjoy s'mores by the campfire.

*LOCATION: 300 SCHMIDT ROAD, WEST BEND

TUESDAY, JUNE 21 **PLEASE NOTE THE CHANGE IN DAY



Pint Sized Picasso's:

Join me for a night of messy, painting fun. We'll create some projects using crayon resist art and water color paints. Don't miss this mess night of creativity.

THURSDAY, JULY 21



Let's Build LEGO Robots!

In this exciting robotics project, we will use the LEGO NXT Robots technology to learn what a robot is, how to build one, and how to program it.

Presenter: Elliott Lawrence,

UW Extension 4-H Youth Development Educator

THURSDAY, AUGUST 18



EDUCATIONAL WORKSHOPS

All Educational Workshops are held at the
4C Family Center, 2376 W Washington St, West Bend
(unless otherwise noted*) (Times vary so check schedule)
MUST REGISTER Please call: 262-338-9461

MAY

MANAGE SCREENS BEFORE THEY MANAGE YOU:

Parents share many challenges when it comes to raising happy healthy children. One of those challenges includes the use of technology. Screens aren't good or bad. They are tools we use in daily life. Mindful technology use and conversations around family values and screen use help make technology a benefit rather than conflict for families. Values + Strategies = Family Media Plan.

PRESENTER: Carol Bralich, *Human Development & Relationships Educator, Associate Professor Extension Washington County*

WEDNESDAY, MAY 11 • 6:00-8:00PM

ESTABLISHING AND LEARNING THE IMPORTANCE OF HOME ROUTINES:

Routines Promote Positive Self-Care and Independence. Planned routines help children get up and out the door on time, organize school belongings, provide structure, and ease family stress. Daily habits enhance self-care, organization and independence. Routines are critical in helping children feel safer, develop life skills and build healthy habits. Come learn the importance of routines and how they teach life skills.

PRESENTER: Ann Fuerbringer, *Parent Educator*

THURSDAY, MAY 19 • 6:00-7:30PM

JUNE

COPING WITH PANDEMIC GRIEF AND RAGE:

Do you feel overwhelmed by the losses and changes the pandemic has had on you and your children? Come to a workshop on discussing all of the changes of the past 2 yrs (this isn't political, just a discussion about schools and workplace changes and their impact on us as individuals and families). We will talk about coping strategies and ways to discuss with different age groups.

PRESENTER: Shana Schloemer, *M.S., LPC, Co-Director, Psychotherapist, Northshore Clinic and Consultants*

TUESDAY, JUNE 14 • 6:00-7:30PM



4C Family Center
of Washington County
WARMLINE:

Trantrums?
Potty Training?
Sleepless Nights?
Discipline Questions?
Maybe just someone
to talk to?

CALL:
262-338-9461

TRIPLE P - POSITIVE PARENTING PROGRAM EN ESPAÑOL

Dealing with disobedience/ Manejando la desobediencia:

Do your children test limits or push boundaries when you've told them to stop? Does your child have difficulty following directions? Learn reasons kids don't always do as they are told; and ways to set limits and teach children to do the right thing.

¿Sus hijos ponen a prueba los límites o traspasan los límites cuando usted les ha dicho que se detengan? ¿Tiene su hijo dificultad para seguir instrucciones? Conozca las razones por las que los niños no siempre hacen lo que se les dice; y formas de establecer límites y enseñar a los niños a hacer lo correcto.

PRESENTER/PRESENTADORA: Laura Salcido

**WEDNESDAY JUNE 15/MIÉRCOLES 15 DE JUNIO
6:00-8:00PM**

TRIPLE P - POSITIVE PARENTING PROGRAM EN ESPAÑOL

Managing fighting and aggression/ Manejando la agresión y las peleas:

This discussion group will focus on fighting and aggression and ways to address the behavior. Strategies will focus on creating consistent, clearly stated rules and consequences, as well as ways you can prevent aggression before it happens.

Este grupo de discusión se centrará en las peleas y la agresión y las formas de abordar el comportamiento. Las estrategias se centrarán en crear reglas y consecuencias coherentes y claramente establecidas, así como en formas en las que puede prevenir la agresión antes de que suceda.

PRESENTER/PRESENTADORA: Laura Salcido

**WEDNESDAY JUNE 29/MIÉRCOLES 29 DE JUNIO
6:00-8:00PM**



JULY

TRIPLE P - POSITIVE PARENTING PROGRAM: *Dealing with Disobedience*



We all know what it's like to face that moment when our children just don't do as they are told.

This discussion group will give some positive suggestions to help teach your child to accept limits, do as they are told, and to understand the meaning of the word NO!

PRESENTER: Kathy Bruni & Sarah Mitchell, *Triple P Educators*

THURSDAY, JULY 7 • 6:00-8:00PM

HEALTHY SUMMER SNACKS:

Let's talk about healthy snacks that taste good! Salty/Savory Crispy/Crunchy - what to grab when you or your kids have the munchies.

PRESENTER: Missy Propper, *Certified Nutrition, Wellness & Lifestyle Coach, Authentic Wellness*

THURSDAY, JULY 28 • 6:00-7:30PM

AUGUST

SUPPORT FOR LGBTQ+ FAMILIES

We would like to present a space this evening for families who have LGBTQ+ members to discuss what issues you may face in this community. Do you feel supported/welcomed in your child's school? Does your child feel welcomed? Do you feel welcomed at your doctor/dentist/hair stylist/shopping in the community? Do you or family members feel they need to explain who they are or why same gendered parents are together or how you or your child identifies? Let's get together to discuss these barriers in our community and what we can do to improve everyone feeling welcome and safe.

PRESENTER: Shana Schloemer, *M.S., LPC*
Co-Director, Psychotherapist,
Northshore Clinic and Consultants

TUESDAY, AUGUST 9 • 6:00-7:30PM

RAISING HEALTHY CHILDREN

Join us tonight as we learn natural ways and practical tips to boost your child's immune system and help your child thrive. What could be better than having a healthy, happy child and learning how to do it naturally.

PRESENTER: Andrea Lange, *DC River Shores Chiropractic*

TUESDAY, AUGUST 16 • 6:00-7:30PM

THURSDAYS AT THE PARK

THURSDAYS AT 9:30-11:00AM

Instead of Fieldtrips that we've done in the past, we will meet at local parks to hang out and play with our Family Center Friends. We may do a project or structured activity. In case of rain, we'll meet at the Family Center for indoor play.

June 9 Riverside Park

(800 E Kilbourn Ave. – West Bend)

Join us as we kick off the summer with a visit to Riverside Park.

June 16 Villa Park (Squire Lane – West Bend)

June 23 Ridge Run Park

(300 South University Dr – West Bend)

June 30 Prairie Meadow Park

(Prairie Dr and Cloverview St – West Bend)

July 7 Kenny Park

(14th Ave just North of Oak St)

July 21 Quaas Park

(2500 County Creek Circle – West Bend)

July 28 Sunset Park

(Jefferson St & 18th Ave – West Bend)

Aug 4 Royal Oaks Park

(Auburn Rd – West Bend)

Aug 11 Decorah Hills Park (Highlandview Dr & Bobolink Ln – West Bend)

Aug 18 Barton Park

(2100 N Salisbury Rd – West Bend)

Aug 25 Ziegler Park (Corner of Lincoln Dr S & Terrace Dr – West Bend)

Join us at the park as we say good-bye to summer. We'll play and blow bubbles and have a great time. We'll enjoy a pot luck lunch. Please bring a dish to share, plates and utensils will be provided.

PHONE
REGISTRATION
BEGINS

MONDAY, MAY 2nd
@ 8:30AM



REGISTER @ 8:30AM BY PHONE: 262-338-9461
FOR MAY, JUNE, JULY AND AUGUST PROGRAMS

4C-FOR CHILDREN, INC.

Family Center of Washington County

2376 W WASHINGTON ST, WEST BEND, WI 53095

PHONE: 262-338-9461

WEBSITE: www.wcfamilycenter.org

HOURS: MONDAY – THURSDAY 8:30AM – 4:30PM
Fridays by appointment only.

4C FAMILY CENTER OFFICE WILL BE CLOSED:

- **May 30**..... Memorial Day
- **July 4** Independence Day

Please note: There is No Playgroup on Tuesday, June 14 or July 12.
There is No Thursday in the Park on July 14.

4C FAMILY CENTER STAFF:

Kathy Bruni *Site Manager*
Sarah Mitchell *Family Engagement Specialist*
..... *Family and Educational Programs*
Kelly Carini *Youngstar Consultant*

PROGRAM LOCATIONS:

4C Family Center of Washington County

2376 W Washington Street
West Bend, WI 53095

262-338-9461
www.wcfamilycenter.org

follow us 

find us on **facebook**

@WCFamilyCenter

VOLUNTEERS!

Has the 4C Family Center of Washington County made a difference in your life?

How about doing the same for another?

Please consider adding your name to our list if childcare volunteers! The commitment is small, but the rewards are great — lots of free hugs and smiles from the kids!

Call 262-338-9461 for more information.



The Giving Tree Wish List:

- CHILDREN'S DVD'S
- GLUE & GLUE STICKS
- HAND SANITIZER
- KID FRIENDLY SNACKS/JUICE
- KITCHEN GARBAGE BAGS
- KLEENEX
- LIQUID HAND SOAP
- NAPKINS
- POSTAGE STAMPS
- SMALL PAPER PLATES

GIFT CARDS:

HOBBY LOBBY
MEIJER
OFFICE MAX
PICK-N SAVE
PIGGLY WIGGLY
WALMART

QUESTIONS? CALL 262-338-9461

IMPORTANT WASHINGTON COUNTY PHONE #'s:

Acute Care/Crisis Intervention	262-365-6565
Aging & Disability Resource Center	262-335-4497
Alcohol & Other Drug Abuse	262-335-4583
Child Abuse/Neglect Hotline	262-335-4888
Children & Family Services/BadgerCare	262-335-4610
Energy Services Incorporated	262-335-3905
Financial Assistance Programs.....	888-446-1239
Mental Health Services.....	262-335-4545
Washington County.....	<i>Toll Free</i> 800-616-0446
WIC (Women, Infants & Children).....	262-335-4466
ALBRECHT FREE CLINIC	262-334-8339
ELEVATE	262-677-2216
FRIENDS OF ABUSED FAMILIES	262-334-7298
FULL SHELF FOOD PANTRY	262-335-0685
HOUSING SUPPORT HOTLINE	262-334-4912
W2	262-306-3505
WORKFORCE DEVELOPMENT	262-335-5300
BREASTFEEDING COALITION	262-335-4741



**4C Family Center
of Washington County**
2376 W Washington Street
West Bend, WI 53095

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4C-For Children, Inc.



SUPPORT GROUPS

LOCATION:
4C FAMILY CENTER



**NO NEED TO
REGISTER
FOR SUPPORT
GROUPS**



ON THE SPECTRUM: A SUPPORT GROUP FOR PARENTS OF CHILDREN ON THE AUTISM SPECTRUM

3RD MONDAY OF THE MONTH • 6:30PM

This group has been formed to help educate and support all who attend, with many meetings including guest speakers. Come and join us and become part of a positive autism experience within our community. Many of these discussions would apply to anyone with special needs, so anyone would truly be welcome, not just families living with ASD.

**For more information, please contact
Nikki Busalacchi at 262-353-2335 or
onthespectrum168@gmail.com**

**REGISTRATION
BEGINS**

**MONDAY,
May 2nd**

**BY PHONE @ 8:30AM
262-338-9461**

**FOR MAY, JUNE, JULY AND AUGUST
4C FAMILY CENTER PROGRAMS**

