

Listed are agencies, organizations and community resources. Please check with the post-stroke rehabilitation team about additional sources for assistance and support. Your local library, hospital, senior/community center, health departments and support groups also can help you to locate the resources you need. You can also access these resources at the SSEEO website at www.sseeo.org or call 888-988-8047.

Programs and Services

2-1-1 Illinois – partners with not for profits and government organizations to connect people and organizations to community services, disaster relief services, and volunteer opportunities. Dial 211 <https://www.illinois211.org/>

Retail Savings Guide for People with Disabilities – provides a walkthrough of discounts and special offers for individuals with disabilities https://www.couponchief.com/guides/savings_guide_for_those_with_disability

Mayor’s Office for People with Disabilities – City of Chicago 312-744-7050
<https://www.cityofchicago.org/disabilities>

Chicago Family Support Services & Dept. of Aging – Senior services and centers throughout Chicago provide: legal, counseling, caregivers assistance, respite, and disability ride free cards 312-744-4016 www.ci.chi.il.us

Illinois Dept. on Aging – IL senior helpline for people with disabilities & for seniors over age 60 resources for medical, prescription, home maker services & transportation 800-252-8966 www.state.il.us/aging

Community Care Program –Services for IL seniors who need nursing or home health care 800-252-8966
www.state.il.us/aging/1athome/ccp.htm

Smart Policy Works (formerly Health & Disability Advocates) – For 25 years, has been the organization for policy solutions that promote health and economic security. 312-265-9106 www.smartpolicyworks.com

Medicare – Federal health care plans and prescription coverage 800-633-4227 www.medicare.gov

Social Security and Disability Resource Center –Information on social security and disability benefits, applications and appeals www.ssdrc.com

State of Illinois Health & Wellness –IL healthcare programs for the disabled www.health.illinois.gov

Illinois Dept. of Healthcare & Family Services – Medical and prescription programs, health benefits 866-468-754 www.hfs.illinois.gov/programs

Needy Meds –Assist people having trouble affording their medications www.needymeds.com

Adult Daycare –Directory of adult day care centers 866-333-6002 www.adultdaycare.org

Home Health Care –Resource for Medicare certified home care agencies and nurses
www.homehealthcareagencies.com

Senior Living Map – Help in finding senior and assisted living www.seniorlivingmap.org

Property Tax–Disabilities tax relief www.revenue.state.il.us/localgovernment/propertytax/taxrelief.htm

Illinois Legal Aid – disabilities guidebook & State disabled person identification card www.illinoislegalaids.org

Chicago Dental Society Foundation Clinic – dental health care for low income residents’ clinic@cdfsfound.org

Illinois person with a disability identification card application www.cyberdriveillinois.com

Rehabilitation

Shirley Ryan Ability Lab (formerly RIC) – stroke rehabilitation, resources and education, housing and transportation, equipment, employment, etc. 312-328-1000 www.sralab.org

Midwest Brain Injury and Clubhouse, Chicago, IL –A unique place where individuals can come to relearn skills through the work of the day 312-226-8720 mbiclubhouse.org

Synapse House, Elmhurst, IL –Day program where members “report to work” and relearn skills and self-esteem 877-932-1120 www.synapsehouse.org

Center for Independence, Countryside, IL – On-going rehabilitation post stroke 708-588-0833 <https://www.cfimove.org/>

Heart and Soul Equine Foundation, Inc. – interaction with horses to encourage self-determination and build individual empowerment 847-371-5200 www.heartandsoulequinefoundation.com

Stroke Education and Support

Stroke Survivors Empowering Each Other, Inc., SSEEO – stroke advocacy and support, lists of local support groups, telephone peer support phone calls and other stroke resources 888-988-8047 www.sseeo.org

American Stroke Association stroke family support, caregiver 800-478-7653 www.strokeassociation.org

Family Services of Lake County – caregiver’s resource center 847-432-4981 X 110 www.famservice.org

National Institute of Neurological Disorders and Stroke 800-352-9424 www.ninds.nih.gov

Brain Injury Association of Illinois – brain injury education & resources 800-699-6443 www.bial.org

National Aphasia Association – Aphasia support for families & patients 800-922-4622 www.aphasia.org

United Stroke Alliance – refresh & retreat stroke camps 309-688-5450 www.unitedstrokealliance.org/

International Alliance for Pediatric Stroke iapediatricstroke.org/home.aspx

Independent Living, Equipment & Job Training

National Rehabilitation Information Center – Rehabilitation, adaptive devices & aides 800- 346-2742
www.naric.com

National Council on Independent Living – provides info on independent living www.ncil.org

New mobility – magazine site with info on mobility aides & news www.newmobility.com

Eldercare Locator – Seniors to live independently & safely in their homes 800-677- 1116 www.eldercare.gov

Easter Seals – Assistive technology, rehab services, vocational training & employment 800-221-6827
www.easterseals.com

Abledata – assistive technology and rehab equipment information 800-227-0216 www.abledata.com

Illinois Dept. on Aging – IL senior helpline for people with disabilities & for seniors over age 60 resources for medical, prescription, home maker services & transportation 800-252-8966 www.state.il.us/aging

Elderwerks –Equipment and lending closets 847-462-0885 www.elderwerks.com

Suburban Resource Guide – Community resources for active seniors www.suburbanresourceguide.com

Transportation

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Regional Transportation Authority (RTA) – provides ADA Para transit Services 312-663-4357

Chicago Transit Authority – accessible stations & buses 888-968-7282, www.transitchicago.com

Open Doors –Chicago based non-profit, founded for the purpose of creating a society in which persons with disabilities have the same consumer opportunities as non-disabled persons 773-388-8839 www.opendoorsnfp.org

Special Needs Chicago, Inc. – Chicago transportation & suburbs 630-668-9999
www.specialneedschicago.org

Metra – 163 accessible stations, 312-322-6777, www.metrarail.com

Uber Health – transport 847-374-8400 www.rightathomensc.com

PACE – Pace buses are wheel chair accessible offering door to door service in Chicago & suburbs 847-364-7223
www.pacebus.com. City of Chicago Pace 800-606- 1282 or Suburban Pace services 847-364-5093

Midway International Airport – Wheelchair escorts, 773-838-0600

O’Hare International Airport – Wheelchair escorts, 773-686-2200

Driver’s License Rehabilitation Programs - requires a physician’s order

Advocate/Aurora Health Christ Medical Ct.

Oak Lawn 708-684-5425

Amita Alexian Brothers Rehabilitation Hospital

Elk Grove 847-640-3119

Centegra Health System/Northwestern Medicine

Crystal Lake 815-356-2700

Chicago Lighthouse

Chicago 312-447-3236

Ingalls Health System

S. Holland 708-862-5500

Loyola University Medical Center

Maywood 708-216-9000

Marian Joy Rehabilitation

Wheaton 630-909-8003

North Shore University Health System

Evanston 847-570-1260

Amita Presence Health St. Joseph MC

Joliet 815-741-7416

Palos Heights Rehabilitation Hospital

Palos Heights 708-597-1000

Rush University Medical Center

Chicago 312-563-2454