

AMTA-ND Spring 2018

Convention and Meeting



Advancing our Profession in 2018.

What does advancing our profession mean to you?

Save the date for our annual education convention and meeting

April 5-6, 2018

Wednesday Registration 5-6 PM

Thursday Registration 7-8 AM

Annual Meeting/Lunch 11:30-1 Friday at Ramada

George Russell DC 12 CEU course, Triad of Opportunity which includes Skull and Jaw/Foot and Ankle and how they correlate

Nathan Nordstrom 12 CEU course, American Gua Sha (Limited to 40)

Nathan Nordstrom 3 CEU course, Ethics.. No limit. Free to members attending one of the other courses!

Banquet Thursday Evening

Ramanda Bismarck

1400 East Interchange Ave

Bismarck, ND 58501

Nathan Nordstrom

Nathan Nordstrom became a massage therapist in 2001 after graduating from “East West College of Healing Arts.” He then continued to pursue his education and graduated from Portland State University in 2012 with his Bachelor’s of Science.

Mr. Nordstrom manages to practice in Idaho, Oregon and Washington State. He is also a Board Certified Massage Therapist and Bodyworker (BCMTB) by the National Certification Board of Therapeutic Massage and Bodyworkers (NCBTMB). He has gained experience by working in retreat spas, medical offices, clinics, sporting events, a hospital, and owned a day spa in Portland, Oregon named Portland Center Spa. In Savannah Georgia he has also managed the sports massage teams for the “Rock and Roll Marathon” for 3 years from 2012 to 2014.

Mr. Nordstrom started teaching massage in Oregon in 2004. In 2006 he helped in the writing and development of a new massage therapy curriculum at “University of Western States” Massage Therapy Program. In 2012 he moved to Savannah Georgia where he was the Therapeutic Massage Program Director at Virginia College – Savannah Georgia Campus. In a career college he was able to assist by teaching in classes for Medical Billing and Coding, Business, and Culinary Arts. He is now on hiatus from teaching to further his career in continuing education.

In 2008, Mr. Nordstrom applied to take Educated Touch from a massage therapy practice to the next level by providing continuing education. He now teaches continuing education nationwide. He is most well-known for teaching classes in the application of ethics in daily life. He also teaches advanced anatomy classes at displays such as “Body Worlds” exhibits called “Bodies and Massage Therapy.” In 2018 he started an open forum discussion called “Ethics, Outside the Box.” This Weekly Live Webinar online ethics class opens up discussion on any topic massage related. He is currently training instructors to teach his classes and develop their own classes so he can spend more time with other projects.

Mr. Nordstrom has been active in his profession by serving in multiple roles both local and nationally over the last 15 years. He served as President of the Oregon Chapter of the AMTA, serving as an examiner for the Oregon Board of Massage Therapy (OBMT), and served 7 years on the national board of directors of the American Massage Therapy Association (AMTA). In 2016-17 he also served as National President. He has assisted on committees for AMTA, AFMTE, FSMTB, NCBTMB, and also served as a trustee for the Massage Therapy Foundation (MTF). In 2010 he started an annual game night called “The Underground Foundation.” This event donates 100% of the proceeds to massage therapy research. In 2015 he also raised over \$15,000 for the massage therapy foundation running for MTF on a charity bib in the Boston Marathon.





George Russell

Dr. George Russell is a bodyworker, chiropractor, dancer, teacher and movement specialist. He teaches alignment, improvisational dance, and movement for actors, as well as many anatomy, technique and theory courses to bodyworkers, yoga practitioners, and other body-based therapists. Dr. Russell is a long-time student of Iyengar Yoga. The Rosen Method, Alexander technique, energy medicine, the 12 steps, Irene Dowd, and psychotherapy all inform his approach. Dr. Russell holds a master's degree in Movement Studies from Wesleyan

University and a summa cum laude doctorate from the University of Bridgeport.

Dr. Russell's teaching philosophy is based on the idea that information is only useful when presented in the context of people's lives and work. No information is presented without practical application, and spontaneity, humor, personal attention and warmth are central to his work. He has been teaching for 35 years.

George is the Executive Director of **Getting Better**, an organization he founded in 2011 to share information and support between movement and touch practitioners. Supervision groups, classes, individual mentoring and commentary/essays are all part of his work. He is working on a book elaborating a movement-oriented way of seeing and approaching the body's structure and movement.



CHANGE Carla Anderson, AMTA-North Dakota Chapter President

As much as I don't like it, our world is always changing, and change brings new life, new experiences and also challenges and death. Our world is constantly revolving, no pun intended.

I have been a part of the AMTA-North Dakota Chapter since 1998. After 20 years, my extremely long board presence will come to an end, as I finish out my second term as your President. I have seen many changes and challenges over the last 20 years. Personally, I have given life 3 times, experienced 2 miscarriages, moved 3 times, lost my parents and my last grandparent. I have completely relocated my business to another city and started over, something I was afraid to do, so I went to school for another profession, only to be drawn back to massage. These were the major changes in my life.

Might I say, I wish I knew 20 years ago, what I know now! Being a volunteer for this chapter brought me mentoring, many friendships, great experiences and leadership qualities I didn't know I needed or possessed. Having the ability to attend our National AMTA meetings and National Leadership classes provided me with all these qualities. Yes, it is a big undertaking, but well worth the life experiences I have gained. A big "THANK YOU!" to the National AMTA for making leadership training and mentoring possible through them, and, also a big "THANK YOU!" to the North Dakota Chapter for making it possible to attend those meetings. The biggest

“THANK YOU!” goes out to everyone that I ever served with on the North Dakota Chapter Board. I would try to name you all, but I don’t want to make this too long. Each and every one of you is unique and just when I thought the board couldn’t get any better, new board members would come with great new ideas, CHANGES! And you know what, it’s exactly what our board needed. Lastly, “THANK YOU!” to all my AMTA chapter members for your kind words, criticism, friendship and guidance. You truly are all amazing healers.

So, for the reason of change, we need new volunteers every year. If you’re looking for a change, why not consider becoming a volunteer?

Since we are healers, I wanted to share this with you. This information was taken from the internet:

“I have no duty to be anyone's Friend and no man in the world has a duty to be mine. No claims, no shadow of necessity. Friendship is unnecessary, like philosophy, like art, like the universe itself (for God did not need to create). It has no survival value; rather it is one of those things which give value to survival.”

— C.S. Lewis, The Four Loves

Science is telling us that loneliness and social isolation are killers. We need to live in community with connection. One of the best things we can do for our sanity, to give value to our lives, even to fight depression and to help us experience purpose and joy, is to help other people.

Who we are creates our health reality.

The person, as a whole, includes the body and physical healing, yet the mind and spirit shouldn’t be ignored. We are meant to live in community with each other. Our cells are designed to communicate and heal each other. When our cells begin to lose this communication, this is why we are getting diseased. We need to turn this community on again for healing to begin.

What CS Lewis knew 50-60 years ago, science is only figuring out now. Over the last 22 years of my massage profession, things have certainly changed for the better! I thank the being above for leading me to this profession, since he obviously knows touch is a way to help people, therefore creating the community we need.

Here’s to CHANGE!

Information for elections of Board Members

Information and application for Board positions is on the AMTA-ND website under Education. Positions are:

President, Board Member, Secretary, Alternate Delegate

Applications need to be postmarked by 4-2-2018. An application must be submitted to the following address to be considered for a position on the ND Chapter Board.

Commission on Candidacy Chair
Dralinn Koenig
612 N. 34th St.
Bismarck, ND 58501

Michelle Koenig AMTA-ND Chapter Financial Administrator

It's that time of year again, where we are preparing for our annual spring convention. This year, we are excited to have George Russell and Nate Nordstrom! George will be teaching 2 classes.....Triad of Opportunity: The Ear As Gateway to the Jaw And Base of the Skull and Foot and Ankle Techniques. I, myself, am not familiar with any of George's teaching, but it is exciting to be able to bring something different to convention.

Nate Nordstrom is a past national president of the AMTA. Nate will be teaching American Gua Sha, also something different. Please check out our Facebook page for a video on Gua Sha. We are so excited to bring Nate to North Dakota. His passion for massage therapy and the AMTA is evident the first time you meet him. Space is limited to 40 in this class so if you are interested sign up early.

The 2017 AMTA National Convention was in beautiful Pasadena, California. Those of us that attend the national convention take part in leadership training so we can bring new ideas and utilize our roles on the North Dakota chapter board to the best of our abilities. This

year I was awarded the Chapter Meritorious Award for North Dakota. My picture is with our current national president, Dolly Wallace. If there is anything I've learned in the last 3 years at National Convention is that we are all one big family. The knowledge and passion for massage therapy and AMTA is such a huge part of the convention. It recharges your battery and gets you so excited about the advancements our profession has taken in the last several years. This year's National Convention is in Washington, DC.

There is a ton of free things to do in Washington. All Smithsonian Museums are free, as is the Smithsonian Zoo.....and they have pandas! This would be a great

vacation for anyone who is thinking about attending. Plus, there is the long list of educational seminars. There is always fun to be had at convention. If you plan to attend, please let one of the board members know. We love to meet up with our attending North Dakota members and have a Chapter social.



I hope this newsletter finds each of you well and staying warm this winter. We look forward to see you at the spring convention!

National Massage Therapy Association Week 2017- Desiree Bourgois van Oosting wrote that the chair event at MDU in Bismarck went well and AMTA-ND is grateful for matching funds from MDU of \$600.00 for Missouri Valley United Way Backpack Program. The on site participants raised \$1,182.00 Together, AMTA members, Emily Vasey, Pamela Blazek, Carla Anderson, Jill Place, Dralinn Koenig, and Desiree Bourgois van Oosting worked for a successful event. Thank You to ALL who VOLUNTEERED!

Conversation & Education By Pamela M. Blazek

I want to ask each one of you, “What sets your Soul on fire?” Think back, before you decided on your chosen career, “What were the conversations you had with yourself, before saying, YES! THIS. IS. IT.” Lastly, “What was the catalyst that prompted you to put that fire, thought, and conversation into practice?” I’d LOVE to know and hear your personal story!

My story started young; my family and I moved around a lot. To put things into perspective, by the time I graduated from High School I was in my “28th home.” OMG. WHY? We moved for various reasons, one of them being we (my parents) liked to flip houses. Also, we moved so that my mom/dad could continue their college education. That’s the short version.

For those who don’t know me I’m your AMTA Board Member and Education Chair, Pamela Blazek. It’s been my honor to volunteer in this capacity for the last four years. My mother, God bless her (truly) gets the biggest chuckle out of this factor. I grew up with her in my ear: “If you want to get anywhere, go anywhere, be anyone, you NEED AN EDUCATION.” In my young adult mind all I heard was: “EducationEducationEducation.”

Apparently, it stuck! I LOVE EDUCATION!

21 years into private practice I must say it all started with my choice of getting a quality education. I had high standards set for my Massage School Program. I did my research, chose five states I’d consider living in, wrote my “make it or break it” list of expectations for a program and then began to cut the list. If even ONE thing was missing off my list the school was cut, and the list was narrowed down to one. I applied, interviewed, interviewed again, was accepted, and graduated on the Dean’s List.

Since then I continue to advance my profession attending various educational events. A few examples are: AMTA ND Chapter Spring Convention, AMTA ND Chapter Fall Workshop, AMTA TN Spring Convention, AMTA TN Fall Convention, AMTA TN Chapter Annual CEU Cruise, AMTA National Convention, various On-line classes on the AMTA National website. As an AMTA member you can take or go to ANY other AMTA Chapter for your CEU’s** (as long as you get pre-approval from your ND State Board of Massage).

I love attending the AMTA National Convention. WHERE ELSE will you be surrounded by 3-5,000 other Massage Therapists from across the United States? I’ve attended maybe 15 so far. I have bonded with many LMT’s over the years and they’ve become my brothers, sisters, and spectacular mentors, as well as a HUGE referral pool for me when I have family, friends, and clients needing bodywork traveling to those areas. That goes for those I work with locally as well. As a therapist we spend a lot of time by ourselves. I feel we do ourselves a major dis-service to not take the time and get to know our fellow colleagues outside of our little area of the world in which we work. Set a date to get together for coffee, tea, or lunch to pick each other’s brains, have conversations, share frustrations, don’t be afraid to refer out to other colleagues when the occasion calls for it. Get together and have a laugh! Life’s too short not to celebrate each other. We are what makes our profession great! Let’s learn from one another. Try something new. Stretch your comfort zone. Get bodywork from someone you don’t know. Do something that makes your soul light on fire then SHINE ON!

Yours in Health, Education, & Conversation

Why I Convention Amy Hendrickson

When you hear about the AMTA National Convention, what do you think it is like? I bet whatever crosses your mind is only a fraction of the actual experience. I have been to four different conventions, all four have had very different experiences. Each time I went thinking I knew what to expect but was pleasantly surprised.

My first was in Minneapolis in 2010. I was a new therapist, only just in my first year, but the convention was within driving distance so I thought it would be an interesting experience. I went in excited that there were so many choices for education and hoped to meet new people and make new connections. I went alone and while I was a member of the AMTA I wasn't really educated on the organization or our local chapter. I did meet new people and learned a lot of techniques I still keep in my toolbox but in reality I didn't take full advantage of the experience because I was alone, nervous, and honestly didn't know much about AMTA



I then went through what I call my transition phase. I went through a lot of personal things, took a hiatus from massage and let my AMTA membership lapse. In 2015 I decided to delve back into the profession and I knew this time I wanted to be a part of something more. I wanted to have a voice. I learned about our AMTA-ND chapter because a close friend of mine was on the board and encouraged me to join, so I filled out an application for delegate and when the annual meeting came up I was voted in!

That year I was able to go to Pittsburgh for the National Convention not only for education but CVOP (Chapter Volunteer Orientation Program) which is an amazing program pre-convention for new and experienced chapter volunteers. It teaches you about leadership, education, and how to work as a team. I had major information overload at this convention. I served on the HOD (House of Delegates) which was an amazing experience that I believe every board member should experience. I learned a lot about our profession and our organization. I met so many new friends that filled my heart and rejuvenated my soul. It was a long, busy week but it definitely changed my life and career.

The next year, my second term as delegate, National Convention was in Milwaukee. This, by far, was my best experience at convention. I knew people, met more new people, had great education opportunities and really felt I had a voice. I have become very close with many different chapter presidents and national board members who have inspired me and given me a lot of wisdom. Milwaukee was a turning point for me. I knew that I wanted to be a part of the AMTA ND Chapter for a long time, I wanted to be a bridge between you, the member, and National AMTA. I decided I would run for a board member position at the next state meeting.

So in 2017 I was elected a board member and was excited to have a bigger voice on the state board. I had 2 opportunities to learn that year. The first was at the Presidents meeting in San Diego. Each chapter president was able to bring a board member to the meeting and it was the most interesting experience. We got to know everyone on a much more personal level, we talked about what we wanted for the future in the organization as a whole and within each of our chapters. I feel very grateful for this opportunity as it was an amazing learning

experience. Then we traveled to Pasadena in the fall for the National Convention. There were definitely different feels during this convention but no one knew if it was the location or the convention itself. But once again everything is a learning experience, building deeper connections with those that I've grown to love and call my AMTA family. I later found out I was newly pregnant on this trip so who knows if that's another reason why it felt different to me. I was exhausted most of the trip.

While each of these experiences were drastically different, with each of them I gained knowledge, friendships and motivation to be a part of the future of massage therapy. Why do we need continuing education every year? What does it mean to you? With recent changes to our legislature regarding the required amount of hours, will that affect how you continue to grow in your profession? Some of the most interesting and wise people I have met through the National Conventions are people that have never stopped learning, never stopped teaching and never put a ceiling on their education hours. There is no number on which to cap out, there is always something to learn and teach. Teaching others can sometimes be just as educational as being the student.

So if you ever have an opportunity to attend a National Convention, please go. Introduce yourself to National Board members, to other chapter leaders, to the new people. I promise it will change your life and your career.



Desi and Friend training

TEAM MTF-RUNNING FOR RESEARCH

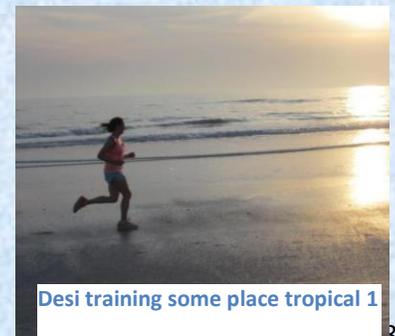
Boston Marathon and the John Hancock Marathon Non-Profit Program

On April 16, 2018 nearly 30,000 runners will start the running of the 122nd Boston Marathon®. The 26.2-mile route extends through many towns in and around Boston. For New Salem resident, Desiree Bourgois van Oosting, this will be her first Boston Marathon. Other runners for Boston Marathon include Desiree Bourgois van Oosting from Bismarck, ND, Shadonn.Brown Harris from Maryland, Teresa Taglione Matthews from Florida, and Lindsay Bodkin from NY.

The Boston Marathon is the world's oldest annual marathon and running it is a major "bucket list" item for serious distance runners throughout the world. The John Hancock Marathon Non-Profit Program provides a way for runners who might not otherwise qualify to run this marathon to participate. John Hancock has been the principal sponsor of the Boston Marathon for over 30 years. Since 2012 the Massage Therapy Foundation has been grateful for the opportunity to participate in their charity program and invite runners to run and fundraise on our behalf to bring more awareness to the benefits of massage. Fundraising for the Massage Therapy Foundation advances the knowledge and practice of massage therapy by supporting scientific research, education and community service

The Massage Therapy Foundation has been granted four invitational entries (bibs) for the 2018 Boston Marathon John Hancock Non-Profit Marathon Program. This is the fifth consecutive year that MTF has participated. Team MTF – Running for Research will run in the 121st Boston Marathon on **April 16, 2018**

Desi writes on Facebook: Running the Boston Marathon is a dream come true and a celebration of 20 years as a member of the AMTA! I was moved to tears of joy when I received a call from the Massage Therapy Foundation! This means so much to me.



Desi training some place tropical 1

Massage Therapy has been a valuable partner to athletes at the Boston Marathon for years. I am so excited to be on the course of the Boston Marathon with the person who inspired me to start running 10 years ago. This will be his 18th Boston Marathon in 2018. He referred himself into my office 10 years ago, after seeing my sign on a run. It was the week before the Boston Marathon and he, like many athletes and elite athletes, schedule Massage Therapy before and after the race. His story of overcoming physical challenges and running his first marathon was inspiring. I bought some running shoes the next day and joined a running class on the 3rd day. Since then I have completed 4 Marathons, several Half Marathons, and 5k's. The message of running has spilled over to my husband, family and friends. I am so grateful for his message 10 years ago.

Running isn't just a sport to me, it's a healer. Running has helped me through and past many of life's ups and downs. In 1999, I watched my father pass away from a rare lung disease. I am grateful for every breath. To be able to run is a gift! I have a deep respect for taking care of the body God gave us. Life is precious and our vessels are a gift. I am also in my profession of Massage Therapy because of an amazing mother who instilled the value of prevention, health, and wellness. This is such an honor to celebrate health, wellness, and our profession at the Boston Marathon. I invite you to follow and run with me on this journey! Stay healthy and be good to your vessel! Yes, and get a Massage! Your life is worth it!

- Aim for the Moon! If you miss, you might hit a Star!- W. Clement.

Please consider donating

<https://www.crowdrise.com/o/en/campaign/massagetherapyfoundationincboston2018/desireebourgois-van-ooisting>.

If you are attending the Spring Convention you can also support our Silent Auction which will go towards Massage Therapy Foundation and Team MTF!

Last year, John Hancock nonprofit runners raised more than \$12 million for over 140 different organizations. For over 30 years John Hancock has been the principal sponsor of the Boston Marathon®. Approximately 500,000 spectators line the 26.2-mile course annually, making the Marathon New England's most widely viewed sporting event, according to estimates by police and public safety officials from the eight cities and towns along the route.

Massage Therapy Foundation Inc wrote:

Running For Research Massage therapists play a big role in the Boston Marathon by helping athletes at all levels prepare and recover from this great event. We are grateful for the opportunity to participate in the John Hancock Marathon Non-Profit Program to bring more awareness to the benefits of massage and the need for more massage research funding.

Each of the runners that will be on Team MTF - Running for Research is related to the massage industry in some capacity. We look forward to working with the team and appreciate your continued support. All donations for this fundraiser go to the Foundation, and help us to continue to advance the knowledge and practice of massage therapy by supporting scientific research, education, and community service.



The American Massage Therapy Association (AMTA) and the [Massage Therapy Foundation](#) (MTF) share a profound commitment to advance the massage therapy profession through promoting scientific research and evidence-informed practice.

Although they are separate organizations, together, they endeavor to collaborate as full strategic partners to realize their independent and interrelated missions.

Vision: The practice of massage therapy is evidence-informed and accessible to everyone.

Mission: The Massage Therapy Foundation advances the knowledge and practice of massage therapy by supporting scientific research, education, and community service

Guiding Principles

The Massage Therapy Foundation commits to:

- Upholding the principles of philanthropy
- Contributing to the understanding and appreciation of massage therapy
- Increasing the Foundation's influence, credibility, and visibility in health and wellness
- Sustaining the Foundation's organizational effectiveness
- Fostering the spirit of collaboration

Goals

- Advance research on therapeutic massage and bodywork.
- Foster massage therapy initiatives that serve populations in need.
- Promote research literacy and capacity in the profession.
- Support the evidence-informed practice of therapeutic massage and bodywork based upon available research, client factors, and practitioner experience and judgment.
- Fortify the Foundation's financial resources and organizational effectiveness.

History

The Massage Therapy Foundation was founded by the American Massage Therapy Association in 1990.. The Foundation is able to provide these services by individual gifts, industry support, and fundraising events.

Research findings must be accessible to be useful. Therefore the Massage Therapy Foundation is dedicated to helping massage therapists become research literate.

The foundation provides massage therapists:

- The skills to locate, interpret, evaluate, and apply research findings for the benefit of their clients
- Offer research literacy classes for all practitioners and other classes specifically for educators.
- Publish the profession's only open-source, peer-reviewed academic journal, the [*International Journal of Therapeutic Massage & Bodywork*](#)
- Research articles summarized for lay audiences

For more information, contact Mandy Vukits at avukits@massagetherapyfoundation.org

While AMTA is committed to financially supporting the work of MTF, both organizations call for partners in funding the Foundation's mission.

Donation link <https://donatenow.networkforgood.org/1428681>

Humans instinctively value the healing power of touch, and modern massage therapy comes from a long and venerable tradition reaching through time and across cultural boundaries.

Rigorous research about massage can challenge tradition, but it strengthens our profession, and provides guidance for massage therapists to be as effective as possible. Since its inception over 25 years ago, the Massage Therapy Foundation has funded many research projects. Topics have ranged from massage for peripheral neuropathy related to chemotherapy to postural control of elders, migraines, cancer, and spinal cord injury. In addition, the Massage Therapy Foundation has consulted on numerous large-scale studies, funded five systematic reviews (one on stress, and one on sports massage), founded and published the *International Journal of Therapeutic Massage & Bodywork* (IJTMB), and hosted four international science conferences on massage therapy research.

Meta-Analysis on Massage Therapy and Pain Database

The Massage Therapy Foundation, Samueli Institute, and the American Massage Therapy Association (AMTA) have partnered on a collaborative project for a meta-analysis of massage therapy for pain. The results of this collaboration were published in a three part series in a peer-reviewed journal and was discussed at the International Massage Therapy Research Conference May 12-15 in Seattle, WA.

The state-of-the-art, comprehensive database houses data of the 99 randomized controlled trials included in a systematic review and meta-analysis that investigated the impact of massage therapy on function in three types of pain populations: 1) populations who would typically visit their general healthcare practitioner with complaints of pain; 2) patients undergoing or recovering from surgical/operative procedures and 3) cancer patients.

<http://massagetherapyfoundation.org/massage-research/research-tools/>

What is Research Perch?

Research Perch is a podcast designed to help you learn how to use massage therapy research in your practice. Each episode digs into a specific article from the International Journal of Therapeutic Massage and Bodywork (IJTMB) and unpacks it so you know how it applies to you. Grow your massage therapy practice and serve your clients better with the power of research!

It is now accessible on iTunes and Stitcher.

The podcast is posted to the Foundation blog. All blog posts containing the podcast will say “Research Perch” in the title.

https://www.youtube.com/watch?list=PLRpQD9M4x_6noCt7EiLEMv3IKfqE5jr-z&v=Cb1vFM235_o

Community Service Grants

The Massage Therapy Foundation believes that massage therapy should be accessible to everyone. Our Community Service Grants deliver massage to underserved populations all over the world

To date we have granted \$411,463.49 to 81 Community Service Grants all over the globe, and served diverse populations ranging from prisoners transitioning back to society, to children orphaned by the Japanese tsunami, to farm laborers in Central Mexico. The Community Service Grants also provide valuable data on special populations and health resource disparities. This information can serve our profession in other capacities.

Find out how you can apply for a Community Service Grant [here](#).

[View the past MTF Community Service Grant winners.](#)

Vendor/Exhibitor Spots Available for State Convention April 5-6, 2018.

Exhibit Space Fees

\$ 50 before March 15, 2018 and \$ 75 after that date if room allows.

Includes 1 table, 2 chairs. If room allows, additional table(s) may be purchased for \$25 each. 10% off exhibit space fees for current AMTA members.

Exhibitor Requirements

The AMTA-North Dakota Chapter offers an incentive program to its registrants by giving them “Vendor Cards” to be signed by each exhibitor and put into a drawing for a grand prize from the exhibitors. We require each exhibitor to donate an item(s) for the grand prize. This is done to give the exhibitors more contact with the registrants.

Exhibit Hours

Set Up: Wednesday Evening if the room is available to the AMTA-ND Chapter (Time TBD)

Thursday Morning: 7AM

Thursday Break Times: (TBD)

Friday Break Times: (TBD)

See website for details, application: <http://www.amtanorthdakota.org/>