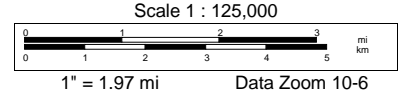


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Rock 'N' Bowl Run 2019



	Dist	Turn		Road	Exit	Total Time	Total Dist
		Start	at	"Morvant's Bar & Grill"		00:00:00	0.00 mi
		Go straight (N)	on	SR 89 (Lafayette St Youngsville Hwy)		00:00:00	0.00 mi
	in 0.23 mi	Turn left (W)	on to	SR 92 (Iberia St)		00:00:37	0.23 mi
	in 5.98 mi	Turn left (S)	on to	Woodlawn Rd		00:12:26	6.21 mi
	in 3.60 mi	Turn left (ENE)	on to	Lulu Rd		00:21:02	9.81 mi
	in 0.25 mi	Turn right (S)	on to	SR 82		00:21:37	10.06 mi
	in 0.75 mi	Go back (SW)	on	SR 82		00:22:52	10.81 mi
	in 7.40 mi	Turn right (W)	on to	SR 14 (SR 14 Byp W Summers Dr Veterans Memorial Dr)		00:36:01	18.21 mi
	in 1.48 mi	Stop	at	Culpeppers		00:39:42	19.69 mi
		Go straight (WNW)	on	SR 14 (SR 14 Byp W Summers Dr)		01:09:42	19.69 mi
	in 1.00 mi	Turn right (N)	on to	Sidney Gautreaux Rd		01:11:22	20.68 mi
	in 3.80 mi	Turn left (W)	on to	SR 697		01:20:26	24.48 mi
	in 1.02 mi	Turn right (N)	on to	SR 343		01:22:09	25.50 mi
	in 2.50 mi	Turn right (E)	on to	SR 699		01:26:22	28.00 mi
	in 0.50 mi	Turn left (N)	on to	SR 343		01:27:12	28.50 mi
	in 2.02 mi	Turn right (E)	on to	SR 92		01:30:36	30.52 mi
	in 3.02 mi	Turn left (N)	on to	US 167 (Maurice Ave)		01:36:08	33.54 mi
	in 0.10 mi	Stop	at	City Bar		01:36:22	33.64 mi
		Go straight (NNE)	on	US 167 (Maurice Ave)		02:06:22	33.64 mi
	in 5.66 mi	Go straight (NE)	on to	Ambassador Caffery Pkwy (US 167 Johnston Pkwy)		02:14:50	39.30 mi
	in 0.40 mi	Go straight (NE)	on to	US 167 (Johnston St)		02:15:46	39.70 mi
	in 0.24 mi	Go straight (NE)	on to	Ambassador Caffery Pkwy (US 167 Johnston Pkwy)		02:16:20	39.94 mi
	in 0.23 mi	Go straight (NE)	on to	US 167 (Johnston St)		02:16:53	40.17 mi
	in 3.78 mi	Turn left (NW)	on to	Jefferson St		02:25:54	43.95 mi
	in 0.10 mi	Finish	at	Rock N Bowl		02:26:18	44.05 mi

Total Time: 02:26:18 Total Distance: 44.05 mi