



Virtual VALOR RUN 10 miler/5K

Saturday October 21, 2017

Location: wherever you want to run

Presented by Valor Run and the Women in Military Service for America Memorial Foundation honoring the women who died supporting combat operations during the Global War on Terror.

OPTION	8/1-10/15	10/16-10/20
Run only (no T.)	\$25	\$25
Full regis. (Tshirt, mailed)	\$35	N/A

****NOTE: bibs will arrive before the race date; T-shirts will arrive 2-3 weeks after****

Full Registration: printable race bib, t-shirt and shipping. Mail in registration must be postmarked by Oct. 14, 2017.

Run only registration: printable race bib only. Mail in registration must be postmarked by Oct. 14, 2017.

Time and location: Run where you are on Oct.21, 2017. Men and women across the country will be running with you. Check the event website for information on meet ups in your area where you may be able to join a group run.

Make checks payable to VALOR RUN and mail with this form to: Jeanne Catalano C/O Valor Run, 3983 West Stratford Rd. Virginia Beach, VA 23455

Register online at <https://www.raceit.com/Register/?event=41118> (No refunds, exchanges or transfers.)

Event website: <http://www.valorrun10miler.com>

Organization website: <http://valorrun.org>

Race director: Jeanne Catalano at racedirector@valorrun.org

Registration Information

LAST NAME: _____ FIRST NAME: _____ GENDER(circle): M F
 ADDRESS: _____ CITY: _____ STATE: _____ ZIP: _____
 PHONE: _____ EMAIL: _____ AGE ON RACE DAY: _____

Circle event: 10 Miler (\$35) 5K (\$35) 10 Miler (run only \$25) 5K (run only \$25)

City and State you are running in: _____

Veterans: years of service _____ Branch: USA USAF USMC USN ARNG ANG USCG

T-shirt (unisex): XS S M L XL 2XL

Waiver (must be signed):

I know that running a road race is potentially hazardous. I should not enter and run unless I am medically able and properly trained. I agree to abide by the decision of any race official relative to my ability to safely complete the run. I assume all risks associated with running and volunteering to work in club races including, but not limited to, falls, contact with other participants, effects of the weather, the condition of the road and traffic on the course, all such risks being known and understood by me. Having read this waiver and knowing these facts, and in consideration of accepting my entry, I for myself and anyone entitled to act in my behalf, waive and release Valor Run, the Women in Military Service for America Memorial Foundation, volunteers and sponsors from all claims of liability of any kind arising out of my participation in the race or associated activities. I grant permission to all the foregoing to use any photographs, motions pictures, recording, and/or any other record of this event for any legitimate purpose.

Signature (parent or guardian if under 18): _____