

 **The Country Playhouse Academy**

 **Menu**

 **January 13-17,** **2020**

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
| **Monday** | **Tuesday** | **Wednesday** | **Thursday** | **Friday** |
| Breakfast | Breakfast | Breakfast | Breakfast | Breakfast |
| * Life Cereal
* Mixed Fruit
* Milk
 | * Scrambled Eggs
* Pineapple
* Milk
 | * Oatmeal
* Cinnamon Apple Slices(2)
* Milk
 | * Pancakes
* Tropical Fruit
* Milk
 | * Cheerios
* Bananas
* Milk
 |
| Lunch | Lunch | Lunch | Lunch | Lunch |
| * Beef Lasagna Bake
* Green Beans
* Pears
* Milk
 | * Chicken Salad Wraps
* Broccoli
* Orange Slices(1)
* Milk
 | * Ham and Cheese on Whole Wheat
* Normandy Vegetables
* Grapes(3)\*
* Milk
 | * Turkey Enchilada Casserole
* Corn(5)
* Peaches
* Milk
 | * Bean, Ham, Bacon & Vegetable Soup
* Cheese Breadsticks
* Mixed Fruit Salad
* Milk
 |
| Snack 1 | Snack 1 | Snack 1 | Snack 1 | Snack 1 |
| * Apple Sauce
* Graham Crackers
* Water
 | * Whole Wheat Rounds
* Butter & Jam
* Water
 | * Yogurt
* Animal Crackers
* Water
 | * Wheat Thin Crackers(6)
* String Cheese
* Water
 | * Nutri-grain fruit bars
* Milk
 |
| Snack 2 | Snack 2 | Snack 2 | Snack 2 | Snack 2 |
| * Goldfish Crackers
* Apple Juice
 | * Hummus Dip
* Pretzels
* Water
 | * Cheddar Cheese Slices
* Multi-Grain Crackers(4)
* Water
 | * Cheese-It Crackers
* Apple Slices(7)
* Water
 | * Chex Mix
* Orange Juice
 |

Menu #5

Infant food substitution: ( ) (1)Mandarins (2)Apple Sauce (3)Fruit Cocktail (4)Ritz Crackers (5)Normandy Vegetables (6)Goldfish Crackers (7)Mixed Fruit

Toddler food substitution: \* \* Fruit Cocktail