

**The Country Playhouse Academy**

**Menu**

**January 13-17,** **2020**

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
| **Monday** | **Tuesday** | **Wednesday** | **Thursday** | **Friday** |
| Breakfast | Breakfast | Breakfast | Breakfast | Breakfast |
| * Life Cereal * Mixed Fruit * Milk | * Scrambled Eggs * Pineapple * Milk | * Oatmeal * Cinnamon Apple Slices(2) * Milk | * Pancakes * Tropical Fruit * Milk | * Cheerios * Bananas * Milk |
| Lunch | Lunch | Lunch | Lunch | Lunch |
| * Beef Lasagna Bake * Green Beans * Pears * Milk | * Chicken Salad Wraps * Broccoli * Orange Slices(1) * Milk | * Ham and Cheese on Whole Wheat * Normandy Vegetables * Grapes(3)\* * Milk | * Turkey Enchilada Casserole * Corn(5) * Peaches * Milk | * Bean, Ham, Bacon & Vegetable Soup * Cheese Breadsticks * Mixed Fruit Salad * Milk |
| Snack 1 | Snack 1 | Snack 1 | Snack 1 | Snack 1 |
| * Apple Sauce * Graham Crackers * Water | * Whole Wheat Rounds * Butter & Jam * Water | * Yogurt * Animal Crackers * Water | * Wheat Thin Crackers(6) * String Cheese * Water | * Nutri-grain fruit bars * Milk |
| Snack 2 | Snack 2 | Snack 2 | Snack 2 | Snack 2 |
| * Goldfish Crackers * Apple Juice | * Hummus Dip * Pretzels * Water | * Cheddar Cheese Slices * Multi-Grain Crackers(4) * Water | * Cheese-It Crackers * Apple Slices(7) * Water | * Chex Mix * Orange Juice |

Menu #5

Infant food substitution: ( ) (1)Mandarins (2)Apple Sauce (3)Fruit Cocktail (4)Ritz Crackers (5)Normandy Vegetables (6)Goldfish Crackers (7)Mixed Fruit

Toddler food substitution: \* \* Fruit Cocktail