



# Adult Transition

Newsletter for Teachers Working With Students 18-22  
Educational Equity for All

January 2016



## Transition Skills Checklist

### VOCATIONAL SKILLS

Can your child:

- Get to and from work, on time
- Perform work satisfactorily
- Work cooperatively with others
- Take break or lunch appropriately
- Wear suitable clothing
- Use appropriate safety procedures
- Follow directions
- Accept supervision
- Community Skills

Can your child:

- Use public transportation
- Shop for groceries, clothing
- Make necessary appointments
- Use a phone
- Use bank accounts
- Be safe in traffic, among strangers
- Know how to seek help
- Handle money
- Use an ATM
- Use vending machines (laundry machines, fare cards, and so on)

### DOMESTIC SKILLS

Can your child:

- Plan menus
- Make shopping list from menus
- Prepare breakfast, lunch, supper, snack, or pack a lunch
- Wash dishes, pots, and pans
- Clean up apartment (bathroom, living areas, kitchen, and so on)
- Clean own room
- Do laundry: use washer, dryer, and iron

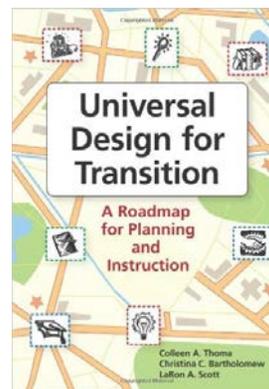
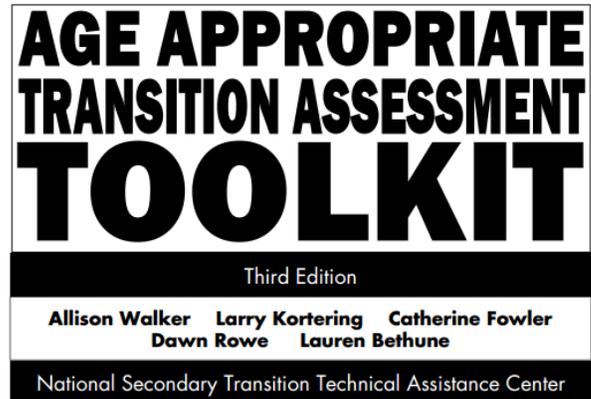
<http://www.ndss.org/Resources/Transition-and-Beyond/Life-After-High-School/>

### EMPLOYMENT

To successfully transition to adulthood, all youth should be *exposed to a range of work-based exploration experiences such as site visits, community service, job shadowing, and paid and unpaid internships.* Unfortunately, it is estimated that only one-third of young people with disabilities who need job training receive it.



<http://www.transitionta.org/sites/default/files/transitionplanning/TransitionAssessmentToolkit.pdf>



**Universal Design for Transition: A Roadmap for Planning and Instruction** 1st Edition  
by Colleen Thoma Ph.D. Christina Bartholomew Laffon A. Scott

## Project Discovery

by EDUCATION ASSOCIATES  
Job Ready. Life Ready.



### Career Exploration Curriculum

Project Discovery is a career exploration and job skills curriculum for students in grades 6-12 and adults in transition.

Choose from three functional ability levels, plus a series of adapted modules to serve students with severe and profound challenges.

[Beginning](#), [Intermediate](#), [Advanced](#), [Adapted](#)  
<http://educationassociates.com/>

## TRAINING



### [Bering Strait School District](#) Career Skills

#### [1 Levels and Standards](#)

[1.1 CS Level 1 Exploring Work](#)

[1.2 CS Level 2 Work Responsibilities](#)

[1.3 CS Level 3 Connecting Learning and Work](#)

[1.4 CS Level 4 Career Exploration](#)

[1.5 CS Level 5 Job Skills](#)

[1.6 CS Level 6 Business Simulation](#)

[1.7 CS Level 7 Career Planning](#)

[1.8 CS Level 8 Internship](#)

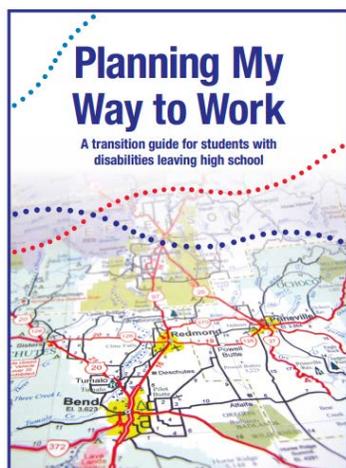
[2 Lessons for multiple levels](#)

[3 CTE Templates](#)

[4 General Resources](#)

[4.1 Lessons Plan Links](#)

[http://wiki.bssd.org/index.php/Category:Career\\_Skills](http://wiki.bssd.org/index.php/Category:Career_Skills)



This manual is for youth with disabilities who may be eligible to receive Developmental Disability (DD) or Vocational Rehabilitation (VR) services (see sections 6 and 7).

[http://ocdd.org/doc\\_downloads/TransitionManual515v32FORWEB.pdf](http://ocdd.org/doc_downloads/TransitionManual515v32FORWEB.pdf)

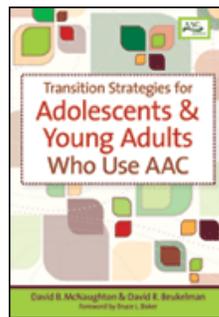
## WEBSITES AND RESOURCES

<http://www.spannj.org/transition/TransitionCD/Champions%20for%20Progress/what%20do%20I%20want%20to%20earn/student%20guide%20to%20jobs.pdf>

<http://www.cdplonline.org/index.cfm?fuseaction=help>

[https://www.transcen.org/index.php?option=com\\_content&view=article&id=170&Itemid=98](https://www.transcen.org/index.php?option=com_content&view=article&id=170&Itemid=98)

## INDEPENDENT LIVING SKILLS



Transition Strategies for Adolescents and Young Adults Who Use AAC

Edited by David B.

McNaughton, Ph.D., & David R. Beukelman, Ph.D.

[www.amazon.com/Transition-Strategies-Adolescents-Young-Adults/dp/155766997X](http://www.amazon.com/Transition-Strategies-Adolescents-Young-Adults/dp/155766997X)

## Perkins SCHOOL FOR THE BLIND | eLearning **Online Classes**

Preparing for Transition from School to Adult Life – Starting the Process Early!

Starts on **January 25 – February 28, 2016** and runs for **5 weeks**. This course addresses creating a smooth transition process and successfully preparing a young person for the world of work and/or post-secondary education. The course emphasizes independence-focused, student-centered planning at each stage and provides resources around assessment, curriculum, instruction, legal and eligibility questions, and long term planning.

### CREDITS:

• **Professional Development: 25** (clock hour)

• **Graduate Credits: 2**

**EARLY BIRD ENDS JANUARY 11, 2016!**

**COURSE DESCRIPTION:** Transition at any stage of K-12 and into the adult world can present intense challenges for all young people. This is especially true for young people who are blind, visually impaired and/or multiply impaired. Education teams must collaborate to help their student envision the future at a much earlier stage than their peers might. This course also provides a road map with ample resources so TVIs and related service members are prepared for any transition planning from EC through adult services.

<http://www.perkinselearning.org/earn-credits/online-class/preparing-for-transition-school-to-adult-life>