



Your Success Ace helps professionals and entrepreneurs identify and develop a path to their personal success. Leveraging positive psychology methodologies and proven success principles, your career and life of prosperity and happiness will take flight!

The Ace Success Formula

Everyone deserves a life full of happiness and prosperity. We all have the power to create success in our lives. The *Ace Success Formula* is simple but this doesn't mean it's easy. It demands honesty, commitment, and discipline which require a high level of self-awareness and an open mind. Here's the formula:

$$3C - C = C$$

(Clarity + Certainty + Commencement) – Control = Creation

Clarity

It is nearly impossible to be successful or even develop goals or a plan for success without first getting really honest with yourself. By getting clear about what it is you want (and don't want) for your career and in your life, you are able to shed distractions and more easily identify what success truly means to you.



Bonus tip – Get very specific. Don't just identify where you'd like to work and what kind of life you'd like to have. Picture how it would feel. Creating a vision board is an exercise that can help you develop clarity.

Certainty

Once you have clarity it is extremely important to embrace certainty. Whether you'd like to believe it or not, as the Rumi quote goes, all you seek is seeking you. Certainty is a form of silent confidence that you are on the right path. It is the best way to remove perceived obstacles and stay optimistic along your journey.

Commencement

All the clarity and certainty in the world can't help you without commencement. Taking action -- regardless of how small the step may be -- will help you begin to manifest the career and life you want. Always be on the lookout for things you can be doing to get closer to your goal. You can visualize your ideal state all you want, without getting off your butt nothing will happen!



Bonus tip – Practice the Rule of Five. As Jack Canfield recommends, do five things every day to advance the achievement of your goal. Always think: what 5 small steps can I take tomorrow and do them!

Control

As much as the last 3Cs fan the flames of creation, nothing can put out that fire faster than smothering it with control. The balance between taking actions to further your goal while being detached from the outcome is a delicate one. Just remember to enjoy the journey and be grateful for the little things.



Bonus tip – Whenever you get antsy about control -- whether because results are slow to come or if they weren't what you were anticipating -- take the time to meditate and/or pray. Being still helps us keep things in perspective.

Creation

We all have the power to create success in our lives as long as we clearly define what that success is for ourselves, truly believe that we already possess it, take steps to accomplish our goals, and let go of the need for control over every detail and outcome. Remember we are not given dreams unless we are able to accomplish them so dream big and live even bigger.

Hope you found this brief outline of the *Ace Success Formula* useful. To learn more and book a private consultation or group training, visit www.yoursuccessace.com.

Here's to your journey of self discovery and success! 😊

