



Falmouth Newcomers Newsletter: Web Version

President's Message



I am honored to serve you as the newly installed president of the Falmouth Newcomers Club. Membership in Newcomers is a wonderful way to make new friends, participate in a variety of activities, and learn about our community and the larger Cape area. As someone who moved to Falmouth knowing virtually no one here, I can attest to how much membership in Newcomers eased my transition and introduced me to many new people and activities. I certainly didn't know before Newcomers that I'd be shell fishing!

Your new Board was installed at our May meeting which was held at the Flying Bridge Restaurant. We enjoyed the beautiful setting and the wonderful buffet breakfast. Many thanks to Jane Woodin, Paula Belshaw, Meg Plunkett and the rest of the committee for all the hard work they put in to make this such a special event. We also owe a great many thanks to our outgoing president Doris Lachapelle for her leadership during the 2017-2018 year as well as to the retiring board members.

The monthly meetings end in May but many of our club activities continue throughout the summer. Although skiing may not be possible the summer months are ideal for kayaking, golfing, biking, shell fishing, and walking. WIN (Women in Newcomers), the Singles Group, Current Events, Mix and Mingle and some of the reading groups also maintain a summer schedule. The chairs will be in touch with their members about summer meetings. If you wish to join a new group or are unaware of their regular or summer schedules contact the chairs. A list of activities and their chairs is at the end of the newsletter.

We are planning a picnic to kick off the summer and hope you will be able to attend. It should be a fun way for Newcomers and their friends and family to celebrate summer. Information concerning the picnic is on page 3. We are also planning a Mix and Mingle on Saturday June 16. This is a wonderful opportunity to meet other members in a small gathering at someone's home. Many lasting friendships have begun in this manner. See the details on page 4. As other activities or events are scheduled we will send out an *e-blast*.

Your board will be very busy over the summer planning for next year. We will be developing programs, confirming activity chairs, and establishing the 2018-2019 budget. As we work on these items knowing how many members we will have is critical, so we ask those of you who haven't sent in your renewal form and dues yet to please do so soon. The membership form is on p. 7.

Newcomers is **your** club. There are so many ways to become involved - not just leadership roles on the Board - but serving on committees, chiring and participating in activities, attending socials. Let us hear your ideas and suggestions. Contact any of the board members or send us an email at Falmouthnewcomers@gmail.com.

I hope to see you soon at one of our events or activities and I wish every one of you a wonderful summer.

Margaret Souza, President

Save the Date

June 6

- Mah Jongg Luncheon

June 8

- Picnic

June 13

-Bridge and Cards Luncheon

June 16

-Mix and Mingle

September 10

- Sunset Cruise

September 13

- General Meeting

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The Falmouth Newcomers fiscal and membership year runs from July 1 to June 30. New members may join Newcomers by submitting an application and paying applicable dues anytime during the fiscal year. For those who apply from July 1 to March 31, their first year of membership will be that fiscal year. Although the annual fee for those joining between January 1 to March 31 will be at a reduced rate, their first membership year will also be that fiscal year. For those who join from April 1 to June 30, their first year of dues and membership will be applied to the following fiscal year.

Dues and applications for returning members are due by May 31 for the following fiscal year.

Membership dues are now past due.



Your dues for 2018-2019 were due May 31.

If you have not done so already, please complete the Newcomers membership form on Page 7.

Send it in, along with your dues check, to continue to receive all your membership benefits.

Dues and applications for returning members are due by May 31 for the upcoming fiscal year.

Minutes of General Meeting, May 10, 2018 (Installation of 2018-2019 Newcomers Board)

Doris Lachapelle, President of Newcomers, opened the meeting at 9:48 AM and welcomed club members. A motion was made, seconded and approved to accept the minutes of the April General Meeting as published in the Newsletter. Doris thanked Jane Woodin, Paula Belshaw and Meg Plunkett for planning and organizing the breakfast.

She reminded those present that their membership expires in May and, if they haven't already done so, to pay their dues by the end of the month. While there won't be any general meetings until September, many activities continue through the summer months. She mentioned the picnic at Goodwill Park on June 8th and encouraged members to email Marika Roth or Gill Sherrington if they plan on attending.

Doris recognized the outgoing board members, asking them to stand as she read their names. She expressed her appreciation as she thanked each of them for their individual contributions. Many wonderful events, activities and programs were the result of their hard work and commitment. The board members continued standing and Doris requested that the Activity chairs stand and then for committee members to also stand. She thanked all the individual standing and mentioned that the club runs so well because of the involvement of all these individuals.

Traditionally the club makes a charitable contribution to an organization chosen by the outgoing President. Doris chose Gus Canty Community Center as the recipient of this donation because the club uses the center for some of its activities. Joseph Olenick, Recreation Director, accepted the award. He thanked Newcomers for the donation and detailed some of the activities that benefit from donated monies.

A salute went out to those members moving up to Encore and to past presidents who attended. All were asked to stand and be recognized as their names were called by Doris. Doris mentioned that Encore members are always welcome to attend Newcomers meetings and socials and to continue in Newcomer activities.

Earlier in the morning Peggy Grossman, Past President, administered the oath of office to the incoming board. As the names of the incoming board members were called, they were asked to stand and be recognized. Doris thanked David Margaretos for taking the pictures.

The business meeting ended at 10:02 AM.

Doris then introduced Margaret Souza our new president for 2018-19. Margaret presented a farewell gift, a bracelet, to Doris on behalf of the outgoing board. Doris expressed her thanks to the group for the gift and wished Margaret her best for the coming year. Margaret thanked the outgoing board members for their enthusiasm and hard work. She mentioned that half of the board will continue to serve next year and welcomed the new board members who will join them, stating that she is honored to serve as president. She reminded attendees that this is your club and encouraged them to share their ideas. Margaret mentioned that there are no general meetings over the summer but the board will be meeting every month to plan the programs, activities and socials for next year. She stressed how important it is to pay your dues by the end of May so that the board has monies to work with.

She encouraged everyone to enjoy the bountiful breakfast. Margaret added that anyone who would like to say anything can come up to the podium and use the mike.

Respectfully submitted,
Ginny Palmieri, Recording Secretary

Mah Jongg Luncheon

Date: Wednesday, June 6 at 11:30 a.m. (Cheese and fruit with cash bar.)

Place: Falmouth Yacht Club, 290 Clinton Avenue, Falmouth.

Cost: \$27. **Deadline for receipt of coupons and checks: Wednesday, May 30.**

Get your table together for the annual luncheon sponsored by Monday cards & games.

Lunch Buffet: Caesar & Green Salad, Baked Cod, Pesto Chicken, Rice Pilaf, Vegetable Medley. Dessert: Brownies

Please send coupons with those you would like to be at your table. All participants must be members of Newcomers or Encore. Remember to bring all the equipment necessary for your fun afternoon.

Bridge and Games Luncheon

Date: Wednesday, June 13 at 11:30 a.m. (Cheese and fruit with cash bar.)

Place: Falmouth Yacht Club, 290 Clinton Avenue, Falmouth.

Cost: \$27. **Deadline for receipt of coupons and checks: Wednesday, June 6.**

Get your friends together for the annual luncheon sponsored by Monday cards and games.

Lunch Buffet: Caesar & Green Salad, Baked Cod, Chicken Cordon Bleu, Rice Pilaf, Vegetable Medley.
Dessert: Apple Crisp

Please send coupons with those you would like to be at your table. All participants must be members of Newcomers or

Newcomers Picnic!



Goodwill Park
416 Gifford Street, Falmouth
Friday, June 8 (rain date: June 9)

Deadline for receipt of email response: June 5

Come and join fellow Newcomers at a pre-summer picnic at Goodwill Park. Friends and family welcome.

We will be using the pavilion near the lake beach.

Bring your own picnic lunch/dinner, beverages, utensils, chairs. Bring charcoal (no propane) if you wish to use the outdoor grills. Feel free to bring lawn games that you would like to play - bocce ball, corn hole, badminton, etc.

The park has 10 picnic tables, a beach, volleyball and area to launch your kayak or canoe. Limit of 100 people. No coupons for this event, but an e-mail confirmation is required.

Please note the town of Falmouth policy is no alcohol use in public beaches and parks.

Mix and Mingle

Saturday, June 16

6:30 - 9:30 p.m.



This is a fun social (held in Newcomer's homes) and a great opportunity for members to meet and get to know one another.

Participants will bring their own beverage, as well as a hearty hors d'oeuvre (or dessert) to share.

Group Activity Highlights

All activities are open to both Newcomers and Encore members. We are in need of some volunteers to serve as a Chair or Co-chair. Some of the activities are made up of many small groups. Members of each group may stay together indefinitely. Examples of this type of activity: book groups, dining groups, etc. Other activities happen on a regular basis and accept drop-ins. The Activity Chair will send out periodic emails letting members of the group know when and where the activity will take place. Examples of this type of activity: line dancing, samba, kayaking, biking, etc.

Chairing an activity is a nice way to become acquainted with other members, especially if you are new to Falmouth. You will receive emails or phone calls throughout the year from members wishing to join your activity.

Installation Photos



Outgoing president Doris Lachapelle and incoming president Margaret Souza



Swearing In of New Board

Caution: It's Tick Season!



Summer is upon us. It's wonderful to see the sun, to feel the warmth. We're all delighted to finally be outside enjoying gardening, cookouts, hiking, biking, picnics, all our warm weather activities. Unfortunately, it is also peak season for ticks.

Those of us who attended the presentation by Larry Dapsis, Barnstable County Extension Deer Tick Coordinator and Entomologist, at our April meeting learned that Lyme Disease is the most prevalent infectious disease in Massachusetts and is now considered to be a public health crisis. In addition to Lyme, deer ticks can carry the pathogens which cause Babesiosis, Anaplasmosis, Relapsing Fever and Powassan virus, all of which can be very serious and are on the increase. Falmouth is a prime tick area.

There is an excellent resource on preventing tick bites, identifying ticks, and on treatment options on the County Extension website. Be sure to check it out at <https://www.capecodextension.org/ticks/>

Newcomers Club of Falmouth - Membership Application

Check one: New membership _____ Renewal of membership _____

Check one: Individual membership _____\$30 Joint membership (must be same household) _____\$50

Please print carefully as this information is used to update the directory.

Name (1): _____

Name (2): _____

Address: _____ Phone(1): _____

Town: _____ Zip: _____ Phone(2): _____

You will receive your monthly newsletter by email.

Email address - member (1): _____

Email address - member (2) (if different): _____

Check here if you do not have an e-mail address: ____ See coupon in newsletter to order a hard copy of the newsletter.

Name to be put on name badge 1 (if needed): _____

Name to be put on name badge 2 (if needed): _____

Check to request a non-magnetic badge clasp if you have a heart pacemaker. Badge 1: _____ Badge 2: _____

Volunteer Opportunities:

Falmouth Newcomers depends on its members to volunteer for the many tasks that need to be accomplished. Your willingness to offer your time and talent is greatly appreciated. Please check areas of interest.

I have skills or interest in:

Word processing: _____ Website management: _____ Excel/database management: _____ Newsletter development/editing: _____

Writing articles for newspaper: _____ Finance/accounting: _____ Photography: _____ Recording meeting minutes: _____

Organization: _____ Event planning: _____ Leading an activity: _____ Coordinating refreshments; _____ Baking: _____

For our Information: How did you hear about Falmouth Newcomers?

Realtor: _____ Member: _____ Chamber of Commerce: _____ Newspaper: _____ Website: _____ Other: _____

The Newcomers Club of Falmouth urges all members to obtain a physical examination from their physicians prior to participation in any physical activity associated with the Newcomers Club of Falmouth. In recognition of the possible dangers connected with any physical activity, member(s) hereby knowingly and voluntarily waive(s) any cause of action of any kind whatsoever arising out of any Newcomers Club of Falmouth activity from which any liability may or could accrue to the Newcomers Club of Falmouth, its officers, directors or members.

Signature: _____ Date: _____

Mail completed application/renewal form with check payable to 'Newcomers Club of Falmouth' to:
Membership Chair, PO Box 2339, Teaticket, MA 02536
2018-2019

Recreational Groups				
Activity	Chairperson	Phone	Email	Comments
Biking				Biking at various locations. Group determines time and location.
Bowling Candlepin				Tuesday at Ryan's Entertainment Center 1:00 to 3 p.m.
Line Dancing				Lessons at Gus Canty Center Tuesdays from 2 to 3 p.m., or 1:30 p.m. for warmup and review. No lessons between Memorial and Labor Day.
Women's Golf – Play 9 holes. All levels wel- come				Thursdays 2 p.m. at the Falmouth Country Club.
Women's Golf 18 Holes				Play 18 holes of golf. Place and time to be determined.
Nine and Dine Golf				Group decides where and when to play.
Men's Golf				Wednesday at 9:00AM & Thursday at 8:30 AM from May through fall.
Friday Kayaking				Every Friday in season. Must provide your own kayak.
Tuesday Kayaking				Every Tuesday in season. Must provide your own kayak.
Women's Tennis				Groups try to accommodate all levels of expertise.
Men's Tennis				Group decides where and when to play.
Women's Walking				Thursday 9 a.m. Walk the bike path from Trunk River to Woods Hole.
Men's Walking				Fridays from Trunk River to Woods Hole. Oct to May at 9:30 a.m. May to Oct at 9 a.m.
Falmouth On Foot				Walks taken at various locations in Falmouth. Group determines time and location.
Dog Walkers Off- Leash				Meets at local beaches and woods. Times arranged by group.
Shell Fishing				Meetings will depend on tides and weather.
Cross Country Skiing & Snow Showing				Must have own equipment.
Ski Trip				One a year.
Vocal Group				Members decide songs and meeting sched- ule.
60's Music				Meet monthly to play guitars and sing. From DooWop to Dylan, the Beatles and Creedence.

Book Clubs and Games				
Activity	Chairperson	Phone	Email	Comments
Women's Book Club				Various subgroups meet, some with Encore; mystery or general books.
Men's Book Club				Meets 2 nd Tuesday of month. Alternates fiction/non-fiction/classics.
Bridge				Group(s) decide where and when to meet. Lessons available through Falmouth Community School.
Duplicate Bridge				Group(s) decide where and when to meet.
Men's Poker				Group decides where and when to meet.
Mah Jongg				Meets Mondays 10:30 a.m. at the Gus Canty Center. Bring your lunch and Mah Jongg card and game (if you have them). Drop-in.
Couples/Partners Samba Card Game				Meets 2 nd and 4 th Tuesday of the month at Gus Canty Center at 6:15 p.m. No games

Specialty Groups				
Activity	Chairperson	Phone	Email	Comments
Discussions: Current Issues				Group meets in homes to discuss national or local issues
Dirt Diggers				
Femmes Francaises				Ladies meet Wednesday afternoons. Speaking knowledge required.
Spanish Conversation				Mondays 3 to 5 p.m. September through December.
Teachers				Group decides when and where to meet.
Knitting, needlework and so on.				Thursdays 1 to 4 p.m. at the Gus Canty Center. Drop-in. No reservation required.
German Group				Speaking knowledge of German required. Group decides when and where to meet.
Shutterbugs				Photographers group of all levels. Meets first Tuesday of the month.

Social Groups				
Activity	Chairperson	Phone	Email	Comments
Cooking Together				For those interested in enhancing their cooking skills. Group decides when and where they meet.
Dinner Groups In the fall this will be 2 groups				Dine in homes/Dine out restaurants. Singles and couples welcome. Groups determine when, where and how often they meet.
Dinner and Movie In the fall this will be 2 groups				First Wednesday of the month. Contact chairperson by Monday to make reservation.
Live Metropolitan Opera Transmissions				E-mail announcements serve to connect people wanting to drive together to Dennis or Kingston movie theaters for Live Metropolitan Opera simulcasts.
Lunch and Learn				Trips as planned throughout the year. Dates and times published in the newsletter.
Men's Breakfast Group				Meets alternate Thursdays at 8:30 a.m. at Crabapples Restaurant.
Mix and Mingle				Meets in hosts home to socialize and share hors d'oeuvres and dessert.
Theater Matinee and Lunch				Group decides when and where they meet.
WIN (Women in Newcomers) dinners				Fourth Thursday of the month at various area restaurants. Dinner cost is divided evenly, unless restaurant provides individual bills. Cash bar.
Live Theater	Bette West	508-457-9860	peterbettewest@gmail.com	Theater outings will be announced in the newsletter.
Singles Group	Jeanne Fortier Susan Sargalski	802-258-7848 210-421-3816	jeannefortier@comcast.net swhiteski@gmail.com	Singles meet and attend events locally and out of town.