

THE
MEBANE
DOWNTOWN

Table

RESTAURANT

STARTERS

FRIED GREEN TOMATOES Pork Belly, Marinated Cheese Curds, Open Door Farms Microgreens, House Ranch Dressing	9	N.C. CRABCAKE Over Local Mixed Cherry Tomato Salad, House Pickled Jalapeño & Lemon Aioli	12
SOUTHERN DUMPLINGS Asian Dumplings filled with Pork Belly, Caramelized Onions, Celery, Pimento Cheese with our N.C. BBQ Sauce	8.5	BOXCARR FARMS CHEESE PLATE Campo, Rocket's Robiola, & Cottonseed Cheeses, House Jam, Sliced Bread	13
PIMENTO CHEESE Our Housemade Pimento Cheese served with Slices of Bread	7	TABLE SOUP OF THE DAY Ask your server. Cup or Bowl	3.5 6

SALADS

CUCUMBER SALAD GF, V, VG Local Farm Raised Corn & Cherry Tomatoes tossed with Cucumbers, Candy Onion, & Cilantro with a Garlic Lime Dressing	9 17	LOCAL FIG SALAD GF Arugula tossed in Balsamic Vinaigrette served with Brown Turkey Figs, Italian Prosciutto Ham & Goat Cheese	8.5
CLASSIC CAESAR Toasted Ciabatta, Parmesan Cheese Crisp, Anchovy Filet, House Caesar Dressing	7	CAPRESE SALAD GF, V Local Heirloom Tomatoes, Housemade Mozzarella, Local Basil & a Balsamic Reduction	9

ENTRÉES

BLACKENED N.C. CATFISH GF Red Beans & Rice, Louisiana Andouille Sausage	18	CHIPOTLE SEARED SCALLOPS GF Watermelon Fennel Salad, Fresh Thyme Sweet Corn Purée, Green Tea Infused Chive Oil	28
PORK MEDALLIONS GF Bacon Wrapped Pork Medallions with Potato "Risotto" & Black Eyed Peas	24	POLLO GUISADO GF Traditional Puerto Rican Soffritto, Chicken Breast cooked with Adobo Seasoning served over Arroz con Gandules	22
SHRIMP & GRITS Wild-caught N.C. Shrimp, Smoked Bacon & Tomato Cream Sauce, Stone-ground Grits	19	* GARLIC ROSEMARY PRIME RIB GF Roasted Garlic Mashed Potatoes, Seasonal Vegetables, Au Jus. 14 oz. Larger Cuts 2 per oz.	28
LOCAL OYSTER MUSHROOM V, VG Caramelized Oyster Mushroom served with Housemade Pasta tossed in Tomato & Basil Sauce	19	NAKED EGGPLANT PARM GF, V Local Eggplant & Heirloom Tomatoes Roasted with Parmesan Cheese & Local Oyster Mushrooms, Infused Basil Oil	20
* CAST IRON FILET MIGNON Roasted Garlic Mashed Potatoes, Seasonal Vegetables, Red Wine Demi-glace Bacon Wrap 3 Add Local Mushrooms 4	30		

Organic Coffee, Soft Drinks, Tea 2 | San Pellegrino 4.5

GF gluten free | **V** vegetarian | **VG** vegan | 18% gratuity added to parties of 6+

* consuming raw or undercooked meats, poultry, seafood, shellfish, or eggs may increase your risk of food-borne illness, especially if you have a medical condition.

** contains nuts