



Labor Day Weekend Retreat 2016

Biography

Rachel Abel

Healing My Heart Ministries

Rachel Abel is known for her passion for the oppressed and the less fortunate. She is a licensed minister and founder of Healing my Heart Ministries; a prayer and deliverance ministry of God's Grace Outreach Ministries. Her heart is to come along side those who are suffering and connect them with the Savior to be healed and set free.

After 16 years of married life, Rachel became a single mother to her three teenage girls. She understands the struggles of a broken heart, marriage, and family. She believes that a deep relationship with our Father is the path to healing every area of one's life.

Rachel says that: 'On January 20th, 1992 I met the Holy Spirit... He is my dearest friend and partner. That is the day I discovered the meaning of life, and the peace of God has never left me. My heart's desire is to bring Jesus everything that his death and sacrifice paid for'.

She has been a missionary to Leyte and Samar, Philippines, as well as Kenya and Zambia, Africa. Rachel is currently the spiritual director of Lamb's House of Grace which houses homeless pregnant women in Riverside County. Rachel holds the patent on the Cross of Light Diamond and uses these sales to run their family foundation: The Cross of Light Diamond Foundation, which seeks to assist the less fortunate throughout the world. Website www.gemoffaith.com

Healing My Heart Workshop: Rejection

This workshop will focus on the roots and fruits of rejection. You will learn how to position yourself to receive God's perfect plan for your relationships, rather than continually sabotaging them. You will be able to recognize behaviors that are a result of a 'rejection' mindset that help explain why we do the things we do. HealingMyHeart.org