

	ALYSSA D	SAVANNAH	MAGALI
3:45			
4:00			BP: INTERMEDIATE GYM
4:10			BARS
4:15		SUPER STARS	
4:20			
4:25		Bars	VAULT/BEAM
4:30	PRE-TEAM (ARTISTIC)		
4:35			
4:40		BEAM/VAULT	FLOOR
4:45	Floor		
4:50		FLOOR	
4:55			
5:00		JR GYM	OFFICE WORK
5:05	BEAM/VAULT	VAULT/BEAM	
5:10			
5:15			
5:20			
5:25	BARS	FLOOR	
5:30			
5:35			
5:40			
5:45	VAULT/BEAM	BARS	
5:50			
5:55			
6:00		TEAMGYM NEW	TEAMGYM NEW
6:05			
6:10		VAULT	VAULT
6:15			
6:20			
6:25			
6:30			
6:35		MINI TRAMPOLINE	MINI TRAMPOLINE
6:40			
6:45			
6:50			
6:55		TUMBLING	TUMBLING
7:00			
7:10			
7:15			
7:20			
7:25		FORM/TIGHTNESS/HANDSTANDS	FORM/TIGHTNESS/HANDSTANDS
7:30			
7:35			
7:40			
7:45		CONDITIONING	CONDITIONING
7:50			
7:55			
8:00			
8:10			
8:15			
8:25			
8:30			