

LMWC 2024-25 Tournament Schedule

- **Developmental Tournaments** -

- Coaches will not be sent to developmental tournaments
- Transportation is the responsibility of the parent/guardian
- Registration for developmental/beginner tournament are at the door
- Check the flyer for more specific details for each tournament

Nov. 24th – Iowa City West	<i>Iowa City West HS</i>
Dec. 6th – Cedar Rapids Prairie (Fri PM)	<i>Cedar Rapids Prairie HS</i>
Dec. 8th – Independence #1	<i>Independence HS</i>
Dec. 8th – Wapsie Valley #1	<i>Wapsie Valley HS</i>
Dec. 15th – Marion	<i>Marion HS</i>
Dec. 22nd – Linn-Mar (LMWC)	<i>Linn-Mar HS</i>
Jan. 18th – Wapsie Valley #2	<i>Wapsie Valley HS</i>
Jan. 19th – Independence #2	<i>Independence HS</i>
Feb. 9th – Lisbon	<i>Lisbon HS</i>

IOWA CITY WEST WRESTLING CLUB

YOUTH BEGINNER

**SUNDAY
NOVEMBER 24
2024**

**PK- 6TH GRADE
BOY AND GIRL
DIVISIONS**

WRESTLING TOURNAMENT

WEIGH-IN: 8:00-9:00 am

WRESTLING: Starting after the completion of weigh-ins

COST: \$15; Walk-In Registration only, No pre registration

ADMISSION: Free will donation by all non-wrestlers

CONCESSIONS: Beverages and candy will be available for purchase

AWARDS: Medals will be awarded to all wrestlers; No wall charts

- This tourney is designed for beginners in their 1st or 2nd year of wrestling
- No AAU/USA State qualifiers or place winners.
- All wrestlers should wrestle 3 matches depending on time.
- No wall brackets will be used.
- Wrestlers will be paired randomly by weight and their grade.
- Matches will consist of 3 - (1) minute periods.
- NO PARENTS AT THE EDGE OF THE MAT.**
- Pins will be called but wrestling will continue until the match time has ended. Both wrestlers' arms will be raised at the end of the match.
- Please remember that this tournament is designed to give the beginning wrestler more mat time & confidence before they enter the more competitive tournaments.
- This tournament will not be on track wrestling.

For more information, please contact Kody Pudil

Email: pudil.kody@iowacityschools.org

2024 Hammerin' Hawks Wrestling Club Beginner Tournament

Friday, December 6th, 2024



Where: Prairie High School 401 76th Ave SW Cedar Rapids, IA 52404

When: Friday, December 6th, 2024
Doors open at 5:00 P.M.
Wrestling begins at 6:30 P.M.

Registration: No registration required
All participants will be weighed in upon arrival
Arrival deadline for wrestlers, no later than 6:00 P.M. to allow pairings
Wrestling begins at 6:30 P.M.

Purpose: *NEW* wrestlers gain experience with an appropriate level of competition and have fun!

Entry Fee: \$20 per wrestler to be paid at the door

Admission: Cash Only - \$5 Per Person

Eligible Participants:

Boys and Girls PreK-6

Must be in their first two years of wrestling

Not for wrestlers with high-level success, such as PeeWee state

Awards: Each wrestler will be awarded a custom medal
Medals will be awarded immediately following their final match at the mat
A medal stand will be available for parents to use to take pictures of their own child

Format: Wrestlers will be placed in four-person, similar weight groupings
Each wrestler will get three matches, a match against the three others in group
Three one minute periods, continuous clock
Required top and bottom positions for second and third periods
When a pin occurs, wrestlers will be reset to neutral position to continue wrestling
No match score will be kept

Contact information: hammerinhawkswrestlingclub@gmail.com
Teresa Kness 319-651-3694





DEVELOPMENTAL TOURNAMENT
INDEE MAT CLUB WRESTLING
Independence Junior/Senior High School

Date: Sunday –December 8, 2024

Location: 700 20th Ave SW - Independence, IA

Grades: PK - 5

Weigh-Ins: Noon – 12:30pm

Wrestle: 1pm

Registration: At the door only! No Pre Registration.

Officials: Independence High School Wrestlers

Awards: Medals to all participants!

Cost: \$10.00 per wrestler

- Admission is by donation for all non-participants!
- Concessions will be available

** This tourney is for beginners in their 1st or 2nd year of wrestling.*

** Please, no AAU/USA State qualifiers or place winners.*

** All wrestlers should wrestle 3 - 4 matches depending on time.*

**No wall brackets will be used. Wrestlers will be paired randomly by weight and their grade. Matches will consist of 3 - (1) minute periods. Pins will be called but wrestling will continue until the match time has ended. Both wrestlers' arms will be raised at the end of the match.*

** Please remember that this tournament is designed to give the beginning wrestler more mat time & confidence before they enter the more competitive tournaments. This tournament will not be on track wrestling.*

For questions contact: Michael Doyle mdoyle@indeek12.org

WAPSIE VALLEY EARLY BIRD BEGINNERS TOURNEY



PLACE: WAPSIE VALLEY HIGH SCHOOL-FAIRBANK, IOWA

DATE: SUNDAY, DECEMBER 8th, 2024

WEIGH-IN: 1:00-1:30

WRESTLING: Starting after the completion of weigh-ins

BOYS AND GIRLS DIVISIONS	GRADES	PERIODS	AWARDS
BEGINNERS DIVISION	Pre- 4th	HH	Medals for ALL

NO MAIL IN ENTRIES ACCEPTED

WALK-IN REGISTRATION AVAILABLE AT DOOR \$10.00

MAKE CHECKS PAYABLE TO: WAPSIE VALLEY SCHOOLS

- This tourney is for beginners in their 1st or 2nd year of wrestling, no AAU/USA State qualifiers or place winners.
- All wrestlers should wrestle 3 - 4 matches depending on time.
- No wall brackets will be used.
- Wrestlers will be paired randomly by weight and their grade.
- Matches will consist of 3 - (1) minute periods.
- NO PARENTS AT THE EDGE OF THE MAT.
- Pins will be called but wrestling will continue until the match time has ended. Both wrestlers' arms will be raised at the end of the match.
- Please remember that this tournament is designed to give the beginning wrestler more mat time + confidence before they enter the more competitive tournaments. This tournament will not be on track wrestling.

IN CONSIDERATION OF MY ACCEPTING THIS ENTRY, I HEREBY, FOR MYSELF, MY HEIRS, AND ADMINISTRATORS, WAIVE AND RELEASE ANY AND ALL RIGHTS AND CLAIMS FOR DAMAGES I MAY HAVE AGAINST THE WAPSIE VALLEY COMMUNITY SCHOOLS, ITS SUBCOMMITTEES, AGENTS, REPRESENTATIVES AND ASSIGNS, FOR ANY AND ALL INJURIES SUFFERED BY ME AT SAID TOURNAMENT.

PARENT EMAIL: _____ PARENT PHONE NUMBER: _____

WRESTLERS NAME: _____ AGE: _____ GRADE: _____ WEIGHT: _____

SCHOOL &/OR CLUB WRESTLER ATTENDS _____

I CERTIFY THAT THE ABOVE INFORMATION IS TRUE: _____

PARENT/ GUARDIAN SIGNATURE

For any questions please contact TMURPHY@WAPSIEVALLEYSCHOOLS.ORG

Marion Wrestling Club



DEVELOPMENTAL TOURNAMENT

Date: **Sunday – December 15, 2024**

Location: Marion High School Gymnasium
675 South 15th Street- Marion, IA

Grades: K - 6

Weigh-Ins: 9:00am - 10:00am

Registration: At the door only!

Cost: \$20.00 per wrestler
Admission is free for spectators
Concessions will be available

Awards: Medals with ribbons to all participants!

* This tourney is for beginners in their 1st or 2nd year of wrestling.

* Please, no AAU State qualifiers or place winners.

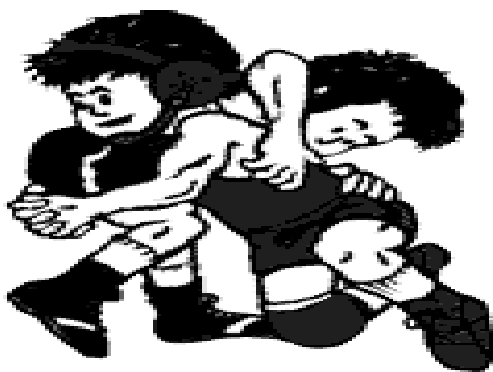
* All wrestlers should wrestle 3 - 4 matches depending on time.
No wall brackets will be used. Wrestlers will be
paired randomly by weight and their grade.

Matches will consist of 3 - (1) minute periods. Pins will be called
but wrestling will continue until the match time has ended.
Both wrestlers' arms will be raised at the end of the match.

* Please remember that this tournament is designed to give the
beginning wrestler more mat time & confidence before they
enter the more competitive tournaments.

For more information contact: Tom Thompson
Phone: (319)-573-6329

LINN-MAR WRESTLING CLUB



DEVELOPMENTAL TOURNAMENT

Date: **Sunday – December 22nd , 2024**

Location: Linn-Mar High School Gymnasium
3111 N. 10th Street - Marion, IA

Grades: PK - 6

Weigh-Ins: 11:00am - 12 Noon

Registration: At the door only!

Cost: \$20.00 per wrestler

Admission is by donation for all non-participants!

Concessions will be available.

Awards: Medals with ribbons to all participants!

* This tourney is for the beginner in their 1st or 2nd year of wrestling.

* Please, no AAU State qualifiers or place winners.

* All wrestlers should wrestle 3 - 4 matches depending on time.

No wall brackets will be used. Wrestlers will be paired randomly by weight and their grade.

Matches will consist of 3 - (1) minute periods. Pins will be called

but wrestling will continue until the match time has ended.

Both wrestlers' arms will be raised at the end of the match.

* Please remember that this tournament is designed to give the beginning wrestler more mat time & confidence before they enter the more competitive tournaments.

For more information contact: Doug Streicher

Email: linnmarwrestling@gmail.com

Visit the Linn-Mar Wrestling Web site at: www.linnmarwrestling.com

WAPSIE VALLEY MID-SEASON BEGINNERS TOURNEY



PLACE: WAPSIE VALLEY HIGH SCHOOL-FAIRBANK, IOWA

DATE: SATURDAY, JANUARY 18th, 2025

WEIGH-IN: 1:00-1:30

WRESTLING: Starting after the completion of weigh-ins

BOYS AND GIRLS DIVISIONS	GRADES	PERIODS	AWARDS
BEGINNERS DIVISION	Pre- 4th	HH	Medals for ALL

NO MAIL IN ENTRIES ACCEPTED

WALK-IN REGISTRATION AVAILABLE AT DOOR \$10.00

MAKE CHECKS PAYABLE TO: WAPSIE VALLEY SCHOOLS

- This tourney is for beginners in their 1st or 2nd year of wrestling, no AAU/USA State qualifiers or place winners.
- All wrestlers should wrestle 3 - 4 matches depending on time.
- No wall brackets will be used.
- Wrestlers will be paired randomly by weight and their grade.
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PARENT EMAIL: _____ PARENT PHONE NUMBER: _____

WRESTLERS NAME: _____ AGE: _____ GRADE: _____ WEIGHT: _____

SCHOOL &/OR CLUB WRESTLER ATTENDS _____

I CERTIFY THAT THE ABOVE INFORMATION IS TRUE: _____

PARENT/ GUARDIAN SIGNATURE

For any questions please contact TMURPHY@WAPSIEVALLEYSCHOOLS.ORG



DEVELOPMENTAL TOURNAMENT
INDEE MAT CLUB WRESTLING
Independence Junior/Senior High School

Date: Sunday –January 19, 2025

Location: 700 20th Ave SW - Independence, IA

Grades: PK - 5

Weigh-Ins: Noon – 12:30pm

Wrestle: 1pm

Registration: At the door only! No Pre Registration.

Officials: Independence High School Wrestlers

Awards: Medals to all participants!

Cost: \$10.00 per wrestler

- Admission is by donation for all non-participants!
- Concessions will be available

** This tourney is for beginners in their 1st or 2nd year of wrestling.*

** Please, no AAU/USA State qualifiers or place winners.*

** All wrestlers should wrestle 3 - 4 matches depending on time.*

**No wall brackets will be used. Wrestlers will be paired randomly by weight and their grade. Matches will consist of 3 - (1) minute periods. Pins will be called but wrestling will continue until the match time has ended. Both wrestlers' arms will be raised at the end of the match.*

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For questions contact: Michael Doyle mdoyle@indeek12.org

LISBON MAT PACK

BEGINNERS TOURNAMENT

LISBON High SCHOOL

235 W. School Street – LISBON, IA

WEIGH-INS:

Sunday, February 9th from 12-1PM. Wrestling will start at 1PM

ENTRY FEE:

\$15- **WALK-INS ONLY**

PAIRINGS:

All Wrestlers will be matched by age and weight prior to each match, we will do our best to get each participant three matches. No score, no falls. **(No Bracketing)**

AGE GROUPS:

K-8 beginners only, no more than two years of experience

AWARDS:

Trophies will be given out to all participants.

ADMISSION:

\$5.00 gets the whole family in the door!

CONTACT INFO:

Seth Hall: 319-899-4063 (lisbonmatpack@gmail.com)

Name: _____ Grade: _____ Age: _____ Phone #: _____

Address: _____ City: _____ State: _____ Zip: _____

I accept full responsibility for the above behavior, participation, and insurance coverage. I waive and release Lisbon High School and the Lisbon Mat Pack and its members from all claims or rights to damages or injuries suffered directly in competing or attending the Lisbon Mat Pack Tournament.

Signature of Parent/Guardian: _____