

Hall's Martial Arts Connection

11021 ANDERSON ROAD PIEDMONT, SC 29673 864.295.9403 or 864.444.5250

Special Points Of Interest

Birthday's

- July 3: Elaine Teasley
- July 6: Sensei Kage Haskett
- July 8: Jed Harris (Kid's Class)
- July 27: AJ Holcombe
- July 28: Nigel Gaillard

Promotions

- Nigel Galliard: Yellow Belt
- AJ Holcombe: Orange Belt
- Brady Holcombe:
 Orange Belt
- Holly Evans: Blue Belt
- Aaron House: Blue Belt
- Daniel Spaulding: 2nd Brown

Recommended Reading

- Combative Drills
- Neal Martin
- James Mitose and the Path of Kenpo
 - Jim Rathbone

Special Note

- Tuition payments are due no later than July 1. Late fees apply after July 3.
- Children's Class (Ages 6-10) each Saturday: 9:15-10:15am
- Combatant Class every Monday evening: Contact Sensei Mike Bindas for info.

"When pure knuckles meet pure flesh, that's pure Karate, no matter who executes it or whatever style is involved."

"He who hesitates, meditates in the horizontal position." Grandmaster Ed Parker

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July 1, 2014

TECHNIQUE OF THE MONTH: Reversing Grasp (A-B) (Blue Belt)

Attack: Wrist Grab

- A1: Right Hand Makes A Large CCW Motion, Traps And Breaks Grip Loose
- A2: Right Punch To Rib Cage
- BI: Right Hand Pulls Against Thumb Out Of Grab (Hako Dori) Pulling Hand Back To Your Left Shoulder
- B2: Right Backhand Strikes Down To Radial Nerve

RECENT PROMOTIONS





"Respect your Instructor(s), respect your Dojo, respect martial arts and it's history, respect your training, respect your training partner(s), respect yourself and you will grow in knowledge and skill as a martial artist."

Sensei Rick

