

2010 YORKTOWN FREEDOM RUN 5K
 Grafton High School, Yorktown, VA
 Memorial Day, Monday May 31, 2010 8:00 AM
 A PENINSULA TRACK CLUB GRAND PRIX EVENT

OPEN MEN

1	1 RYAN CARROLL	27 PORTSMOUTH VA	16:00	5:09	*
2	4 DOUGLAS MARSHALL	36 MATHEWS VA	18:03	5:49	
3	5 TODD KESSLER	27 NEWPORT NEWS VA	18:11	5:52	

OPEN WOMEN

1	14 JENNIFER QUARLES	38 WILLIAMSBURG VA	19:33	6:18	
2	40 LAURA K WELCH	25 RICHMOND VA	21:32	6:56	
3	44 KRISTIN DOLBY	28 NEWPORT NEWS VA	21:45	7:00	

MASTERS MEN

1	2 KEVIN T WHITE	42 VIRGINIA BEACH VA	17:22	5:36	
2	3 JOHN PIGGOTT	45 WILLIAMSBURG VA	17:47	5:44	
3	6 GREGORY DAWSON	44 WILLIAMSBURG VA	18:13	5:52	*

MASTERS WOMEN

1	29 ARLYNE SPALLA	41 YORKTOWN VA	20:27	6:35	
2	37 CONNIE GLUECK	46 WILLIAMSBURG VA	21:16	6:51	*
3	39 LESLIE FEDON	46 VIRGINIA BEACH VA	21:24	6:54	

MEN: 12 AND UNDER

1	60 GABRIEL MARBAS	11 YORKTOWN VA	22:54	7:23	*
2	77 AARON PARR	12 GLOUCESTER POINT V	23:56	7:42	
3	82 JENSEN MORALES	9 HAMPTON VA	24:10	7:47	
4	99 DAVID SADIKOV	12 HAYES VA	25:38	8:15	
5	108 KELAU T SMITH	11 WILLIAMSBURG VA	26:02	8:23	
6	125 LIAM A KEMPTON	12 YORKTOWN VA	27:11	8:45	
7	252 BEN ATTEBERRY	11 HAMPTON VA	36:04	11:37	*

MEN: 13 - 19

1	10 FORREST M KIDWELL	15 YORKTOWN VA	19:10	6:11	
2	46 EDWARD BRUCE	13 YORKTOWN VA	21:51	7:02	*
3	57 OWEN HANSEN	15 YORKTOWN VA	22:42	7:19	
4	86 RYAN JOHNS	14 KING WILIAM VA	24:19	7:50	
5	88 BRYCE WILLIAMS	13 YORKTOWN VA	24:28	7:53	
6	93 BRIAN GRIFFITH	18 NEWPORT NEWS VA	25:05	8:05	
7	96 ERIC HANSEN	17 YORKTOWN VA	25:15	8:08	
8	113 CHANCE E WHITELEY	19 MIDLOTHIAN VA	26:33	8:33	
9	117 SHANE LE VIE	15 YORKTOWN VA	26:45	8:37	*
10	130 MICHAEL MAHANEY	19 YORKTOWN VA	27:22	8:49	
11	133 GRAHAM YOUNG	16 YORKTOWN VA	27:30	8:51	
12	139 JONATHAN MARBAS	14 YORKTOWN VA	27:58	9:00	*
13	151 COLLIN D WHITE	13 YORKTOWN VA	28:29	9:10	
14	156 JESSE LEE	14 YORKTOWN VA	28:53	9:18	
15	170 DANIEL POLLOCK	16 YORKTOWN VA	29:25	9:28	
16	175 JACK W NEBLETT	17 MIDLOTHIAN VA	29:37	9:32	
17	197 MATTHEW GARCIA	17 YORKTOWN VA	31:17	10:04	
18	205 AARON M WALLACE	18 YORKTOWN VA	31:39	10:11	
19	206 JONATHAN KIM	18 YORKTOWN VA	31:39	10:12	
20	242 MATTHEW ATTEBERRY	14 HAMPTON VA	35:20	11:23	*
21	324 PATRICK J CARROLL	14 YORKTOWN VA	44:33	14:21	

MEN: 20 - 24

1	12 JOSH W MORRISON	21 YORKTOWN VA	19:18	6:13	
2	34 BRANDON WARD	22 YORKTOWN VA	20:59	6:46	
3	95 RYAN A CHRISTIN	22 PROVIDENCE FORGE V	25:14	8:08	

4	150	MICHAEL Y CLARK	21	WINDSOR VA	28:29	9:10
5	207	JIMMY GREENE	24	YORKTOWN VA	31:42	10:12
6	218	JOHNATHON MILLS	22	HAMPTON VA	32:27	10:27
7	255	CHRISTOPHER CHANG	21	WILLIAMSBURG VA	36:11	11:39
MEN: 25 - 29						
1	8	NATE WALLACE	28	YORKTOWN VA	18:38	6:00
2	17	BRIAN J HAKES	29	WILLIAMSBURG VA	19:50	6:23
3	20	RYAN THOMPSON	28	HAMPTON VA	19:57	6:26
4	21	DEREK REIJO	29	WILLIAMSBURG VA	19:58	6:26
5	23	EDWYNN COLLINS	29	NEWPORT NEWS VA	20:07	6:29 *
6	31	JAMES CONNORS	26	YORKTOWN VA	20:41	6:40
7	61	CHRIS SZYMCZAK	25	VIRGINIA BEACH VA	23:00	7:24
8	116	DAVID BLAKE	25	YORKTOWN VA	26:40	8:35
9	162	RONALD AGBUNAG	29	SUFFOLK VA	29:05	9:22
10	191	BENJAMIN DOLBY	28	NEWPORT NEWS VA	30:55	9:57
MEN: 30 - 34						
1	16	BRYAN DOLLYHIGH	34	GLOUCESTER VA	19:41	6:20 *
2	22	ERIC GLOSS	31	HAMPTON VA	20:02	6:27 *
3	25	BRIAN D SENGER	30	NEWPORT NEWS VA	20:14	6:31 *
4	27	MATTHEW CROSWELL	31	GLOUCESTER VA	20:22	6:34
5	28	MICHAEL RAY RODRIGUEZ	33	NEWPORT NEWS VA	20:26	6:35 *
6	33	ELTING C RUSSELL	34	HAMPTON VA	20:52	6:43 *
7	58	ROBERT STAUB	34	NEWPORT NEWS VA	22:51	7:22
8	74	JOSHUA S DOVER	30	FT EUSTIS VA	23:49	7:40 *
9	127	BRETT BOOTHE	31	NEWPORT NEWS VA	27:14	8:46
10	129	JUSTIN A KELLY	33	YORKTOWN VA	27:21	8:49
11	159	CHRISTOPHER SANFORD	33	NEWPORT NEWS VA	29:02	9:21 *
12	199	STEVEN WEBB	33	NEWPORT NEWS VA	31:19	10:05
13	203	DEAN WILLARD	34	PETERSBURG VA	31:29	10:08
14	204	WILLIAM SCHENCK	32	TROY MI	31:38	10:11
15	222	NADEN S SEBRO	31	NORFOLK VA	32:30	10:28
16	262	BENJAMIN SERRANO	32	HAMPTON VA	36:44	11:50
17	334	ED P SMITH	32	WILLIAMSBURG VA	45:48	14:45
MEN: 35 - 39						
1	19	PETER WOLF	38	NEWPORT NEWS VA	19:54	6:25 *
2	26	MATTHEW CHANG	36	YORKTOWN VA	20:19	6:33
3	36	J DAVID MACLUSKIE	37	YORKTOWN VA	21:09	6:49
4	52	JAMES PECKHAM	38	YORKTOWN VA	22:28	7:14
5	63	DANIEL W BOWMAN	37	NEWPORT NEWS VA	23:16	7:30
6	66	JOHN D MARTIN	39	NEWPORT NEWS VA	23:22	7:31 *
7	101	RICK DAVENPORT	39	YORKTOWN VA	25:41	8:16 *
8	124	PAUL HAAG	37	WILLIAMSBURG VA	27:03	8:43
9	138	MICHAEL ABLES	39	NEWPORT NEWS VA	27:54	8:59
10	165	ANDREW G BATES	38	NEWPORT NEWS VA	29:11	9:24
11	173	JAMIE GARRETT	38	NEWPORT NEWS VA	29:28	9:29 *
12	216	JEFF HOLLAND	36	HENRICO VA	32:16	10:23
13	235	RYAN W THOMPSON	35	NEWPORT NEWS VA	34:28	11:06
14	264	JOHN WARD JR	38	VIRGINIA BEACH VA	36:53	11:53
15	288	MARCUS N DANIEL	36	GLOUCESTER VA	39:30	12:43
16	365	GEORGE HARDY	35	NEWPORT NEWS VA	1:00:31	19:29
MEN: 40 - 44						
1	7	JACK LOVETT	40	NEWPORT NEWS VA	18:21	5:55
2	9	PAUL PELLETIER	44	WILLIAMSBURG VA	18:51	6:04 *
3	11	DAVID P LOCKARD	41	HAMPTON VA	19:16	6:12
4	35	BRIAN WESTRATER	43	YORKTOWN VA	21:05	6:47
5	42	KRISTIAN ELLINGSEN	41	YORKTOWN VA	21:41	6:59 *
6	48	MARTY ABRAHAMSON	42	GLOUCESTER VA	21:59	7:05

7	53 BRIAN A BYRD	40 GLOUCESTER VA	22:29	7:14
8	64 NATHAN YOUNGE	43 FALLS CHURCH VA	23:19	7:31
9	68 BRAD S BISHOP	42 WILLIAMSBURG VA	23:25	7:32
10	71 KEVIN HARRISON	44 POQUOSON VA	23:41	7:38 *
11	90 JEFFREY A SATTERFIELD	44 YORKTOWN VA	24:47	7:59
12	91 GREGORY JOHNS	42 KING WILIAM VA	24:57	8:02
13	104 ROBERTO J CANO	43 YORKTOWN VA	25:50	8:19 *
14	110 NOLAN T KOON	40 YORKTOWN VA	26:12	8:26
15	118 BRADLEY DAVIS	40 WILLIAMSBURG VA	26:47	8:37
16	119 NICK MATHES	44 HAMPTON VA	26:50	8:38
17	121 JEFFREY BAKER	40 POQUOSON VA	26:56	8:41
18	177 PATRICK MARBAS	40 YORKTOWN VA	29:56	9:39 *
19	179 STEVE MORALES	43 HAMPTON VA	30:15	9:45
20	182 KEVIN QUAMME	41 YORKTOWN VA	30:23	9:47
21	188 JEFFREY S PURDY	41 LANGLEY AFB VA	30:43	9:54
22	196 GARY HAIGH	41 NEWPORT NEWS VA	31:16	10:04
23	213 DEREK LE VIE	40 YORKTOWN VA	31:58	10:18 *
24	220 BRIAN OVERBAY	41 NEWPORT NEWS VA	32:28	10:27
25	276 KEITH B WILBEE	40 MOSS BLUFF LA	38:07	12:16
26	280 JAMES HAYDEN	42 NEWPORT NEWS VA	38:28	12:23 *
27	290 PATRICK COOK	42 NORFOLK VA	39:45	12:48
28	311 FRANCIS J CLEMENTS	42 SEAFORD VA	41:30	13:22
MEN: 45 - 49				
1	15 GEORGE FISCELLA	48 NEWPORT NEWS VA	19:37	6:19 *
2	32 ANDREW R D'AMICO	49 NEWPORT NEWS VA	20:45	6:41 *
3	49 MATTHEW H BICKLEY	48 SEAFORD VA	22:07	7:07 *
4	51 MICHAEL JORDAN	45 NEWPORT NEWS VA	22:23	7:12
5	55 WALT BRUCE	48 YORKTOWN VA	22:34	7:16 *
6	65 ERIC WILLIAMS	45 YORKTOWN VA	23:21	7:31
7	76 ALAN VAN ZANDT	48 NEWPORT NEWS VA	23:55	7:42 *
8	81 BOB THOMS	47 RICHMOND VA	24:09	7:47
9	83 MICHAEL GLUECK	48 WILLIAMSBURG VA	24:13	7:48 *
10	98 RICHARD BARNES	46 YORKTOWN VA	25:30	8:13
11	102 STEVEN KEETER	46 NEWPORT NEWS VA	25:44	8:17 *
12	109 DAVID GELLENE	47 YORKTOWN VA	26:10	8:26
13	140 TIM L RAINES	47 YORKTOWN VA	28:04	9:02
14	146 KEVIN S KEMPTON	47 YORKTOWN VA	28:11	9:05
15	155 STUART POLLOCK	48 YORKTOWN VA	28:51	9:17
16	194 JOHN E RABBITT	48 POQUOSON VA	31:04	10:00 *
17	201 JASON D LEWIS	45 WILLIAMSBURG VA	31:25	10:07
18	212 DAVID T ANDERSON	45 WILLIAMSBURG VA	31:54	10:16
19	224 RAYMOND CHANG	49 WILLIAMSBURG VA	32:50	10:34
20	229 GEORGE AVISON	48 YORKTOWN VA	33:35	10:49
21	306 SCOTT A GARNER	46 HAMPTON VA	40:44	13:07
22	338 MICHAEL ANGELO	46 POQUOSON VA	47:05	15:09 *
23	362 ROBERT RAMEY	47 GRAFTON VA	57:38	18:33
MEN: 50 - 54				
1	18 ANDREW D CUTLER	53 YORKTOWN VA	19:53	6:24
2	24 TERRY IMBERY	52 YORKTOWN VA	20:09	6:29 *
3	30 WYATT E CUTCHINS	54 NEWPORT NEWS VA	20:29	6:36 *
4	41 WILLIAM R JONES	51 YORKTOWN VA	21:35	6:57 *
5	43 TOM MEREE	52 POQUOSON VA	21:44	7:00
6	47 ERIC EVERTON	51 SEAFORD VA	21:57	7:04 *
7	75 DOUGLASS AMMON	52 YORKTOWN VA	23:52	7:41
8	94 BILL RUSSELL	52 YORKTOWN VA	25:11	8:07 *
9	126 KEN BRICKER	52 NEWPORT NEWS VA	27:12	8:46 *
10	172 CHARLES WELCH	53 YORKTOWN VA	29:28	9:29

11	186	DAVID M JANKOWSKI	53	STATE COLLEGE PA	30:34	9:51	
12	260	SHANE SMITH	50	ALEXANDRIA VA	36:33	11:46	
13	281	RANDY DYKE	51	NEWPORT NEWS VA	38:46	12:29	
MEN: 55 - 59							
1	13	PETER MUELLER	56	NEWPORT NEWS VA	19:27	6:16	*
2	38	JOE DAY	59	YORKTOWN VA	21:20	6:52	*
3	54	RICK PLATT	59	WILLIAMSBURG VA	22:32	7:15	*
4	56	BARRY HUGHES	56	GLOUCESTER VA	22:37	7:17	*
5	69	RUBEN A NIEVES	57	NEWPORT NEWS VA	23:28	7:34	
6	70	ROY BLAKEBURN	55	VIRGINIA BEACH VA	23:36	7:36	
7	73	JAMES DEVIESE	58	YORKTOWN VA	23:47	7:40	
8	85	JEFF GROSS	57	POQUOSON VA	24:18	7:50	
9	87	STEVE LONG	55	WILLIAMSBURG VA	24:20	7:50	
10	111	DOUG A DOVEY	59	YORKTOWN VA	26:18	8:28	
11	112	JIMMY C BLOUNT	59	WILLIAMSBURG VA	26:21	8:29	*
12	114	WILLIAM T HODGES	57	YORKTOWN VA	26:36	8:34	*
13	122	AL A MONTALVO	55	YORKTOWN VA	27:00	8:42	*
14	189	RICHARD TALIAFERRO	55	POQUOSON VA	30:48	9:55	
15	193	NEIL RICE	57	FT MONROE VA	30:58	9:58	
16	202	WOODY TRANT	58	YORKTOWN VA	31:27	10:08	
17	294	JIM MOYNIHAN	59	YORKTOWN VA	40:06	12:55	
18	368	JERRY W SCHENCK	55	NEWPORT NEWS VA	1:43:06	33:12	*
MEN: 60 - 64							
1	45	JIM CHRISTOL	62	YORKTOWN VA	21:48	7:01	*
2	141	ED Z OLIPHANT	64	GLOUCESTER VA	28:04	9:02	
3	171	GARY B PORTER	61	NEWPORT NEWS VA	29:25	9:28	*
4	246	STEPHEN V SCUDDER	61	VIRGINIA BEACH VA	35:35	11:27	*
5	295	ALLAN HUMPHREY	63	NEWPORT NEWS VA	40:09	12:56	
6	314	GROVE A CALVERT	63	VIRGINIA BEACH VA	43:01	13:51	*
7	330	RICHARD SHEARER	63	HAMPTON VA	45:09	14:32	*
MEN: 65 - 69							
1	92	LARRY W TURNER	67	SEAFORD VA	24:58	8:03	*
2	135	DOUG BERRY	67	NORFOLK VA	27:35	8:53	*
3	145	THOMAS R PENNINGTON	66	YORKTOWN VA	28:08	9:04	
4	167	ROBERT A WHITE	68	SEAFORD VA	29:17	9:26	
5	185	PAUL O SHARP	69	NORTH VA	30:32	9:50	*
6	237	JAMES P SHARP	68	NORTH VA	34:59	11:16	
7	251	JIM HALLEY	65	GRAFTON VA	36:03	11:37	*
8	322	JOSEPH W MAJCHER	66	WILLIAMSBURG VA	44:30	14:20	
MEN: 70 AND OVER							
1	115	BILL L FENWICK	77	WILLIAMSBURG VA	26:39	8:35	
2	217	CHARLES R TERRELL	71	NEWPORT NEWS VA	32:17	10:24	*
3	367	JIM JOHNSON	84	HAMPTON VA	1:43:05	33:11	*
WOMEN: 12 AND UNDER							
1	144	SYDNEY GARRETT	9	NEWPORT NEWS VA	28:07	9:03	*
2	209	NOVELLA SOMM	10	YORKTOWN VA	31:44	10:13	
3	214	KELSEY JONES	8	YORKTOWN VA	31:59	10:18	
4	258	KAYLEE JONES	12	YORKTOWN VA	36:21	11:42	
5	269	AMY M ZIBROWSKI	12	LEESBURG VA	37:20	12:01	
6	283	ANNIKA G GROMEK	8	YORKTOWN VA	39:01	12:34	
7	289	GAPHNE GLUECK	11	WILLIAMSBURG VA	39:34	12:45	*
8	293	GAREN GLUECK	10	WILLIAMSBURG VA	40:02	12:53	*
9	299	AUNDREA CLARK	12	YORKTOWN VA	40:29	13:02	
10	305	MACKENZIE E GARNER	9	HAMPTON VA	40:44	13:07	
11	308	LIVIA ABRAHAMSON	11	GLOUCESTER VA	40:53	13:10	
12	333	HA'ANI SMITH	8	WILLIAMSBURG VA	45:48	14:45	

13	343 ROSANNA WOLF	8 NEWPORT NEWS VA	48:11	15:31	*
WOMEN:	13 - 19				
1	50 RACHEL RABBITT	15 YORKTOWN VA	22:11	7:09	
2	67 NICOLE GOFF	13 YORKTOWN VA	23:24	7:32	
3	89 GIANINA THOMPSON	19 HAMPTON VA	24:40	7:57	
4	107 GINA LAWSON	15 YORKTOWN VA	25:57	8:21	
5	131 COURTNEY N CARNEVALE	19 YORKTOWN VA	27:28	8:51	
6	132 LEXI WILLIAMS	15 YORKTOWN VA	27:30	8:51	
7	136 ELIZABETH LEWIS	14 WILLIAMSBURG VA	27:36	8:53	
8	137 ADELLE SADIKOB	14 HAYES VA	27:38	8:54	
9	147 SAVANNAH HYATT	13 YORKTOWN VA	28:15	9:06	
10	152 CASSIDY L CLEMENTS	13 SEAFORD VA	28:31	9:11	
11	169 ALYX RIEBELING	16 NEWPORT NEWS VA	29:23	9:28	
12	228 ANGELA AVISON	17 YORKTOWN VA	33:33	10:48	
13	230 KAYLYN SAWYER	15 YORKTOWN VA	33:40	10:51	
14	241 JENNIFER NELSON	15 SEAFORD VA	35:11	11:20	
15	245 KIMBERLY LOEB	13 YORKTOWN VA	35:33	11:27	
16	253 HEATHER E PURDY	14 LANGLEY AFB VA	36:07	11:38	
17	263 ANNIE GOLDBLATT	15 YORKTOWN VA	36:46	11:50	
18	286 CHEYENNE NEBLETT	16 MIDLOTHIAN VA	39:13	12:38	
19	302 IMAN HAMID	14 YORKTOWN VA	40:33	13:03	
20	325 MARYANN ALOMAR	13 YORKTOWN VA	44:36	14:22	
21	350 LINDSEY LE VIE	17 YORKTOWN VA	51:10	16:28	*
22	354 MEGAN L STALLINGS	13 YORKTOWN VA	52:05	16:46	
23	359 ALLISON LE VIE	13 YORKTOWN VA	55:25	17:50	*
WOMEN:	20 - 24				
1	79 JULIANNE LONG	21 WILLIAMSBURG VA	24:00	7:44	
2	149 SAMANTHA SCHREIBER	20 SMITHFIELD VA	28:28	9:10	
3	200 HAYLEY ANDERSON	21 WILLIAMSBURG VA	31:20	10:05	
4	267 ALLISON SCHEIBLER	24 HAMPTON VA	37:16	12:00	
5	272 SAMANTHA BEAN	24 WILLIAMSBURG VA	37:39	12:07	
6	273 HEATHER N GRANGER	23 SEAFORD VA	37:39	12:07	
7	278 CHELSEA CHRISTIAN	20 PROVIDENCE FORGE V	38:20	12:21	
8	292 KATELYN TSCHIDA	23 NEWPORT NEWS VA	39:53	12:51	
9	296 ROBIN POLLOCK	20 YORKTOWN VA	40:14	12:57	
10	340 BRIDGET A PELZEL	23 VIRGINIA BEACH VA	47:32	15:18	
11	344 CRYSTAL PEABODY	24 CHESAPEAKE VA	49:07	15:49	
WOMEN:	25 - 29				
1	72 JENNIFER DOVER	28 FT EUSTIS VA	23:46	7:39	*
2	103 DEIRDRE HESTER	27 NEWPORT NEWS VA	25:45	8:18	
3	157 RACHEL STAUB	28 NEWPORT NEWS VA	28:55	9:19	
4	195 SARAH SAWNING	29 CHESAPEAKE VA	31:12	10:03	
5	198 ANGELINE BURBACK	29 NEWPORT NEWS VA	31:18	10:05	
6	211 SARAH SALKO	26 LAFAYETTE HILL PA	31:54	10:16	
7	219 GERRY L HAUS	26 PHILADELPHIA PA	32:28	10:27	
8	231 JENNIFER LOPEZ	26 HAMPTON VA	34:09	11:00	
9	234 SARAH E HOUGH	29 DENVER CO	34:28	11:06	
10	261 MACKENZIE BOOTHE	27 NEWPORT NEWS VA	36:38	11:48	
11	266 ASHLEY MOYNIHAN	28 YORKTOWN VA	37:09	11:58	
12	268 WENDY KEETER	29 VIRGINIA BEACH VA	37:19	12:01	
13	270 AMANDA SERRANO	29 HAMPTON VA	37:32	12:05	
14	303 IMELDA HERRERA	26 LANGLEY AFB VA	40:37	13:05	
15	316 MELISSA MAXOWIEC	27 HAYES VA	43:12	13:55	
16	319 VANESSA L MAXFIELD	29 NEWPORT NEWS VA	43:57	14:09	
17	332 SARAH MARTZ	28 VIRGINIA BEACH VA	45:41	14:43	
18	351 MELANIE D COOKE	27 WILLIAMSBURG VA	51:58	16:44	
WOMEN:	30 - 34				

1	78	HEATHER HUDGINS	33	MATHEWS VA	23:59	7:44
2	100	LIZ H STRAVEH	31	YORKTOWN VA	25:40	8:16
3	153	KIMBERLY FLOYD	31	NEWPORT NEWS VA	28:41	9:14
4	178	JANET HANEY	34	YORKTOWN VA	29:58	9:39
5	187	ALLISON LUCAS	32	YORKTOWN VA	30:41	9:53
6	190	CHARLOTTE REIJO	34	WILLIAMSBURG VA	30:52	9:57
7	215	SBAWIT G BISHU	31	NORFOLK VA	32:10	10:22
8	225	KRISTY HUNTER	31	GLOUCESTER VA	32:52	10:35
9	239	IRENE CARTAGENA	32	SUFFOLK VA	35:05	11:18
10	271	PIA ORBEZO	30	YORKTOWN VA	37:33	12:05
11	277	JENNIFER L RITCHIE	31	HAMPTON VA	38:19	12:20
12	285	AMY SEDA	30	HAYES VA	39:05	12:35
13	309	COLE K HARTINER	30	PORTSMOUTH VA	41:04	13:13
14	331	TONYA MATTHEWS	31	COBBS CREEK VA	45:11	14:33
15	336	RACHEL ONEY	34	HAYES VA	46:46	15:04
16	341	AMANDA CAUSEY	34	YORKTOWN VA	47:47	15:23
17	345	SHELLEY BARRETT	34	HAYES VA	49:32	15:57
18	352	SUSIE E MCFATRIDGE	33	WILLIAMSBURG VA	51:58	16:44
19	366	JESSICA HARDY	31	NEWPORT NEWS VA	1:00:36	19:31
WOMEN:		35 - 39				
1	84	REBECCA CHANG	38	YORKTOWN VA	24:15	7:49
2	97	SUSAN HAGEL	37	NORFOLK VA	25:27	8:12 *
3	105	A JOYE LEE	38	HAMPTON VA	25:52	8:20 *
4	106	CRYSTAL DAVENPORT	35	YORKTOWN VA	25:55	8:21 *
5	142	KERRI CHAMPION	37	GLOUCESTER VA	28:05	9:03
6	143	JENNIFER EDDY	36	HAYES VA	28:06	9:03
7	176	NIKKI CHANEY-CLEMENTS	36	SEAFORD VA	29:49	9:36
8	180	YUKI YOUNG	37	PORTSMOUTH VA	30:17	9:45
9	181	LAURIE MARBAS	39	YORKTOWN VA	30:21	9:46 *
10	183	DIONE EDWARDS	39	HAMPTON VA	30:27	9:48 *
11	184	ALICIA LORACK	39	WILLIAMSBURG VA	30:30	9:49
12	192	TINA MARTIN	39	YORKTOWN VA	30:56	9:58 *
13	221	MOIRA LEPPARD	38	NORFOLK VA	32:29	10:28
14	249	YVONNE PEABODY	37	HAMPTON VA	35:55	11:34
15	317	JENNIFER QUAIL	36	HAYES VA	43:12	13:55
16	337	JENNIFER DOSS	39	HAYES VA	46:47	15:04
17	363	MISTY WILLARD	38	PETERSBURG VA	59:05	19:01
WOMEN:		40 - 44				
1	59	KIM RATCLIFFE	42	YORKTOWN VA	22:52	7:22
2	128	SUSAN FERRANDINO	41	WILLIAMSBURG VA	27:20	8:48
3	160	MUN CHRISTENSEN	44	YORKTOWN VA	29:04	9:22 *
4	161	DONNA L MOORE	43	YORKTOWN VA	29:05	9:22
5	163	ANGIE GRANBY	44	NEWPORT NEWS VA	29:07	9:23
6	168	STEPHANIE LUZZI	41	YORKTOWN VA	29:19	9:26
7	227	LAURA M ELLIOTT	40	YORKTOWN VA	33:24	10:45
8	233	CINTHIA CHRISLEY	40	NEWPORT NEWS VA	34:21	11:04
9	240	LEAH PARDO	41	GLOUCESTER VA	35:11	11:20
10	250	MIRANDA HAYDEN	41	NEWPORT NEWS VA	36:02	11:36 *
11	275	KIMBERLY ORANGE	40	NEWPORT NEWS VA	37:49	12:11
12	279	MARIA VASQUEZ	44	VIRGINIA BEACH VA	38:27	12:23
13	284	MAUREEN MULLER	44	YORKTOWN VA	39:02	12:34
14	287	STEPHANIE K GERBER	42	MIDLOTHIAN VA	39:13	12:38
15	304	SHEILA M NASER	42	YORKTOWN VA	40:41	13:06
16	307	TRACY VEST	40	YORKTOWN VA	40:47	13:08
17	313	BECKY RIEBELING	41	NEWPORT NEWS VA	42:46	13:46
18	315	DEBORAH A YOUNGE	40	FALLS CHURCH VA	43:07	13:53
19	318	MICHELE A ABRAHAMSON	44	GLOUCESTER VA	43:56	14:09

20	321	GINA LEE	43	YORKTOWN VA	44:10	14:13
21	327	MELISSA HANSEN	42	GLOUCESTER VA	44:42	14:24
22	339	MELLA SOBBA	40	YORKTOWN VA	47:11	15:12
23	356	ROSALIA LOGAN	40	VA	52:17	16:50
24	358	LISA LE VIE	40	YORKTOWN VA	55:24	17:50 *
25	360	MICHELLE SHONK	44	HAMPTON VA	55:35	17:54
WOMEN:		45 - 49				
1	62	MICHELE SMITH-HARDEN	46	NORFOLK VA	23:12	7:28 *
2	80	RHONDA VENABLE	48	YORKTOWN VA	24:03	7:45 *
3	123	JEANNE Q BROOKS	48	YORKTOWN VA	27:01	8:42
4	148	LEIGH TRANT	49	YORKTOWN VA	28:24	9:09
5	158	SANDY SCHMIDL	49	GLOUCESTER VA	28:58	9:20
6	166	G DEREN	49	NEWPORT NEWS VA	29:15	9:25
7	174	NANCY AYLER	46	NEWPORT NEWS VA	29:30	9:30 *
8	208	DONNA LAWSON	46	POQUOSON VA	31:42	10:13
9	210	SUSAN LUNDGREN	46	HAMPTON VA	31:52	10:16 *
10	236	ELLEN MORIARTY	45	YORKTOWN VA	34:50	11:13
11	243	SUSAN A RICHARDSON	46	VIRGINIA BEACH VA	35:24	11:24
12	247	ROBIN LAND	48	SMITHFIELD VA	35:48	11:32 *
13	257	LORI A SHERWOOD	46	PORTSMOUTH VA	36:15	11:40
14	259	SANDRA C PHILPOTT	46	YORKTOWN VA	36:31	11:45
15	274	MARIA LOPEZ	48	HAMPTON VA	37:46	12:10
16	282	MICHELLE POLLOCK	47	YORKTOWN VA	38:51	12:31
17	297	ROBIN WARD	46	HAYES VA	40:21	12:59
18	300	KAREN RICE	48	YORKTOWN VA	40:30	13:03
19	320	DAWN LOEB	45	YORKTOWN VA	44:09	14:13
20	323	ROBIN BRICKER	49	NEWPORT NEWS VA	44:32	14:20 *
21	346	JULIE BOOTHE	47	GLOUCESTER VA	49:33	15:57
22	347	TERRI CHANG	48	WILLIAMSBURG VA	49:34	15:58
23	355	AMANDA MOORE	48	SALUDA VA	52:16	16:50
24	357	ANDRIA CHRISTIAN	47	PROVIDENCE FORGE V	53:11	17:07
WOMEN:		50 - 54				
1	134	CINDY SLOMINSKI	52	SEAFORD VA	27:33	8:52 *
2	154	CATHLEEN REA	52	NEWPORT NEWS VA	28:46	9:16 *
3	226	PEGGY MORRISON	50	YORKTOWN VA	33:13	10:42
4	232	ELAINE JONES	51	YORKTOWN VA	34:16	11:02
5	244	PEGGY A MUELLER	52	SEAFORD VA	35:25	11:24 *
6	248	JENNIFER BARR	52	NEWPORT NEWS VA	35:50	11:32 *
7	254	LINDA SHEIMO	53	NEWPORT NEWS VA	36:08	11:38
8	291	NANCY RETTINHOUSE	54	SPRING LAKE MI	39:49	12:49
9	298	DEBRA O'HARA	51	GLOUCESTER POINT V	40:22	13:00 *
10	301	ESTER E GOLDBLATT	50	YORKTOWN VA	40:33	13:03
11	310	RITA GARIBOLDI	52	YORKTOWN VA	41:13	13:16
12	342	EDIE BEAN	53	CROFTON MD	47:48	15:23
13	349	MARY ANN CALVERT	54	VIRGINIA BEACH VA	51:09	16:28 *
14	361	SHARON MUSIC	53	NEWPORT NEWS VA	56:09	18:05
15	364	MONICA HODGES	50	TOPPING VA	59:06	19:02
WOMEN:		55 - 59				
1	120	HELEN WORTHINGTON	55	BENA VA	26:55	8:40 *
2	223	GAIL LUCADO-PHELPS	59	NEWPORT NEWS VA	32:35	10:30 *
3	238	ROLANDE PHILLIPS	57	YORKTOWN VA	35:02	11:17 *
4	265	DOTTIE HUMPHREY	58	NEWPORT NEWS VA	36:57	11:54
5	312	KAREN SCHENCK	55	TROY MI	41:42	13:26 *
6	329	GAIL BAKER	59	ARK VA	44:55	14:28
7	335	LINDA GREGORY	57	GLENNS VA	46:32	14:59
8	353	SYLVIA LOMAX-SCOTT	55	GLOUCESTER VA	52:03	16:46
WOMEN:		60 - 64				

1	164 DONNA CHRISTOL	62 YORKTOWN VA	29:10	9:23	*
2	326 PATRICIA C WINTERS	63 YORKTOWN VA	44:41	14:23	
3	328 BUNNY MAJCHER	62 WILLIAMSBURG VA	44:47	14:25	
4	348 NILA DEVIESE	63 YORKTOWN VA	50:38	16:18	
WOMEN:	65 - 69				
1	256 MARGARET HALLEY	65 GRAFTON VA	36:14	11:40	*
WOMEN:	70 AND OVER				

WHEELCHAIR RACERS

* denotes PTC member