

Focus Shlokas

*yaani kaani cha paa-paani jan-maan-thara kri-thaani cha
thaani thaani vinash-yanthi pradak-shiNa padhe padhe
paa-poham paapa kar-maa-ham paa-paath-ma paapa sam-BHavaa
thraa-hi maam kri-payaa devaa sharaNaa-gatha vath-sala
anya-THaa shara-Nam naas-thi toa-meva shara-Nam mamaa
thas-maath kaa-ruNya BHaa-vena raksha raksha janaar-dhanah*

O God, Whatever sins I may have committed in this and in previous lives, destroy them with every step I take around you.

*toa-meva maathaa cha pithaa toa-meva
toa-meva banDHu cha saKHaa toa-meva
toa-meva vidh-yaa dhra-vi-Nam toa-meva,
toa-meva sarvam mama deva deva*

You are my mother and father You are my relative and friend. You are my knowledge and spiritual prosperity. You are my everything, dear God.

*kaaye na vaa-chaa mana-sein dhri-yair-vaa
budDH-yaathma -naa vaa pra-krither sva-BHaa-vaadh
karomi yadh-yath sakalam parasmai
naraayaNaa-yethi samar-payaami*

Whatever actions are performed with body, speech, mind, senses, intellect, nature or emotions, I dedicate all of them to the Supreme Lord.

yaa kun-dhendhu thu-SHaara haara DHa-va-laa yaa shu-BHra vasth-raa-vrithaa

yaa veeNaa vara-dhaNda maN-ditha-karaa yaa shvetha padh-maa-sanaa

yaa brahmaa-chyutha shankara pra-BHriti-BHi devaih sadhaa poojithaa

saa maam paathu saras-vathii BHaga-vathii nih-sheSHa jaad-yaa-pahaa

May Goddess Sarasvati protect me. She is immaculately white like Kunda flowers, moon and snow. She wears a white robe, holds a veena in hand and seated on a white lotus. She is adored by all Gods, Brahma, Vishnu and Shiva. She removes all inertia from her devotees.

Focus Bhajans

Jai Jai Jai Gananayaka

Jai Jai Jai Gana-naa-yakaa, Jai Jai Vigh-na Vinaa-shakaa
Jai Shubha Man-gala Daaya-kaa, Vidh-yaa Buddhi Pradaa-yakaa
Gaja Vada-naa Gauri Nandhana (X 2)
Gangaa Dhara Shiva Shambho Nandhana (X 2)

Raghupati Raghava Raja Ram

Raghupathi Raaghava Raajaa Raam
Pathee-tha Paavana Seethaa-raam

Seethaa-raam, Seethaa-raam
Bhaj Pyaare Mana Seethaa-raam
Raghupathi Raaghava Raajaa Raam
Patheetha Paavana Seethaa-raam

Haathose Karo Gharkaa Kaam,
Mukhase Bolo Seethaa-raam
Raghupathi Raaghava Raajaa Raam
Patheetha Paavana Seethaa-raam