

## Focus Shlokas

*yaani kaani cha paa-paani jan-maan-thara kri-thaani cha  
thaani thaani vinash-yanthi pradak-shiNa padhe padhe  
paa-poham paapa kar-maa-ham paa-paath-ma paapa sam-BHavaa  
thraa-hi maam kri-payaa devaa sharaNaa-gatha vath-sala  
anya-THaa shara-Nam naas-thi toa-meva shara-Nam mamaa  
thas-maath kaa-ruNya BHaa-vena raksha raksha janaar-dhanah*

**O God, Whatever sins I may have committed in this and in previous lives, destroy them with every step I take around you.**

*toa-meva maathaa cha pithaa toa-meva  
toa-meva banDHu cha saKHaa toa-meva  
toa-meva vidh-yaa dhra-vi-Nam toa-meva,  
toa-meva sarvam mama deva deva*

**You are my mother and father You are my relative and friend. You are my knowledge and spiritual prosperity. You are my everything, dear God.**

*kaaye na vaa-chaa mana-sein dhri-yair-vaa  
budDH-yaathma -naa vaa pra-krither sva-BHaa-vaadh  
karomi yadh-yath sakalam parasmai  
naraayaNaa-yethi samar-payaami*

**Whatever actions are performed with body, speech, mind, senses, intellect, nature or emotions, I dedicate all of them to the Supreme Lord.**

*yaa kun-dhendhu thu-SHaara haara DHa-va-laa yaa shu-BHra vasth-raa-vrithaa*

*yaa veeNaa vara-dhaNda maN-ditha-karaa yaa shvetha padh-maa-sanaa*

*yaa brahmaa-chyutha shankara pra-BHriti-BHi devaih sadhaa poojithaa*

*saa maam paathu saras-vathii BHaga-vathii nih-sheSHa jaad-yaa-pahaa*

**May Goddess Sarasvati protect me. She is immaculately white like Kunda flowers, moon and snow. She wears a white robe, holds a veena in hand and seated on a white lotus. She is adored by all Gods, Brahma, Vishnu and Shiva. She removes all inertia from her devotees.**

## **Focus Bhajans**

### **Jai Jai Jai Gananayaka**

*Jai Jai Jai Gana-naa-yakaa, Jai Jai Vigh-na Vinaa-shakaa*  
*Jai Shubha Man-gala Daaya-kaa, Vidh-yaa Buddhi Pradaa-yakaa*  
*Gaja Vada-naa Gauri Nandhana (X 2)*  
*Gangaa Dhara Shiva Shambho Nandhana (X 2)*

### **Raghupati Raghava Raja Ram**

*Raghupathi Raaghava Raajaa Raam*  
*Pathee-tha Paavana Seethaa-raam*

*Seethaa-raam, Seethaa-raam*  
*Bhaj Pyaare Mana Seethaa-raam*  
*Raghupathi Raaghava Raajaa Raam*  
*Patheetha Paavana Seethaa-raam*

*Haathose Karo Gharkaa Kaam,*  
*Mukhase Bolo Seethaa-raam*  
*Raghupathi Raaghava Raajaa Raam*  
*Patheetha Paavana Seethaa-raam*