

September Weight Room

PAC HOURS* see below

| | | |
|---------------|---------|----------|
| Monday-Friday | 5:00 AM | 2:00 PM |
| | 5:00 PM | 9:00 PM |
| Saturday | 7:00 AM | 1:00 PM |
| Sunday | 8:00 AM | 12:00 PM |
| | 4:00 PM | 8:00 PM |

| <i>Sunday</i> | <i>Monday</i> | <i>Tuesday</i> | <i>Wednesday</i> | <i>Thursday</i> | <i>Friday</i> | <i>Saturday</i> |
|---|--|--|--|--|---|-----------------------|
| | | | | | 1 5:00 am-2:00 pm 5:00 pm-9:00 pm | 2 7:00 am-1:00 pm |
| 3 PAC CLOSED! | 4 PAC CLOSED! Happy Labor Day! | 5 5:00 am-2:00 pm 5:00 pm-9:00 pm | 6 5:00 am-2:00 pm 5:00 pm-9:00 pm | 7 5:00 am-2:00 pm 5:00 pm-9:00 pm | 8 5:00 am-2:00 pm Closed | 9 7:00 am-1:00 pm |
| 10 8:00 am-12:00 pm 4:00 pm-8:00 pm | 11 5:00 am-2:00 pm 5:00 pm-9:00 pm | 12 5:00 am-8:00 am 10:30 am-1:30 pm 5:00 pm-9:00 pm | 13 5:00 am-8:00 am 10:30 am-1:30 pm 5:00 pm-9:00 pm | 14 5:00 am-8:00 am 10:30 am-1:30 pm 5:00 pm-9:00 pm | 15 5:00 am-8:00 am 10:30 am-1:30 pm Closed | 16 7:00 am-1:00 pm |
| 17 8:00 am-12:00 pm 4:00 pm-8:00 pm | 18 5:00 am-8:00 am 10:30 am-1:30 pm 5:00 pm-9:00 pm | 19 5:00 am-8:00 am 10:30 am-1:30 pm 5:00 pm-9:00 pm | 20 5:00 am-8:00 am 10:30 am-1:30 pm 5:00 pm-9:00 pm | 21 5:00 am-8:00 am 10:30 am-1:30 pm 5:00 pm-9:00 pm | 22 5:00 am-2:00 pm Closed | 23 7:00 am-1:00 pm |
| 24 8:00 am-12:00 pm 4:00 pm-8:00 pm | 25 5:00 am-8:00 am 10:30 am-1:30 pm 5:00 pm-9:00 pm | 26 5:00 am-8:00 am 10:30 am-1:30 pm 5:00 pm-9:00 pm | 27 5:00 am-8:00 am 10:30 am-1:30 pm 5:00 pm-9:00 pm | 28 5:00 am-8:00 am 10:30 am-1:30 pm 5:00 pm-9:00 pm | 29 5:00 am-2:00 pm 5:00 pm-9:00 pm | 30 7:00 am-1:00 pm |
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All hours are subject to change. Please be sure to visit our website: www.PirateAC.com for the most current schedule.

PAC Facility consists of Field House, Tracks, Racquetball Courts, Dance Room (that has some light weight equipment) and Locker Rooms
Weight/Cardio Room and Pool have their own individual hours.