

## IAC Championship Meet Information

### IAC Championship: May 17th and 18th, 2018

- Online entries are due two days prior to the meet (**May 15<sup>th</sup> 5:00pm**). Team rosters will be sent out soon after all entries are received. Any changes must occur within 24 hours of first submission (**May 16<sup>th</sup> 5:00pm**). After that period only scratches will be allowed.
- Team roster sheets will be turned in once coaches arrive at meet sight. These will be used for any scratches, as well as relay names with alternates. After the team rosters are handed in then the scratch one scratch rest rule takes effect.
- If a two day meet occurs then scratching any time on day one does not affect the entries for the day two.
- Coaches will be assigned to help in a field event, or can request an event they would prefer.
- Voting for MVPs for the Championship meet: Each school gets one vote for all 4 categories. In case of a tie when there are more the two athletes on the ballot, those that voted for other than the tied athletes will resubmit accordingly. If a tie occurs with only 2 athletes then it will be broken based on how high they are on positions on section 4 leaderboard.
- IAC Overall All Stars are determined at the IAC Championship Meet. Places 1-3 are determined to be First Team All Stars, Places 4-6 are determined to be Second Team All Stars.  
IAC Small School and Large School All Stars are determined at the IAC Championship Meet. Places 1-3 are determined to be First Team All Stars, Places 4-6 are determined to be Second Team All Stars

3<sup>rd</sup> entrant, all 3 must meet standard

EVENT	GIRLS		BOYS	
	FAT	HAND	FAT	HAND
100 Meter	14.24	14.00	12.94	12.70
100/110 Meter Hurdles	19.24	19.00	19.24	19.00
200 Meter	30.24	30.00	25.74	25.50
400 Meter	1:08.24	1:08.0	57.24	57.0
400 Meter Hurdles	1:18.24	1:18.0	1:07.24	1:07.0
800 Meter	2:45.24	2:45.0	2:11.74	2:11.5
1500/1600 Meter	5:40.24	5:40.0	5:00.24	5:00.0
2000/3000 Steeplechase	8:38.24	8:38.0	11:05.24	11:05.0
3000/3200 Meter	12:49.24	12:49.0	11:10.24	11:10.0
Field Events				
Long Jump	14'00"		17'06"	
Triple Jump	28'06"		36'06"	
High Jump	4'04"		5'04"	
Pole Vault	7'06"		10'06"	
Shot Put	25'06"		37'06"	
Discus	76'00"		105'00"	